Development of a patient-centered quality measurement framework for measuring, monitoring, and optimizing rheumatoid arthritis care in Canada.

Claire E. H. Barber[1,2,3] (Orcid ID : 0000-0002-3062-5488), Karen L. Then[4], Victoria Bohm[1], Marc Hall[1], Deborah A. Marshall[1,2,3], James A. Rankin[4], Cheryl Barnabe[1,2,3], Glen S. Hazlewood[1,2,3], Linda C. Li[3,6], Dianne Mosher[1], Joanne Homik[7], Paul MacMullan[1], Karen Tsui[5], Kelly English[5], Diane Lacaille[3,8], RA Quality Measurement Delphi Panel Group

Key Indexing Terms: Arthritis, Rheumatoid; Quality of Health Care; Quality Improvement

Names of departments and institutions to which the work should be attributed:
[1]Department of Medicine, Cumming School of Medicine, University of Calgary, Calgary, Alberta
[2]Department of Community Health Sciences, Cumming School of Medicine, University of Calgary, Calgary, Alberta
[3]Arthritis Research Canada
[4]Faculty of Nursing, University of Calgary, Calgary, Alberta
[5]Arthritis Patient Advisory Board
[6]Department of Physical Therapy, Faculty of Medicine, University of British Columbia, Vancouver, British Columbia
[7]Department of Medicine, University of Alberta, Edmonton, Alberta
[8]Department of Medicine, University of British Columbia, Vancouver, British Columbia

Conflict of interest: The authors declare no conflicts of interest pertaining to this work.

Initials, surnames, appointments and highest academic degrees of all authors:
C.E.H. Barber MD FRCPC PhD Assistant Professor
K.L. Then ACNP, CCN(C), PhD, Professor
V. Bohm MSc MPH, Research Associate
M. Hall MSc CCRP Research Associate
D.A. Marshall PhD, Professor
J.A. Rankin ACNP, PhD, Professor
C. Barnabe MD FRCPC MSc Associate Professor
G.S. Hazlewood MD FRCPC PhD Associate Professor
L.C. Li PT PhD, Professor
D. Mosher MD FRCPC Professor
J. Homik MD FRCPC MSc Professor
P. MacMullan MBBCh BAO MRCPI MD Clinical Associate Professor
K. Tsui MScPT ACPAC Arthritis Patient Advisory Board (APAB) member
K. English Arthritis Patient Advisory Board (APAB) member
D. Lacaille MD FRCPC MHSc Professor

1

RA Quality Measurement Delphi Panel Group (in alphabetical order):

Vandana Ahluwalia MD FRCPC, Rheumatologist, William Osler Health System, ON
Pooneh Akhavan MD MSc FRCPC, Rheumatologist, Mount Sinai Hospital, ON
Matthew Cooper MD FRCPC, Rheumatologist, Division of Rheumatology, Department of Medicine, University of Calgary
Natasha Kaur Gakhal MD MSc FRCPC, Rheumatologist, Women's College Hospital, University of Toronto, ON
Carol Hitchon MD MSc FRCPC, Rheumatologist, Department of Internal Medicine, University of Manitoba, MB
Alison M Hoens MSc BSc, Member, Arthritis Patient Advisory Board and Affiliate Knowledge Broker, Arthritis Research Canada, Clinical Professor, Department of Physical Therapy, University of British Columbia, Research Associate, Centre for Health Evaluation & Outcomes Sciences, University of British Columbia, BC
Shirley Lake MD MSc FRCPC, Assistant Professor, University of Toronto, ON
Jean Légaré Canadian Arthritis Patient Alliance
Katie Lundon BScPT MSc PhD, ACPAC Program, Office of Continuing Professional Development, Faculty of Medicine, University of Toronto.
Laura Passalent BScPT MHSc ACPAC, Physiotherapist Practitioner, Arthritis Program, Toronto Western Hospital; Clinician Investigator, Krembil Research Institute; Lecturer, Department of Physical Therapy Faculty of Medicine, University of Toronto
David B Robinson MD MSc FRCPC, Associate Professor, Max Rady College of Medicine, University of Manitoba, MB
Leslie Soever BScPT MSc ACPAC, Physiotherapist Practitioner, Arthritis Program, Toronto Western Hospital, University Health Network, ON; Clinical Lecturer, Department of Physical Therapy, University of Toronto
Trudy Taylor MD FRCPC, Associate Professor, Dalhousie University, Halifax, NS
Marie Westby PhD MScOT, PT Teaching Supervisor, Mary Pack Arthritis Program, Vancouver BC; Associate Researcher, Centre for Hip Health and Mobility, Vancouver BC
Elaine A. Yacyshyn MD FRCPC, Associate Professor, University of Alberta, Edmonton, AB
Jessica Widdifield, PhD, Assistant Professor, Institute of Health Policy, Management and Evaluation, University of Toronto and Sunnybrook Research Institute
Michel Zummer MD FRCPC Rheumatologist, Maisonneuve-Rosemont Hospital, Montreal QC; Associate Professor, University of Montréal, Montreal QC

Running Head: RA Quality Framework

Correspondence:
Claire Barber, MD
University of Calgary
3280, Hospital Dr NW
Calgary, Alberta T2N 4Z6
Tel: 403-220-5891
Fax: 403-210-7367
Email: cehbarbe@ucalgary.ca

Word count current 3499

2

Abstract (word count 248)

Objectives: To develop a patient-centered quality measurement framework to address a predefined vision statement and 7 strategic objectives for rheumatoid arthritis (RA) care, developed in prior qualitative work with arthritis stakeholders.

