Manuscript: Safety profile and low risk of disease relapse after BNT162b2 mRNA SARS-COV-2 vaccination in patients with rare rheumatic diseases.
Fornaro M, Venerito V, Iannone F, Cacciapaglia F
Rheumatology Unit, Department of Emergency and Organ Transplantations, Bari, Italy

Slide 1: Thank you so much for having me today, my name is Marco Fornaro and on behalf of my co-authors I’m glad to present an overview of our recent publication titled ’Safety profile and low risk of disease relapse after BNT162b2 mRNA SARS-COV-2 vaccination in patients with rare rheumatic diseases.’.

Slide 2: We know that vaccination today represents the first defence against the effects of the Coronavirus disease 2019, mainly in rheumatic patients, where an increased risk for hospitalization and death have been reported. Nowadays, the development and rapid deployment of vaccines against COVID-19 represent a fundamental step towards ending the pandemic.

The aim of this observational study was to assess the safety of BNT162b2 mRNA SARS-CoV-2 vaccine in a cohort of rheumatic patients affected with rare rheumatic disease and SLE and to evaluate possible relapse of rheumatic disease. As shown in the flow-chart of the study, patients who agreed to be vaccinated underwent a first vaccination dose in the first week of April 2021 and a second dose 3 weeks apart according to contemporary guidelines. At the time of the first vaccine dose, all demographic and clinical data were recorded. After the first and second shots, a paper survey was distributed to all patients. All patients
could contact our centre by phone or email, and patients reporting a worsening of the disease were promptly seen in the outpatient clinic of our department. Moreover, all patients were evaluated during a routine follow-up visit after the second vaccine dose.

**Slide 3:** 287 patients filled in the survey after the first vaccine dose, and 272 completed the second one, as 15 patients who had previously taken the SARS-CoV-2 infection received a single vaccine dose. The figure shows the side effects and adverse events recorded during follow-up. The main side effect recorded was pain at injection, both after the first and second dose. In our cohort, a condition of flu-like syndrome was significantly increased after the second vaccination dose. In fact, after the second dose of vaccine, a higher percentage of patients reported arthralgias, worsening of fatigue, and appearance of fever. No major AEs, such as major cardiovascular events, thrombosis, or anaphylaxis reactions were observed. All side effects were self-limiting, and no patients needed hospitalization.

**Slide 4:** As shown in the table, excluding injection site pain, multiple regression analysis showed that female gender, a high/moderate disease activity according to PhGA at baseline, and advanced age were statistically significant predictors for the appearance of side effects.
Slide 4: No differences in VAS-PGA of disease activity during the vaccination period was observed. While the SLEDAI in SLE patients, the BDCAF in behcet patients and the CPK levels and MMT-8 score in inflammatory myopathies remained stable in our cohort. No disease flare was observed at follow-up visit.

Slide 5: In view of our results, this study supports the use of BNT162b2 mRNA SARS-CoV-2 vaccine in patients with rare rheumatic diseases, in whom we highlighted a low probability of serious adverse reactions and disease relapse.

Slide 6: Thank you for your time and attention. Finally, I would like to thank all the medical doctors, resident, medical students and nurses who have participated and continue to participate in the vaccination campaign and made possible to record the data shown in this work.