Establishing an Updated Core Domain Set for Studies in Juvenile Idiopathic Arthritis: A Report from the OMERACT 2018 JIA Workshop

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ABSTRACT. Objective. The current Juvenile Idiopathic Arthritis (JIA) Core Set used in randomized controlled trials (RCT) and longitudinal observational studies (LOS) was developed without the input of patients/parents. At the Outcome Measures in Rheumatology (OMERACT) 2016, a special interest group voted to reconsider the core set, incorporating broader input. We describe subsequent work culminating in an OMERACT 2018 plenary and consensus voting.

Methods. Candidate domains were identified through literature review, qualitative surveys, and online discussion boards (ODB) held with patients with JIA and parents in Australia, Italy, and the United States. A Delphi process with parents, patients, healthcare providers, researchers, and regulators served to edit the domain list and prioritize candidate domains. After the presentation of results, OMERACT workshop participants voted, with consensus set at > 70%.

Results. Participants in ODB were 53 patients with JIA (ages 15–24 yrs) and 55 parents. Three rounds of Delphi considering 27 domains were completed by 190 (response rate 85%), 201 (84%), and 182 (77%) people, respectively, from 50 countries. There was discordance noted between domains prioritized by patients/parents compared to others. OMERACT conference voting approved domains for JIA RCT and LOS with 83% endorsement. Mandatory domains are pain, joint inflammatory signs, activity limitation/physical function, patient's perception of disease activity (overall well-being), and adverse events. Mandatory in specific circumstances: inflammation/other features relevant to specific JIA categories.

Conclusion. Following the OMERACT methodology, we developed an updated JIA Core Domain Set. Next steps are to identify and systematically evaluate best outcome measures for these domains. (First Release April 15 2019; J Rheumatol 2019;46:1006–13; doi:10.3899/jrheum.181088)

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The current Juvenile Idiopathic Arthritis (JIA) Core Set to assess efficacy of medications in randomized controlled trials (RCT) and longitudinal observational studies (LOS) was published in 1997 and developed without the input of patients or caregivers¹. Researchers have since recognized the importance of garnering the patient/parent perspective to better understand the effect of medical conditions and treatments on health and quality of life.

The Outcome Measures in Rheumatology (OMERACT) is an international, independent entity of health professionals, methodologists, and patient research partners devoted to outcome measures in rheumatology. OMERACT recommends 4 core measurement areas (life impact, pathophysiologic manifestations, resource use, and adverse events including death) to include in RCT and LOS². OMERACT depicts domains for study inclusion as a 3-layered "onion": (1) inner circle: core set of domains mandatory for all RCT and LOS, (2) middle circle: important domains with optional inclusion, and (3) outer circle: "research agenda"³. The onion concept was recently updated to include within the inner core set domains that are mandatory for specific circumstances.

Since 2015, the OMERACT JIA Core Set Working Group has obtained global stakeholder input from patients with JIA, caregivers, healthcare providers (HCP), and researchers to update the JIA Core Domain Set. The current JIA Core Set includes 6 variables: physician's global assessment (PGA) of disease activity, parent's/patient's global assessment of overall well-being, physical functional ability, active arthritis joint count, restricted motion joint count, acute-phase reactant and — for systemic JIA — fever in past week. At the OMERACT 2016 meeting, a special interest group (SIG) voted to reevaluate this core set⁴. This paper reports subsequent work, culminating in an OMERACT 2018 plenary session, and consensus on a new domain framework for JIA outcome measure prioritization for RCT and LOS.

MATERIALS AND METHODS, RESULTS

The OMERACT JIA Core Set Working Group expanded its international membership after the 2016 SIG meeting, adding representatives from Germany, the Netherlands, Serbia, and the United Kingdom to those from the United States, Canada, Australia, and Italy. The working group conducted monthly teleconferences providing input and reviewing work products. Co-chairs (AC, EMM, JEM), 3 patient representatives (BH, JH, JEM), an OMERACT fellow (AA), and OMERACT Executive Committee mentors (BS, COB, VS) directed activities. The Delphi survey was administered by researchers with relevant methodologic expertise (BF, HC).