Methods: 147 RA-related performance measures (PMs) were identified from a systematic review. A candidate list of 26 PMs meeting pre-defined criteria and addressing the strategic objectives previously defined was then assessed during a 3-Round (R) Modified-Delphi. Seventeen panelists with expertise in RA, quality measurement and/or lived experience with RA rated each PM on a 1-9 scale based on the items of importance, feasibility and priority for inclusion in the framework during R1 and R3 with a moderated discussion in R2. PMs with median scores ≥7 on all 3 items without disagreement were included in the final set which then underwent public comment.

Results: 21 measures were included in the final framework (15 PMs from the Delphi and 6 published system-level measures on access to care and treatment). The measures included: 4 addressing early access to care and timely diagnosis, 12 evidence-based care for RA and related comorbidities, 1 addressing patient participation as an informed partner in care, and 4 on patient outcomes.

Conclusion: The proposed framework builds upon existing measures capturing early access to care and treatment in RA and adds important PMs to promote high quality RA care and outcome measurement. In the next phase, the authors will test the framework in clinical practice in addition to addressing certain areas where no suitable PMs were identified.

3

Introduction

Rheumatoid arthritis (RA) affects approximately 1% of the population (1, 2) and is the most prevalent autoimmune inflammatory arthritis. Early and targeted treatment strategies are key to improved patient outcomes and are central principles described in current RA guidelines (3-6). RA is also associated with other consequences of systemic inflammation including an increased risk of infection (7), cardiovascular disease (7-9) and osteoporosis (10). Addressing disease activity and also the additional consequences associated with the disease is central to optimizing patient outcomes.

To support efforts to provide high quality, comprehensive RA care, a "Pan-Canadian Approach to Inflammatory Arthritis Models of Care" was developed by the Arthritis Alliance of Canada (AAC) in 2014 (11). The model describes 6 key elements including identification, access, medical management, shared care, patient self-management, and patient and system performance measurement to inform quality improvement (11). In 2016, in collaboration with the AAC, the first System-Level Performance Measures (PMs) for Inflammatory Arthritis care in Canada were developed to support quality improvement, research efforts and advocacy (12).

The set included 6 measures addressing early access to care and treatment and have been subsequently tested in different data sources across 5 Canadian provinces (13-16) and a national early inflammatory arthritis cohort (17). The measures address wait times for rheumatologist care and percentage of patients seen within a year of diagnosis, time to disease-modifying anti-rheumatic drugs (DMARDs), percentage of patients treated with a DMARD, percentage of patients seen on a yearly basis, and rheumatologists per capita (12). The measures reflect important aspects of care that have been shown to improve outcomes; however, patient outcomes were not addressed by the initial measurement set, nor were processes of care beyond DMARD use and yearly follow-up.

Given a growing interest in measuring quality of care and patient outcomes in a standardized fashion, in collaboration with the AAC and the Canadian Rheumatology Association (CRA), we conducted focus groups and semi-structured interviews with rheumatologists, allied healthcare

4

providers, researchers, people living with RA, clinic managers and healthcare leaders to determine their perspectives on RA quality of care (18). This work defined a vision statement ("Ensuring patient-centered, high quality care for people living with RA"). We further developed 7 strategic objectives for a national quality measurement framework for RA (18) derived from the following themes: 1) early access and timeliness of care, 2) high quality care for the ongoing management of RA and comorbidities, 3) patient self-management tools and educational materials for shared decision-making, 4) multidisciplinary care, 5) patient outcomes, and 6) patient experience and satisfaction with care. In the present study we describe the selection of PMs for inclusion in the framework to address the strategic objectives.

Materials and Methods

Selection of candidate PMs

An overview of the study's methodology is presented in Figure 1. The primary source of candidate PMs considered for the framework was a previously published systematic review of quality measures for inflammatory arthritis (19). While this review identified PMs for several inflammatory arthritis conditions, only those specific to RA (n=143) or addressing inflammatory arthritis in general (n=4) were considered for the current study. To ensure no recently published PMs were omitted from consideration, an update of the original search (19) was conducted on 11 July 2018. The articles were independently reviewed by 2 reviewers to decide whether the RA quality measures were described in sufficient detail to be considered for inclusion in the framework.

A classification exercise was conducted by 2 team members (CEHB and VB) whereby the full set of RA PMs identified from the systematic review were mapped to the 6 strategic objectives defined in Phase 1. Each PM on the list was also classified according to which element of the original AAC model of care they addressed (11), and whether the measure addressed the structure, processes, or outcome of care, according to Donabedian's classification for measuring quality of care (20); and lastly

5

which of the Institute of Medicine Domains (IOM) of Quality it addressed (e.g., safety, effectiveness, patient-centeredness, timeliness, efficiency and equity) (21). Four team members (CEHB, VB, KT and MH) then excluded PMs that did not align with the vision and strategic objectives of the overall framework; reasons for exclusion were recorded.

Following candidate PM selection, a working document was prepared outlining each measure (including proposed numerator, denominator and exclusions) and the results of the classification exercise (e.g., AAC, IOM and Donabedian). The current guidelines for the CRA (3, 4), American College of Rheumatology (ACR) (5), European League Against Rheumatism (EULAR) (6, 22, 23) and National Institute for Health and Clinical Care Excellence (NICE) guidelines (24) were assessed for any gaps in measurement and reviewed for supporting recommendations for each PM. Targeted searches were then conducted to identify candidate measures used in non-RA populations that could be relevant to RA care, where no existing PMs were identified to measure concepts identified as important in the proposed framework.

Modified Delphi consensus process to select PMs

A panel consisting of 15 RA and measurement experts and 2 people living with RA was established. A purposive sample of measurement experts (based on a review of publications on quality measurement, quality improvement, and/or guideline development in the last 10 years in Canada) were recruited by email and selected to ensure regional diversity. People living with arthritis who have been part of previous measure development exercises or quality improvement efforts were recruited through arthritis consumer organizations.

A 3-round, modified Delphi consensus process to select PMs for inclusion was carried out over 2 months (September and October 2018) (25) using a Qualtrics® electronic survey. In Round 1, panelists were asked to rate each candidate PM on the following criteria: 1) Does the measure target an important gap in RA care (1 = Gap not at all important; 9 = Gap very important)?; 2) How likely is it that the

6

information required to report this measure will be available in a typical Canadian health system (1 = Highly unlikely; 9 = Highly likely)?; 3) Overall priority of including this item in the framework (1 = Unnecessary; 9 = Essential). A single free-text field was provided at the end of the survey in Round 2 and under each PM in Round 3 for entering additional narrative comments or questions.

In Round 2, participants were invited to review their responses in comparison to the aggregated responses for each PM and to discuss results and discrepancies with the group. Round 2 was conducted by teleconference and was moderated by a clinician-scientist with extensive experience in quality measurement as well as with Delphi methodology (CEHB).

In Round 3, participants re-rated all measures electronically using the same criteria and response choices as described above for Round 1 while considering their previous ratings, group ratings and Round 2 group discussions.

Inclusion in the framework required median scores ≥ 7 on all 3 items (important care gap, data availability, overall priority for inclusion) with no disagreement among participants. Disagreement was calculated according to the RAND/UCLA Appropriateness Method handbook (26). Disagreement was defined according to the Interpercentile Range Adjusted for Symmetry (IPRAS), which is calculated using the following formula: *IPRAS = 2.35 + [Asymmetry Index (AI)*1.5]*(26).

Public Comment on final included indicators

Following the modified Delphi process to select the PMs, we solicited public comment in collaboration with the CRA and the AAC. For approximately 1 month, documents were posted on a public-access section of the CRA website. Material presented for review included a description of the methods for Phase 1 (focus groups and interviews) and Phase 2 (modified Delphi consensus process), and a draft version of the RA quality framework (PMs, Vision and Strategic objectives). Notification of the opportunity to review and provide comment on these materials included an initial and reminder 'e-blast' (messages sent via email by the CRA to its members including rheumatologists, researchers, trainees and emeritus members n~550), and a notice in the AAC newsletter sent to members, which

7

included a link to the material on the CRA website. In addition, all participants in the Phase 1 focus groups and interviews were invited to participate in the public comment.

Feedback was anonymous using a web-form designed and administered by the CRA. No identifying information was requested, and comments were forwarded to the research team once received by the CRA through the web form. Comments were considered by members of the measure development team for any final changes or clarifications to wording of the PMs or the framework.

Ethics: This project was approved by the Conjoint Health Research Ethics Board at the University of Calgary (REB16-0556). All participants in the modified Delphi consensus process provided their consent to be involved in this project.

8

Results

Selection of candidate performance measures

The systematic review to identify candidate PMs was updated and 6 articles were identified for full text review; however, none were suitable for inclusion in the framework. Thus, the 147 RA-related PMs included in the original systematic review were evaluated for inclusion. Of those, 6 were AAC System-Level PMs (12) which were deemed essential to the framework and were not subjected to the Delphi process. Through the evaluation of the remaining 141 candidate PMs, 119 were removed and 22 were retained (reasons for exclusion shown in Figure 2). Through the categorization exercise, some of the strategic objectives of the framework were not completely addressed by existing RA PMs including vaccination, pain assessment and access to multidisciplinary care, leading to the addition of 4 measures in these areas identified from targeted reviews and adapting the measures for RA. The final list presented to the Delphi panelists consisted of 26 PMs (complete list shown in the Appendix).

Modified Delphi Consensus Process to Select Framework PMs

The Delphi panel consisted of 10 (59%) rheumatologists, 4 physiotherapists (23%), 2 people living with RA (12%), and 1 health services researcher (6%). Of note, some individuals had expertise based on more than one role e.g., researchers who were also healthcare providers or had roles in quality improvement. The group represented 6 Canadian provinces. All 17 (100%) of the invited panelists participated in Round 1 and Round 3 of the online modified Delphi process which were conducted online. Nine (53%) panelists participated in the Round 2 teleconference (2 rheumatologists, 4 physiotherapists, 2 people living with RA, 1 health service researcher) but all had opportunity to provide feedback via email and received a summary of the discussion from Round 2.

Following Round 2, 10 PMs were modified based on feedback from the panelists, and no new PMs were added as candidates for consideration. Details of the modifications and rationale are presented in Appendix Table 1. A majority of modifications were minor wording suggestions to ensure measures

9

were applicable to the Canadian context to most rheumatology practices. For example, measures addressing disease activity referring only to the DAS28 measure of disease activity were adjusted to ensure other appropriate and validated disease activity scores widely used in Canada could be applied instead (e.g., the Clinical Disease Activity Index, CDAI or Simplified Disease Activity Index, SDAI).

In Round 3, 15 of the 26 measures (58%) reviewed during the Delphi process met inclusion criteria for the final set (Table 1). Therefore, along with the existing 6 AAC measures, the proposed framework included 21 measures (Figure 2). In the final framework, the wording of individual PMs was harmonized for ease of communication. In addition, on Table 2, there is an outline of the "fit" of each PM with each strategic objective and alignment with the domains of quality defined by the Canadian Institutes of Health Information (CIHI)(27), a derivation of the IOM quality framework (28) used nationally.

Importantly, in the final set of measures, none were selected through the Delphi process to address Strategic Objective 4 ("To provide access to multidisciplinary healthcare providers with training and expertise in the assessment and management of RA.") or Strategic Objective 6 ("To measure and optimize patient experience & satisfaction with care."). This was due to panelist concerns around the feasibility of measurement of the PMs proposed to address these objectives.