A variety of inputs led to a candidate domain list for consideration in the updated core domain set. Initial activities prior to the SIG meeting (literature review, qualitative surveys of over 600 patients/parents) have been described⁴.

Patients' and parents' involvement. Attendees at the 2016 SIG recommended conducting additional qualitative studies to garner a global perspective before the Delphi survey. Hence, the online discussion boards (ODB) were replicated in Australia and Italy and compared to results from the United States⁴. In Australia, ethics approval was granted by the Royal Children's Hospital, Melbourne (#37335A). In Italy, the study was considered non-human subjects research by the Institute for Research and Health Care

Istituto Giannini Gaslini ethics board. Two sets of paired ODB were conducted in Australia and Italy following an established protocol⁴. In brief, private, 3-day moderated ODB were conducted with patients with JIA (teenagers and young adult groups) and separately with parents. The objective was to understand in the patients' and parents' words the experiences of living with JIA and of its treatment, and the effect on all aspects of health (physical, mental, social). We elicited information on the domains of health affected by JIA disease activity in search of candidate domains to measure in LOS. Typed discussion transcripts were analyzed and coded into domains. The United States and Italy teams used the software NVivo11⁵.

Fifty-three patients with JIA across 2 groups, ages 15–18 years and 19–24 years, and 55 parents participated in the ODB (Table 1). Initial qualitative comparisons of Italian and American transcripts elicited similar themes, such as the psychosocial impact of JIA and limitations in daily activities. Relatively more fear of relapses and greater burden of medications, though noted in both samples, were more expressed by Italian participants; impact on children's activities and family life was emphasized relatively more in the American groups. Patient groups from all 3 locations overlapped regarding identification of domains that varied depending on whether JIA was active (Table 1).

Delphi study. Subsequently, a Delphi process was conducted within the JIA stakeholder community to assess agreement on a set of the most important core outcome domains to evaluate effects of JIA treatments in RCT and LOS. The Delphi process was approved by the ethics board (REB) at the Hospital for Sick Children, Toronto, Ontario, Canada (#1000059994). It began by categorizing the multiple health outcome domains of interest identified by extensive qualitative analysis (surveys, ODB), literature review, and workgroup input; respondents could add potential missing items. Next steps included shortening domain list to the most important categories to measure in all clinical trials.

With Delphi-type methodology electronic-based surveys were sent to invited stakeholders with target goal of 150 respondents to obtain maximum diversity in demographics, clinical characteristics including category of JIA⁶, and professional experience, and an 80% prespecified target completion rate. Eligible participants were patients with JIA aged ≥ 15 years, parents or primary caretakers of patients with JIA, HCP with adult or pediatric rheumatology experience, pediatric rheumatology researchers, regulators from medication agencies, and pharmaceutical company clinical trial investigators. Stakeholders in the categories of patients, parents/caregiver, representative or leader of parents/caregiver association were referred by the European Network for Children with Arthritis (n = 16) and the Arthritis

Foundation (AF), a US-based advocacy group. The AF distributed the survey to a JIA-targeted mailing list of adults with a history of JIA and parents of children with JIA who expressed interest in participating in research studies (n = 178). Thus, the study team could not track e-mail addresses and completion rates from AF registrants. HCP, researchers, and clinical trials investigators were represented by the OMERACT JIA Core Set Working Group members (n = 36), the Pediatric Rheumatology Collaborative Study Group (PRCSG; n = 51), and the Pediatric Rheumatology International Trials Organization (PRINTO; n = 46, non-overlapping). Regulatory agencies were represented by the US Food and Drug Administration (FDA) and the European Medicines Agency (EMA; n = 5).