Phase 4: Public Comment

During the month-long public-comment process, 18 individuals anonymously submitted comments. Some of the comments addressed opinions about measure inclusion. For example, one individual was concerned about the inclusion of measures addressing body mass index (BMI), lifestyle counselling, and cardiovascular screening as they did not feel these were within the purview of the rheumatologist, and were better addressed in primary care. In contrast, another individual felt there were not enough indicators addressing RA comorbidities.

Other concerns were raised around the wording of some of the measures including the terms "treatment plan" (% of RA patients with a treatment plan developed between him/her and his/her clinician / health professionals at each visit), "rheumatology team" (% of RA patients under the care of a rheumatology team seen in follow-up by a rheumatology team member at least once per year), and "follow-up plan" (% of visits for RA patients with documentation of a pain assessment using a standardized tool(s) on each visit AND documentation of a *follow-up plan* when pain is present). The present wording has been retained in the final measures to allow for further operationalization depending on the model of care (e.g., nurse-led versus rheumatologist led) and clinic-specific practices for documentation. As highlighted by the public comment process, there are no existing measures to precisely identify if "treatment plan" or "follow-up plan" involved shared decision-making, highlighting an area in need of additional study to better address strategic objective 3: "To provide patients with the right information at the right time to be able to participate as informed partners in their care and be supported to self-manage as appropriate."

While some individuals felt the framework was too long, others noted additional "missing" measures including a herpes zoster vaccine measure, osteoporosis treatment measures (to complement the existing screening measure), a cost-effectiveness measure for biologics, and no measure addressing access to allied healthcare providers. These important gaps are noted and can be reassessed in further iterations of the framework.

A final concern was the feasibility of disease activity measurement outside of a research context. For example, some measures encouraged using DAS28 scoring, while a CDAI may be more feasible in many centers. All affected measures were adjusted in their specifications to allow for CDAI documentation of disease activity. Limitations expressed by an individual about existing disease activity measures not properly addressing patient's disease activity in the feet were considered and as new disease activity measures are developed these can also be considered for inclusion in the framework.

11

Discussion

The present work describes the development of a comprehensive framework for measuring, monitoring and optimizing RA care in Canada. This work builds upon the legacy of the AAC's System-Level PMs for Inflammatory Arthritis. The PMs selected for inclusion in the current framework were derived from published measures to ensure comparability with other healthcare contexts and included the existing 6 AAC PMs to encourage ongoing monitoring of early access to care and treatment. In contrast to the previous AAC set, which included some measures applicable to other types of inflammatory arthritis, the present framework focuses only on RA. Importantly the currently proposed RA framework expands measurement beyond the originally proposed AAC measures to evaluate other important processes of care and patient outcomes.

New to the present framework are the inclusion of proposed outcome measures for RA. It should be noted that further operationalization of these and other included measures is required prior to use. Our previous examination of the AAC measures using different data sources revealed data availability to be a critical factor affecting measure operationalization and reporting (13). Furthermore, measure results were found to differ depending on the population examined, for example RA patients under current rheumatologist care compared to those not currently under active rheumatologist care (14). The highest performance on the measures is often observed in patients participating in longitudinal cohorts, which may not reflect all patients seen in usual practice (17). The present measurement set is therefore appropriate for quality improvement and research and may not be appropriate for high-stakes measurement (e.g., accreditation or pay for performance programs) as there are further crucial considerations needed around the measurement and reporting of outcomes including appropriate risk adjustment strategies (29).

A challenge identified through this process was a lack of existing and feasible PMs addressing some of the framework's strategic objectives. Namely, those addressing access to multidisciplinary

12

healthcare providers with training and expertise in the assessment and management of RA and the measurement and optimization of patient experience and satisfaction with care. For both of these strategic objectives, there were concerns about feasibility of measurement. From our systematic review, few existing PMs readily addressed the concept of access to multidisciplinary care leading to the proposal of a structure measure capturing the multidisciplinary care workforce, analogous to the existing AAC rheumatology workforce measure. The Delphi panelists felt there would be challenges with measuring given lack of available data, especially as multidisciplinary care may occur in private or publicly funded settings. A recent survey of advanced practice/extended role practitioners in arthritis and musculoskeletal care highlights the challenges of measuring this workforce given different training, roles, and funding models (30). Patient experience with care was also a strategic objective with no PMs selected. An adaptation of a measure addressing processes of care important to the patient experience of care was suggested to the Delphi panel as it had previously been published to measure arthritis patient experience with centralized intake (31). Although the proposed PM was developed using a similar process, the Delphi panelists first recommended some wording modifications during Round 2; however, even with these modifications, by Round 3, panelists were still concerned about feasibility of data collection leading to the exclusion of the measure from the final set. These concerns about the feasibility of PMs addressing these strategic objectives should not preclude any ongoing efforts to measure and improve patient experience of care and access to multidisciplinary care.

Strategic objective 3 of the framework reflects a desire to enhance a patient centered approach to care by ensuring they have access to the right information at the right time to participate in decision-making. Unfortunately, there were limited existing available PMs for consideration to address this objective and the measure selected will require further operationalization to ensure consistent measurement. Efforts to develop tools including decision aids and promote their use and measure the degree to which shared decision making occurs are areas that could be considered for future inclusion in the framework.