An iterative survey process was completed online using REDCap (<https://projectredcap.org>)⁷ electronic data recording hosted at The Hospital for Sick Children, Toronto, Ontario, Canada, to build group consensus. Items receiving > 70% average votes were advanced for consideration in the core set. All potential participants received e-mail invitations detailing study background, instructions, and study link with a 2-week deadline. The same participants were targeted for each round with 3 individual reminders. Respondent anonymity was preserved. Completion of a survey was considered as implicit consent to participate in that round. Demographic information on respondents was collected. No patient-related/personal health information was disclosed. The Delphi survey was written in lay language using feedback from the OMERACT JIA Working Group including patient research partners. Three rounds of Delphi were completed by 190 (response rate 85%), 201 (84%), and 182 (77%) stakeholders, respectively, from 50 countries. Parents represented children with JIA across categories⁶. Table 2 reports sample demographics.

Round 1: The initial survey asked for respondents to review 27 items (Appendix 1) presented in random order, generated from earlier phases of the project, and select their top 10 items to be assessed in clinical trials. Participants could write in any categories considered missing in the item list provided.

After the first Delphi round, 2 items achieved > 70% average votes: pain and joint inflammatory signs (swelling/redness/warmth). One item, “medication side effects,” had only 60% of votes, but was retained owing to OMERACT requirement. Given the option to suggest additional domains, 18 new write-in items were suggested (Appendix 2). The working group noted overlap of some write-in items with existing domains. Domains were relabeled, short domain definitions were developed, examples of domain content were provided for subsequent rounds (Table 3), and the number of domains was reduced to 22. The concept of global assessment, initially

Table 1. Online discussion board participants and main features when JIA is inactive by country.

Countries	Teen, 15–18 Yrs	Young Adults, 19–24 Yrs	Parents, Younger Children	Parents, Older Children
United States	11	13	10	10
Italy	11	10	10	10
Australia	3	5	8	7

Patient-reported Main Features when JIA is Inactive across Countries		
Australia	Italy	USA
No, or less pain (manageable)	No pain	No pain (less or tolerable pain)
No, or less swelling	No swelling	No swelling
Normal physical activity	No activity restrictions	Can participate in activities
Positive mood (less irritability/anger, depression/sadness)	Mood, no anxiety	Better mood (happier, less stress)
No, or less stiffness	No stiffness	Lack of stiffness
Better mobility (walk, run, exercise)	No functional limitations	Mobility (move, walk, run, exercise)
More energy/less fatigue	Vitality	Better energy/less fatigue
No sleeplessness		Better sleep
No red-hot joints (inflammation)		Minimal inflammation

JIA: juvenile idiopathic arthritis.

Table 2. Delphi survey respondent characteristics. Values are n unless otherwise specified.

Respondent Characteristics	Round 1, n = 190, Response Rate 85%	Round 2, n = 201, Response Rate 84%	Round 3, n = 182, Response Rate 77%
Patient/parent categories			
Patient	16	13	12
Parent/caregiver	55	74	60
Leader JIA association	13	12	11
Other stakeholder categories*			
HCP	94	82	80
Pediatric rheumatologist, subset of HCP	84	73	71
> 10 yrs' experience	76%	74%	73%
JIA researcher	47	41	39
Clinical trials experience	50	48	42
FDA/EMA	4	6	5
Patient/sample characteristics			
Patient age, yrs, mean	35	31	37
Patient age at diagnosis, yrs, mean	6	6	6
Polyarticular (child)	55%	46%	47%
Oligoarticular (child)	18%	22%	22%
Systemic arthritis (child)	13%	16%	12%
Enthesitis-related arthritis (child)	9%	8%	12%
Psoriatic arthritis (child)	4%	8%	8%

*Categories are nonexclusive. HCP: healthcare provider; JIA: juvenile idiopathic arthritis; FDA: US Food and Drug Administration; EMA: European Medicines Agency.

Table 3. Domain definitions used for Delphi Survey voting reference.