13

While the present framework was developed using a comprehensive and transparent process leveraging existing quality measurement efforts to ensure concordance with international PMs and guidelines, there are a number of limitations to highlight. The framework was centered around a vision and strategic objectives developed through extensive arthritis stakeholder consultation across Canada; however, it is possible that the objectives for quality improvement may vary in different care delivery contexts and in different countries, especially those with high-stakes performance measurement linked to physician payment. Additionally, this work may not be representative of Indigenous health needs and further work may be necessary to understand if the framework is applicable to the delivery of RA care to Indigenous populations. It is possible that a different composition of Delphi panelists could have generated a different measurement set. As discussed above, the framework includes some strategic objectives where few or no PMs were identified as suitable for inclusion due to concerns around data availability. It is also possible that different measurement concepts may be relevant and appropriate to address the strategic objectives beyond those available in the published literature. This should be viewed as an area in need of additional research and evaluation for future development of the framework, and as a dynamic framework that would be updated as new validated measures become available. Furthermore, while all measures address important concepts, it is possible that some rheumatologists may view some comorbidity measures as outside of their scope of practice (e.g., cardiovascular or osteoporosis screening), nonetheless the measures were retained in the framework to promote a comprehensive approach to care. Importantly, the final framework includes 21 measures and it is possible that in some health systems data may not be available to measure all of the PMs and/or there may not be resources to support measurement and/or quality improvement efforts in all areas. We propose that interested sites could consider adopting a smaller set of measures for local testing and implementation, as appropriate to their specific context and priorities.

Conclusion

14

Expanding upon the legacy of the AAC's System-Level PMs, this work proposes a comprehensive framework for quality measurement addressing 7 strategic objectives for quality improvement and a central vision for "ensuring patient-centered, high quality care for people living with RA". The present framework, while thematically comprehensive will require further operationalization prior to widespread use and efforts locally and regionally are currently already underway in some provinces to facilitate measurement and improvement efforts. Future iterations of the framework will be undertaken on a regular basis through consultation with the CRA and stakeholders to drive national quality improvement efforts.

ACKNOLWELGMENTS

16

References

1.   O'Donnell S, McRae L, Toews J, Pelletier L, CDDSS Arthritis Working Group. National Surveillance of Arthritis in Canada, Results from the Canadian Chronic Disease Surveillance System (CCDSS). Proceedings of the Canadian Rheumatology Association Annual Scientific Meeting 2019.

2.   Public Health Agency of Canada. Candian Chronic Disease Surveillance System (CCDSS). 2018 [updated 2018; cited 2019 May 17]; Available from: https://infobase.phac-aspc.gc.ca/CCDSS-SCSMC/data-tool/.

3.   Bombardier C, Hazlewood GS, Akhavan P, Schieir O, Dooley A, Haraoui B, et al. Canadian Rheumatology Association recommendations for the pharmacological management of rheumatoid arthritis with traditional and biologic disease-modifying antirheumatic drugs: part II safety. J Rheumatol 2012;39:1583-602.

4.   Bykerk VP, Akhavan P, Hazlewood GS, Schieir O, Dooley A, Haraoui B, et al. Canadian Rheumatology Association recommendations for pharmacological management of rheumatoid arthritis with traditional and biologic disease-modifying antirheumatic drugs. J Rheumatol 2012;39:1559-82.

5.   Singh JA, Saag KG, Bridges SL, Jr., Akl EA, Bannuru RR, Sullivan MC, et al. 2015 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis. Arthritis Rheumatol 2016;68:1-26.

6.   Smolen JS, Landewe R, Bijlsma J, Burmester G, Chatzidionysiou K, Dougados M, et al. EULAR recommendations for the management of rheumatoid arthritis with synthetic and biological disease-modifying antirheumatic drugs: 2016 update. Ann Rheum Dis 2017;76:960-77.

7.   Curtis JR, Xie F, Chen L, Saag KG, Yun H, Muntner P. Biomarker-related risk for myocardial infarction and serious infections in patients with rheumatoid arthritis: a population-based study. Ann Rheum Dis 2018;77:386-92.

8.   Avina-Zubieta JA, Choi HK, Sadatsafavi M, Etminan M, Esdaile JM, Lacaille D. Risk of cardiovascular mortality in patients with rheumatoid arthritis: a meta-analysis of observational studies. Arthritis Rheum 2008;59:1690-7.

9.   Avina-Zubieta JA, Thomas J, Sadatsafavi M, Lehman AJ, Lacaille D. Risk of incident cardiovascular events in patients with rheumatoid arthritis: a meta-analysis of observational studies. Ann Rheum Dis 2012;71:1524-9.

10.   Adami G, Saag KG. Osteoporosis Pathophysiology, Epidemiology, and Screening in Rheumatoid Arthritis. Current Rheumatology Reports 2019;21.

11.   Ahluwalia V, Frank C, Zummer M, Mosher DP. A pan-Canadian approach to inflammatory arthritis models of care. Arthritis Alliance of Canada; 2014 [updated 2014; cited 2017 November 2]; Available from: www.arthritisalliance.ca.

12.   Barber CE, Marshall DA, Mosher DP, Akhavan P, Tucker L, Houghton K, et al. Development of System-level Performance Measures for Evaluation of Models of Care for Inflammatory Arthritis in Canada. J Rheumatol 2016;43:530-40.

13.   Barber CEH, Thorne JC, Ahluwalia V, Burt J, Lacaille D, Marshall DA, et al. Feasibility of Measurement and Adherence to System Performance Measures for Rheumatoid Arthritis in 5 Models of Care. J Rheumatol 2018;45:1501-8.

14.   Barber CEH, Marshall DA, Szefer E, Barnabe C, Shiff NJ, Bykerk V, et al. A population-based approach to reporting system-level performance measures for rheumatoid arthritis care. Arthritis Care Res (Hoboken) 2020;doi: 10.1002/acr.24178. [Epub ahead of print].

15.   Barber C, Lacaille D, Faris P, Mosher D, Katz S, Homik J, et al. Reporting of Arthritis Alliance of Canada (AAC) System-Level Performance Measures for Patients with Rheumatoid Arthritis (RA) in Alberta. J Rheumatol 2019;46:801-.