Domain	Example Items that May Be Included in this Domain
Activity limitation	Effect on physical function/physical disability, effect on activities of daily life
Coping with illness	Coping with medication administration, effect on family, adherence to therapy
Eye inflammation	Uveitis, iritis, related vision loss
Fatigue	Tiredness, lack of energy, lack of vitality
Growth and maturation	Height, weight, Tanner stage (puberty), fertility
Health care use	Costs of care, frequency of medical visits
Imaging signs of inflammation	MRI, ultrasound, radiographs
Effect on emotional function, mood or cognition	Depressive symptoms, anxiety, need for psychologic/psychiatric support, cognition, ability to think
Effect on social relationships	Effect on relationships with friends, family, etc.
Inflammatory signs outside of joints and eyes	Fever, systemic rash, psoriasis, enthesitis, back pain, etc.
Joint damage	Permanent deformity, fixed contracture, erosions, etc.
Joint inflammatory signs	Redness, swelling, warmth, tenderness, "active joint," limitation in joint ROM
Laboratory signs of inflammation	Acute-phase reactants (ESR, CRP, etc.)
Pain	Pain intensity, effect of pain, usage of (nonspecific) pain killers (yes/no)
Patient's perception of disease activity	Overall well-being: "considering all the way your JIA affects you, how would you rate your overall well-being?", patient's global assessment, health-related quality of life
Participation restriction	Effect on school/work, days absent from school, effect on social event attendance and leisure activities
Personal factors	Self-esteem, locus of control, motivation
Physical activity	Exercise, sedentary behavior
Physician's perception of disease activity	PGA, PGA for inflammation, PGA for damage, PGA for disease effect, PGA for severity
Side effects	Medication adverse effects
Sleep	Quality of sleep
Stiffness	Morning stiffness, gelling, joint stiffness

MRI: magnetic resonance imaging; ROM: range of motion; ESR: erythrocyte sedimentation rate; CRP: C-reactive protein; JIA: juvenile idiopathic arthritis; PGA: physician's global assessment.

omitted because of the perception of representing measures rather than domains, was included because of historical precedent in the existing core set as a domain of "subjective assessment." Manifestations of specific JIA categories⁶ were proposed (e.g., fever, psoriasis), raising the question of how to account for pathognomonic features of individual JIA categories (that

personally affect subsets of patient/parent voters). Discordance in priorities was noted across stakeholder groups.

Round 2: Participants were shown the results of round 1, including items reaching consensus as core set, and provided a revised list of items determined by round 1 shown with stakeholder group responses juxtaposed side

by side. This incorporated write-in items, but not items that did not achieve either $\geq 30\%$ average votes or $\geq 40\%$ votes by any category of respondents. The revised list was framed in keeping with the language of the International Classification of Functioning, Disability and Health (ICF)⁸ with definitions provided (Table 3). Respondents were instructed to endorse their top 5 (unranked) of the 22 listed domains. This round showed similar discordance between stakeholder group priorities. Both groups rated activity limitation high (52% average vote), but otherwise priorities differed. Patients/parents prioritized effect on emotional function, joint damage, participation restriction, and coping with illness and fatigue, while other stakeholders prioritized eye inflammation, inflammation outside joints/eyes, laboratory, PGA, patient's global perception, stiffness, and imaging.