17

16.   Barber CEH, Lix LM, Lacaille D, Marshall DA, Kroeker K, Benseler S, et al. Testing population-based performance measures identifies gaps in juvenile idiopathic arthritis (JIA) care. BMC Health Serv Res 2019;19:572.

17.   Barber CEH, Schieir O, Lacaille D, Marshall DA, Barnabe C, Hazlewood G, et al. High Adherence to System-Level Performance Measures for Rheumatoid Arthritis in a National Early Arthritis Cohort Over Eight Years. Arthritis Care Res (Hoboken) 2018.

18.   Barber C, Lacaille D, Hall M, Bohm V, Rankin J, Barnabe C, et al. Developing a Patient-Centered Balanced Scorecard for Quality of Care in Rheumatoid Arthritis: Vision and Strategic Objectives. Journal of Rheumatology 2019;46:835-.

19.   Cooper M, Rouhi A, Barber CEH. A Systematic Review of Quality Measures for Inflammatory Arthritis. J Rheumatol 2018;45:274-83.

20.   Donabedian A. Evaluating the quality of medical care. 1966. Milbank Q 2005;83:691-729.

21.   Institute of Medicine (IOM). Crossing the Quality Chasm: A New Health System for the 21st Century. Washington, D.C.; 2001 [updated 2001; cited]; Available from: https://www.ahrq.gov/talkingquality/measures/six-domains.html.

22.   Agca R, Heslinga SC, Rollefstad S, Heslinga M, McInnes IB, Peters MJ, et al. EULAR recommendations for cardiovascular disease risk management in patients with rheumatoid arthritis and other forms of inflammatory joint disorders: 2015/2016 update. Ann Rheum Dis 2017;76:17-28.

23.   van Assen S, Agmon-Levin N, Elkayam O, Cervera R, Doran MF, Dougados M, et al. EULAR recommendations for vaccination in adult patients with autoimmune inflammatory rheumatic diseases. [10.1136/ard.2010.137216] England: Ann Rheum Dis. 2011 Mar;70(3):414-22.; 2011 [updated 2011; cited 70]; 3:[414-22]. Available from: http://dx.doi.org/10.1136/ard.2010.137216.

24.   National Institute for Health and Clinical Excellence (NICE). Rheumatoid Arthritis in Adults: Management. 2018 [updated 2018; cited 2018 August 27]; Available from: https://www.nice.org.uk/guidance/ng100.

25.   Khodyakov D, Hempel S, Rubenstein L, Shekelle P, Foy R, Salem-Schatz S, et al. Conducting online expert panels: a feasibility and experimental replicability study. BMC Med Res Methodol 2011;11:174.

26.   Brook RH. The RAND/UCLA appropriateness method. In: McCormick KAM, S.R.; Siegel, R.A., editor. Methodology Perspectives. Rockville, MD: Public Health Service, U.S. Department of Health and Human Services; 1994. p. 59-70.

27.   Canadian Insitutes for Health Information (CIHI). Your Health System: In Depth. 2019 [updated 2019; cited 2019 December 19]; Available from: https://yourhealthsystem.cihi.ca/hsp/indepth?lang=en#/.

28.   Institute of Medicine (IOM). Crossing the Quality Chasm: A New Health System for the 21st Century. Washington, D.C.; 2001Contract No.: Document Number|.

29.   Suter LG, Barber CE, Herrin J, Leong A, Losina E, Miller A, et al. American College of Rheumatology White Paper on Performance Outcome Measures in Rheumatology. Arthritis Care Res (Hoboken) 2016;68:1390-401.

30.   Lundon K, Inrig T, Paton M, Shupak R, Kennedy C, McGlynn M, et al. Measuring Advanced/Extended Practice Roles in Arthritis and Musculoskeletal Care in Canada. ACR Open Rheumatol 2020;2:242-50.