Round 3: The final round was conducted as a ranking exercise to order domains as per the OMERACT Onion. Participants were shown round 2 results, presented in 2 groups "patient/parents" and "others," and items reaching consensus as core set ($> 70\%$ votes on average, or as required by OMERACT; side effects/adverse effects). Instructions were to place each of the 22 domains into 1 of 3 categories: (1) core domain (inner circle): mandatory to measure in all JIA clinical trials (select up to 7); (2) important but optional domain (middle circle): inclusion depends on particular clinical trial (no limit on number); or (3) other domains (outer circle): more research or information is needed (no limit on number). The following rules were developed to provide guidance on which layer of the OMERACT Onion a domain ought to be placed based on the Delphi round 3 results. It was recommended that a domain be placed in the inner circle if the average of inner circle votes for both stakeholder groups was $\geq 70\%$. It was recommended that a domain be placed in the middle circle if the sum of the inner circle and middle circle votes was $> 70\%$ for both stakeholder groups (and the average of inner circle votes alone was not $> 70\%$). It was also recommended that a domain be placed in the middle circle if the sum of the inner circle and middle circle votes was $> 70\%$ for only 1 stakeholder group, but the average inner circle and middle circle votes of both stakeholder groups together was also $> 70\%$. It was recommended that a domain be placed in the outer circle [research agenda] if the sum of inner circle and middle circle votes was $> 70\%$ for only 1 or none of the stakeholder groups, and for both stakeholder groups together the average was $< 70\%$. Results of 3 rounds of Delphi voting added physical function to the core set along with pain and joint inflammatory signs (Table 4). Discordance in stakeholder priorities persisted, consistent with findings of round 2. Patients/parents did not highly endorse global assessments, whereas other stakeholders did. Inconsistent with the proposed guidance on domain placement, patient perception of disease/overall well-being was included in the inner circle based on voting at the OMERACT Workshop, as described below.

OMERACT 2018 Workshop. A summary of qualitative studies and Delphi results was presented to the entire body of OMERACT delegates, along with a proposed core set. Breakout groups subsequently discussed and reviewed the proposed core set and survey data. Discussion summaries were shared with the larger group, after which a vote for the core set was conducted. At a separate plenary session, an additional vote on the full proposed OMERACT Onion was taken. Guidance was shared on how to consider placement of domains within the Onion based on Delphi round 3 voting.

The total number of delegates voting at OMERACT 2018 meeting was 170 (106 clinicians/researchers, 17 patient research partners, 11 pharmaceutical representatives, 33 fellows, and 3 regulatory authorities). Based on the Delphi process, the workgroup recommended inclusion of 4 domains: pain, joint inflammatory signs, activity limitation/physical function, and side effects/adverse events. After discussion, an initial vote was held on the proposed core domain set. Delegates achieved consensus on the 4 recommended domains (85% patients, 92% all other stakeholders). Subsequently, delegates voted one by one on other domains highly rated (but for which the average of inner circle votes for both stakeholder groups was $< 70\%$). As a result of the voting, a fifth domain ("patient perception of overall well-being") was also voted into the core domain set by the OMERACT delegates (86% patients, 74% other voters). In contrast, the corollary global

assessment domain, physician's perception of disease activity, was not voted for inclusion in the core domain set.

Final voting approved the domains as placed in the initial OMERACT Onion (Figure 1) with 83% endorsement. In response to discussions at OMERACT 2018, the OMERACT Onion framework was modified by the OMERACT Executive Committee to effectively add another layer to the inner circle to allow specification of certain domains as being mandatory in specific circumstances. This modification is well suited to planning RCT/LOS of JIA given that there is a diversity of JIA categories and need for a flexible framework to appropriately assess inflammatory features characteristic of disease activity/flare according to particular JIA categories. Adjustments were therefore made to the onion by the JIA Workgroup and this updated version is recommended for use (Figure 2).

DISCUSSION

An international workgroup has developed an updated JIA Core Domain Set following the OMERACT methodology with qualitative input from hundreds of patients/parents in international surveys, in-depth ODB replicated cross-culturally, and workshops. We prioritized the lists of candidate domains involving patients/parents and broad stakeholders through a Delphi process and consensus voting of OMERACT delegates. A notable change is the recommendation to add pain to the core set to be measured for all JIA RCT and LOS. While a patient's/parent's global assessment (overall well-being) was retained from the 1997 core set, Physician's global assessment (PGA) is no longer mandatory, and laboratory tests are also considered important but optional. Of the new core set, 3 of 5 components are based on patient self-ratings — pain, physical function, and overall well-being — along with joint inflammatory signs and tracking of adverse events.