31.   Barber CE, Patel JN, Woodhouse L, Smith C, Weiss S, Homik J, et al. Development of key performance indicators to evaluate centralized intake for patients with osteoarthritis and rheumatoid arthritis. Arthritis Res Ther 2015;17:322.
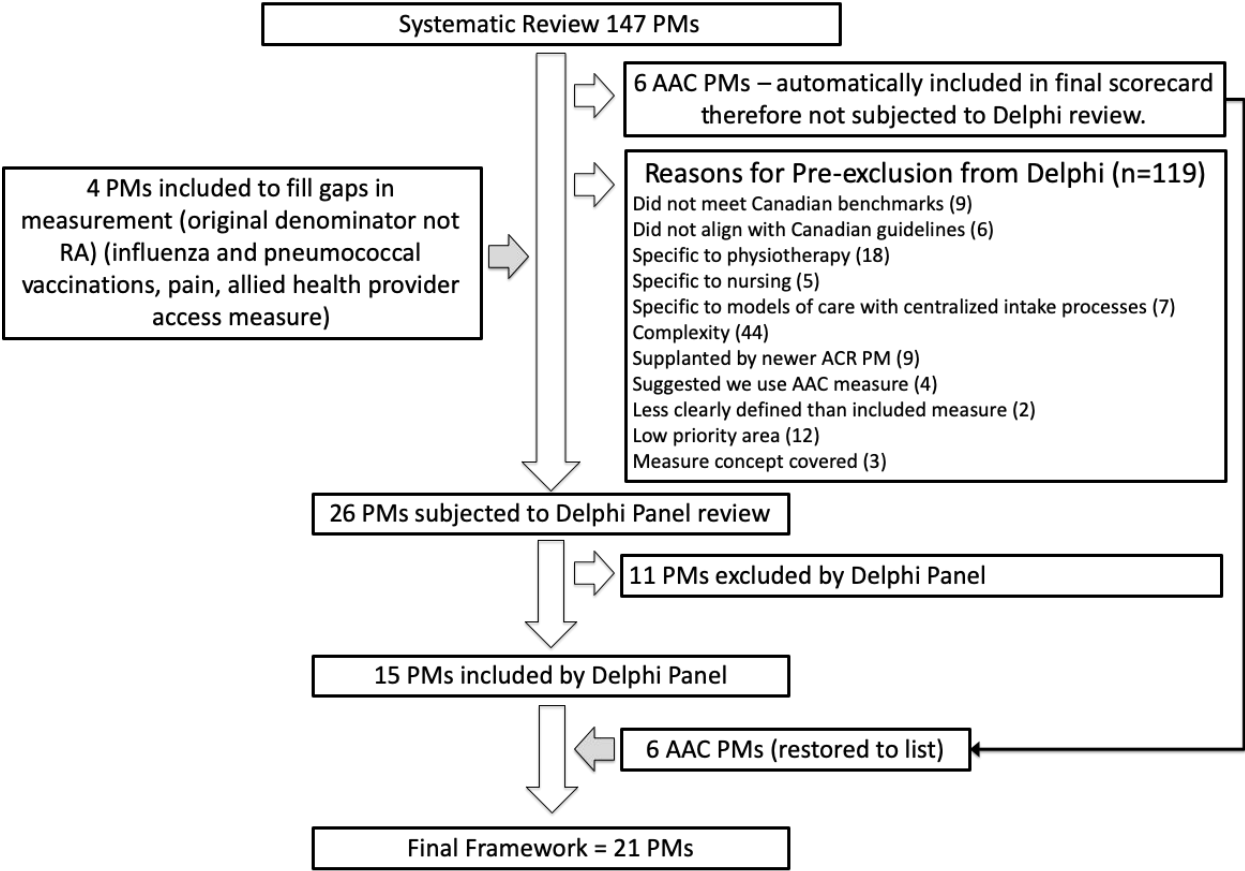
Figure Legends

Figure 1. Overview of Methods for Framework Development and Performance Measure (PM) selection

Figure 2: Flow Diagram of Selection of Performance Measures (PM) for Inclusion in the Framework

19
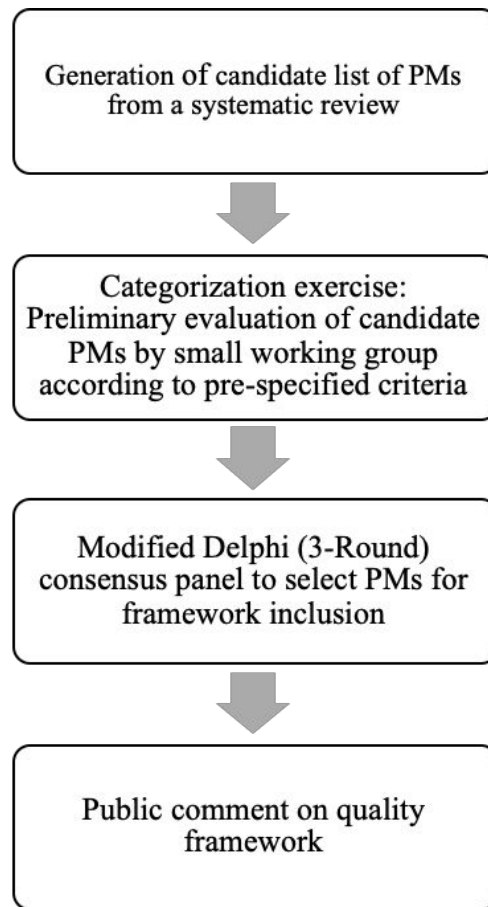
Figure 1. Overview of Methods for Framework Development and Performance Measure (PM) selection

Figure 2: Flow Diagram of Selection of Performance Measures (PM) for Inclusion in the

Framework

Table 1. Final Voting Results on 26 Candidate Performance Measures

	Important Gap[a]	Data Availability[b]	Overall Priority[c]	Included (yes/no)
Performance Measure (PM) title (n=26)	**Median Response (range)**			
PM 1: Wait times for established RA	7 (2-9)	6 (2-9)	7 (2-9)	No
PM 2: Referrals through central intake	7 (2-9)	7 (3-9)	7 (2-9)	Yes
PM 3: Follow-up within 3 months if no remission	8 (5-9)	7 (3-9)	8 (4-9)	Yes
PM 4: TB screening pre-biologic DMARD	9 (5 – 9)	8 (3-9)	9 (5-9)	Yes
PM 5: Influenza vaccination over 6 months old	8 (7-9)	7 (2-9)	8 (7-9)	Yes
PM 6: Pneumococcal vaccination for over 65s	8 (7-9)	7 (2-9)	8 (7-9)	Yes
PM 7: Meds intensified when high disease activity	8 (5-9)	7 (4-9)	9 (7-9)	Yes
PM 8: BP measurement	8 (3-9)	8 (5-9)	8 (3-9)	Yes
PM 9: Fracture risk	8 (4-9)	7 (3-9)	7 (5-9)	Yes
PM 10: CV risk assessment within 2 years	9 (3-9)	7 (3-8)	8 (3-9)	Yes
PM 11: Smoking and tobacco status	8 (6-9)	6 (2-9)	8 (6-9)	No
PM 12: BMI documentation and lifestyle modification	7 (7-9)	7 (2-9)	7 (5-9)	Yes
PM 13: Physical activity goals discussed yearly	7 (5-9)	5 (1-7)	7 (4-9)	No
PM 14: Contact info for urgent consults*	8 (5-9)	6 (1-8)	8 (5-9)	No
PM 15: Treatment plan with health professionals	7 (3-9)	7 (1-9)	7 (3-9)	Yes
PM 16: Education about RA within 3 months*	8 (5-9)	5 (2-9)	7 (2-9)	No
PM 17: Self-management activities within 1 month	7.5 (2-9)	5 (1-9)	7 (3-9)	No
PM 18: Access to multidisciplinary care	7 (6-9)	5 (2-8)	7 (4-9)	No
PM 19: Ambulation support	8 (6-9)	5 (2-9)	7 (5-9)	No
PM 20: Individualized exercise program	7 (3-9)	6 (4-9)	7 (3-9)	No
PM 21: Disease activity low after 6 months	8 (5-9)	7 (4-9)	7 (5-9)	Yes
PM 22: Remission by X months	8 (6-9)	7 (3-9)	7 (3-9)	Yes
PM 23: Disease activity assessment frequency	8 (4-9)	7 (3-9)	7 (4-9)	Yes
PM 24: Functional status assessment frequency	8 (6-9)	6 (3-9)	8 (6-9)	No
PM 25: Pain assessment	8 (5-9)	7 (2-9)	7 (3-9)	Yes