The inclusion of patients and parents in generating the list of candidate domains and participating in the Delphi voting highlighted important differences between the reported experience of living with JIA and other stakeholders' (i.e., HCP's, researchers', regulators') evaluation of disease activity. Patients/parents valued inclusion of a domain for joint damage over PGA of disease activity or the patient overall subjective perception. This preference may reflect lack of familiarity with global assessments or perhaps a greater concern about longterm consequences of JIA than a momentary evaluation perhaps based on incomplete information. In contrast, other stakeholders voted 83% to put the PGA in the core set. On a practical level, one may anticipate the PGA may continue to be measured in clinical trials despite not being voted into the core set because of familiarity among HCP/researchers, brevity, ubiquitous inclusion in past studies, and interest to compare new studies to prior outcomes attained in historical studies.

Qualitative data on patient experience and inclusion of patients/parents throughout the selection process resulted in additional patient/parent-reported domains being designated important to consider for inclusion in JIA RCT and LOS, including participation restriction, fatigue, and effect on emotional function, mood, or cognition.

Table 4. Results of Delphi round 3 and domain placement in OMERACT Onion Framework after consensus voting.

Variables	Patients/Parents			Other Stakeholders			Average of Sums ⁵
	Inner	Middle	Sum	Inner	Middle	Sum	
Mandatory domains (inner circle/core set)							
Pain ¹	88			67			77
Joint inflammatory signs/active joints ¹	50			89			70
Side effects/adverse events ²	63			58			60
Activity limitation/physical function ³	76	18	94	79	19	98	96
Patient's perception of disease/overall well-being ⁴	32	56	88	66	25	91	90
Important but optional domains (middle circle)							
Joint damage	71	25	96	41	50	91	93
Laboratory signs of inflammation (acute-phase reactants)	53	37	90	82	16	96	93
Eye inflammation	47	47	94	62	36	98	96
Inflammatory signs outside joints/eyes	46	44	90	66	34	100	95
Physician's perception of disease activity	32	52	84	83	14	97	90
Stiffness	46	48	94	46	44	91	92
Growth and maturation	28	54	82	23	64	87	85
Participation restriction	30	56	86	24	55	78	82
Imaging signs of inflammation	25	58	84	25	55	79	81
Physical activity (exercise)	16	73	89	3	62	65	77
Fatigue	42	52	94	5	54	58	76
Effect on emotional function, mood, cognition	42	47	89	8	45	54	71
Research agenda (outer circle)							
Coping with illness	20	61	81	5	49	54	67
Healthcare use	24	53	77	4	36	40	58
Sleep	8	67	75	0	40	40	57
Effect on social relationships	13	56	68	1	32	33	51
Personal factors	14	56	70	1	30	31	51

¹ Domains voted into inner circle with round 1 of Delphi. ² Side effects/adverse events is a mandatory domain for all clinical trials per OMERACT Handbook.

³ Domain placement rules for Delphi round 3 based on percent votes for inner circle and middle circle: if average of inner circle votes for both stakeholder groups > 70% recommend inner circle. If sum of inner circle plus middle circle votes > 70% for both stakeholder groups (but average of inner circle votes alone is not > 70%), recommend middle circle. If sum of inner circle and middle circle votes > 70% for only 1 stakeholder group, but average > 70%, then consider middle circle. If sum of inner circle and middle circle votes > 70% for only 1 or none of the stakeholder groups, and average < 70%, then recommend outer circle. ⁴ Inclusion of patient's perception of disease/overall well-being in inner circle based on OMERACT workshop voting does not follow suggested domain placement rules. See text. ⁵ "Average of sums" is average of inner circle plus middle circle votes for both stakeholder groups from Delphi round 3. The sums do not add to 100 because of exclusion of the votes for outer circle from presentation in the table. OMERACT: Outcome Measures in Rheumatology.

Figure 1. Initial OMERACT domain framework for juvenile idiopathic arthritis clinical trials and longitudinal observational studies. Note this figure does not show domains considered mandatory in specific circumstances and is not recommended for use (see Figure 2).

Figure 2. OMERACT domain framework for juvenile idiopathic arthritis (JIA) studies including mandatory domains in specific circumstances. Recommended for use. *Illustrative examples (incomplete list): oligoarthritis: eye inflammation/uveitis; systemic JIA: fever, systemic rash, macrophage activation syndrome features; psoriatic arthritis: psoriasis; enthesitis-related arthritis: enthesitis, etc., to be determined.

Heterogeneity of JIA categories⁶ requires consideration of customizing the core set to identify relevant inflammatory features (e.g., fever, rash, back pain, enthesitis, uveitis) in specific populations. Although these extraarticular manifestations of inflammation were grouped into 1 domain for manageable voting, this landed in the “important but optional” circle. Having experience with all categories of JIA, HCP prioritized the domain, but the voting patient/parents did not, perhaps because they were not personally familiar with each manifestation, which affected only a small proportion of the voting patient/parent constituents. The new OMERACT Onion framework (Figure 2) allows domains to be mandatory under specific circumstances, according to study population, and thus a rationale for inclusion into the core set.

To raise awareness of study findings, results were presented at the 2018 American College of Rheumatology Annual Scientific Meeting. Results were also shared with the AF to aid in preparation for a patient-facing drug development meeting jointly held with the FDA and CARRA in August 2018. The domains identified in this project were included in a large-scale consumer survey shared at the meeting. EMA was represented on the working group (RV), and we will additionally engage with the FDA in the next phase of the project. PRCSG and PRINTO leadership are integral to the working group as we consider translation to use in RCT/LOS.

Limitations to the study included that, while we aimed for 80% response for the Delphi, we were unable to verify this for the AF-referred respondents. Because of the Internet format of the ODB and Delphi, we did not obtain the self-reported perspectives of those younger than age 15 years, though parents of younger children participated, and many youths had JIA onset at an early age. Future research on the perspective of younger patients may be required to ensure all relevant domains and experiences were considered.

Following the OMERACT methodology we developed an updated JIA Core Domain Set with broad international stake-

holder input. The new core domain set has increased emphasis on patient/parent-reported domains, and our findings shed light on important aspects of living with JIA, which may inform clinical practice in addition to medication evaluation in RCT. Next steps will be to identify and systematically evaluate the best outcome measures for this purpose.

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APPENDIX 1. List of 27 items included in Round 1 of Delphi survey.

Coping with administering medication
 Coping with long-term chronic disease
 Costs of care
 Eye manifestations of JIA
 Fatigue
 Growth and maturation
 Imaging of joints (magnetic resonance imaging, ultrasound, radiographs)
 Effect on ability to attend school or work
 Effect on ability to participate in normal life situations and roles
 Effect on ability to perform activities of daily living
 Effect on cognition
 Effect on emotional well-being
 Effect on independence/autonomy
 Effect on level of physical activity
 Effect on participation (leisure)
 Effect on physical appearance
 Effect on relationships
 Joint damage or deformity
 Joint stiffness
 Joint swelling/redness/warmth
 Laboratory tests of inflammation
 Medication side effects
 Occurrence of inflammatory signs outside of the joints (skin, rash, fever)
 Pain
 Patient's subjective perception of his/her health
 Quality of sleep
 Restriction in joint range of motion.

JIA: juvenile idiopathic arthritis.

APPENDIX 2. List of “write-in” items after Round 1 of Delphi survey.

Adherence to therapy
 Back pain
 Comorbid conditions
 Enthesitis
 Fever
 Effect on family
 Effect on fertility
 Effect on self-esteem
 Locus of control
 Morning stiffness
 Motivation
 Number of medical appointments
 Physician global assessment
 Professional psychological help
 Psoriasis
 School days missed
 Use of complementary/alternative medications
 Use of pain medications