PM 26: Patient experience	7 (3-9)	4 (2-7)	7 (4-9)	No

[a] Item 1. Does the measure target an important gap in RA care? Response range: 1 = gap not at all important, 9 = gap very important

[b] Item 2. How likely is it that the information required will be available in the healthcare system?   Response range: 1 = very unlikely, 9 = very likely

[c] Item 3. Overall priority of including this item in the scorecard? Response range: 1 = unnecessary, 9 = essential

* Indicates Performance Measures where there was disagreement found between panelist ratings. Disagreement was calculated according to the RAND/UCLA Appropriateness Method handbook (26). Disagreement exists when the interpercentile range (IPR) (difference between the 30th and 70th percentiles) is larger than the interpercentile range adjusted for symmetry (IPRAS). The IPRAS is calculated as follows: IPRAS = 2.35 + [Asymmetry Index (AI)*1.5]

Table 2. Rheumatoid arthritis quality measurement framework showing performance measures* categorized according to strategic objective and mapped to the Canadian Institutes of Health Information (CIHI) quality domain

Vision:	Ensuring patient-centered, high quality care for people living with RA
Strategic Objective 1: (CIHI Domain)	To provide early access to rheumatology care and timely diagnosis for patients living with RA
(A)	Number of days waited between referral and consultation
(A)	% of patients with new onset RA with at least 1 visit to a rheumatologist in the first year of diagnosis, regardless of who makes the diagnosis
(A)	Number of rheumatologists per 100,000 population
(A)	Number of referrals received
Strategic Objective 2: (CIHI Domain)	To provide high quality, evidence-based, and patient centered care for ongoing management of RA and comorbidities
(A)	% of patients seen within 3 months when remission has not been achieved
(A)	% of RA patients under the care of a rheumatology team seen in follow-up by a rheumatology team member at least once per year
(S)	% of RA patients who have documentation of a tuberculosis (TB) screening performed within 12 months prior to receiving a first course of therapy using a biologic or targeted synthetic DMARD
(S)	% of RA patients aged 18 and older seen for a visit between October 1st and March 31st who received an influenza immunization OR who reported previous receipt of an influenza immunization
(S)	% of patients 65 and older who have ever received a pneumococcal vaccine
(AE)	Number of days between the diagnosis of RA and the time that a DMARD medication was prescribed or dispensed, where the diagnosis of RA was made or confirmed by a rheumatologist
(AE)	% of RA patients with a DMARD medication prescribed or dispensed during the measurement year
(AE)	% of RA patients with moderate or high disease activity for whom treatment was intensified with DMARD therapy
(AE)	% of RA patients with a blood pressure measurement documented in the medical record at $\geq 80\%$ of clinic visits
(AE)	% of RA patients aged 50-90 years who have had an assessment of fracture risk using a risk assessment tool adjusted for RA in the measurement period

(AE)	% of RA patients with a formal cardiovascular risk assessment according to national guidelines should be done at least once in the first 2 years after evaluation by a rheumatologist
(SD)	% of RA patients with a BMI documented at least once every year
Strategic Objective 3: (CIHI Domain)	**To provide patients with the right information at the right time to be able to participate as informed partners in their care and be supported to self-manage as appropriate**
(PC)	% of RA patients with a treatment plan developed between him/her and his/her clinician / health professionals at each visit
Strategic Objective 5: (CIHI Domain)	**To measure and optimize outcomes for patients living with RA, such as disease activity, pain, function, fatigue, and quality of life**
(AE)	% of RA patients with active RA (measured using a standardized tool) that have low disease activity 6 months after treatment has started
(AE)	% of RA patients in remission (measured using a standardized tool) during the measurement period
(AE)	% of RA patients and >=50% of total number of outpatient encounters in the measurement year with assessment of disease activity using a standardized measure
(HS)	% of visits for RA patients with documentation of a pain assessment using a standardized tool(s) on each visit AND documentation of a follow-up plan when pain is present

Disease modifying anti-rheumatic drug (DMARD), Rheumatoid Arthritis (RA), Body Mass Index (BMI),
* Performance Measure (PM) descriptions, as voted on during Round 3 of the modified Delphi process, were harmonized to achieve consistent wording within the RA quality measurement framework. Of note, no PMs were included in the framework addressing Strategic Objective 4 ("To provide access to multidisciplinary healthcare providers with training and expertise in the assessment and management of RA.") or Strategic Objective 6 ("To measure and optimize patient experience & satisfaction with care.") Canadian Institute for Health Information (CIHI) domains included the following: Access (A), Safety (S), Appropriateness & Effectiveness (AE), Person-centeredness (PC), Social Determinants (SD), Health Status (HS).