

Effectiveness of Rituximab in Patients with Rheumatoid Arthritis: Observational Study from the British Society for Rheumatology Biologics Register

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ABSTRACT. Objective. To assess the effectiveness of rituximab (RTX) in patients with rheumatoid arthritis (RA) in routine clinical practice, and to identify predictors of 6-month response to RTX in patients for whom at least 1 anti-tumor necrosis factor- α (anti-TNF) therapy has failed.

Method. The analysis involved 646 patients with RA registered with the British Society for Rheumatology Biologics Register (BSRBR) who were starting RTX and were followed for at least 6 months. Change in the 28-joint Disease Activity Score (DAS28), European League Against Rheumatism (EULAR) response, and proportions of patients achieving disease remission were used to assess the clinical response 6 months after starting RTX. Regression analyses were used to identify factors associated with the response in the patients for whom anti-TNF therapy had not worked. The models included baseline demographics, disease characteristics, baseline Health Assessment Questionnaire (HAQ), and drug history including biologic history.

Results. The mean DAS28 at baseline was 6.2 (95% CI 6.1, 6.3), which decreased significantly to 4.8 (95% CI 4.7, 4.9) at the 6-month followup. Seventeen percent of the patients were EULAR good responders and 43% were moderate responders. Eight percent of the patients achieved disease remission. Subjects with higher baseline DAS28 score and those with positive rheumatoid factor (RF) status were significantly associated with a decrease in their DAS28 score (improvement), while women and patients with higher baseline HAQ score were less likely to improve.

Conclusion. RTX has proven to be effective in routine clinical practice. When anti-TNF therapy fails, response to RTX was influenced by baseline DAS28 score, RF status, baseline HAQ score, and sex. (First Release Dec 15 2011; J Rheumatol 2012;39:240–6; doi:10.3899/jrheum.110610)

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Rituximab (RTX) in combination with methotrexate (MTX) is licensed for the management of severe active rheumatoid arthritis (RA) in patients whose disease has not responded to nonbiological disease-modifying antirheumatic drugs (nbDMARD) and 1 or more anti-tumor necrosis factor- α (anti-TNF) therapies^{1,2}. Randomized clinical trials (RCT) have shown the efficacy of RTX in improving the clinical symptoms of RA as measured by the American College of Rheumatology (ACR), the 28-joint Disease Activity Score (DAS28), and European League Against Rheumatism (EULAR) response criteria^{3,4,5}. However, each of these studies examined efficacy in different populations of patients; for instance, patients who were rheumatoid factor (RF)-positive and had failed nbDMARD⁴, while the REFLEX trial³ included patients with RA who had failed anti-TNF. Recent RCT have also examined the efficacy after retreatment with a second course of RTX and the efficacy of different dose regimens^{6,7,8}, some of which are limited to biological-naïve patients^{6,7,9}.

To date, few observational studies have reported on the effectiveness of RTX in anti-TNF-naïve patients^{10,11,12}. Several observational studies have reported on the effective-

ness of RTX in cases in which anti-TNF therapies have failed^{13,14,15}, while others reported on the effectiveness of RTX in a mixed population of anti-TNF-naive patients and failures^{16,17,18,19}. However, all these observational studies included relatively small numbers of patients (range from 10 to 103). A recent large observational study that pooled data from multiple registries in Europe has reported on the effectiveness of RTX in patients with RA²⁰.

A study of 110 patients (32 anti-TNF-naive and 78 anti-TNF failures) reported that patients with positive RF, lower baseline Health Assessment Questionnaire (HAQ) score, or those who had failed fewer anti-TNF agents were more likely to achieve an ACR ≥ 50 response²¹. In the same study, only RF positivity was found to be associated with a better EULAR response. Another recent study of 103 patients (40 anti-TNF-naive and 63 anti-TNF failures) identified high DAS28 and concomitant use of nbDMARD as predictors of response to first course of RTX in univariate logistic regression¹¹. A recent study using pooled data from multiple registries has identified predictors of good EULAR response²⁰. However, there are no other data in the literature that address the predictors of response to a first course of RTX.

Using data from a national prospective cohort study in the United Kingdom, our current study aimed (1) to assess the effectiveness of RTX in patients with RA who were treated during routine clinical practice in the United Kingdom by evaluating treatment response 6 months after starting RTX; and (2) to identify baseline factors that are associated with better response in patients who had failed at least 1 anti-TNF therapy.

MATERIALS AND METHODS

Patient population. Patients registered with the British Society for Rheumatology Biologics Register (BSRBR) were used²². The BSRBR is a prospective observational cohort study that has recruited patients receiving biologic therapies for the management of RA in the United Kingdom. To be eligible for recruitment, patients had to be age 16 years or older and have started RTX not more than 6 months prior to registration. Registration for RTX was open to patients who were already participating in the study (because they were receiving anti-TNF therapy) or to those who had not been previously registered with the BSRBR. RTX was administered according to the licensed dose (two 1000-mg infusions taken 2 weeks apart).

Ethical approval for recruitment of patients to the BSRBR was granted by the North West Multicentre Research Ethics Committee. All patients provided written informed consent at the time of study registration, including those who were already registered with the BSRBR.

Baseline data. At the start of RTX treatment, baseline data were collected using different forms according to the type of registration. For patients who were new to the BSRBR, the consultant responsible for care was asked to complete (1) a consultant baseline questionnaire that collected data on the patient's demographic characteristics, DAS28 (at the time RTX was started), comorbidities, previous and current DMARD therapies, RF status, and smoking status; and (2) a prior biologic exposure form that collected data on the previous biological therapies and the reason for discontinuation (inefficacy, remission, adverse events, or other reasons). For patients who were already registered with the BSRBR and then switched to RTX, the consultant was asked to complete a BSRBR Short Baseline Form that collected data on DAS28 at the time RTX was started, current drug therapy, and comorbidities.

The other patient demographic characteristics were recalled from the original consultant baseline form, which was completed when the patient was first registered with the BSRBR for anti-TNF treatment. The previous biologics received and the reasons for discontinuation were obtained from the followup forms that were collected while registered for anti-TNF therapy. All the patients were asked to complete a baseline European Quality of Life 5 Dimensions (EQ5D) form²³ and the HAQ, adapted for use in a UK population²⁴.

Followup. Six months after starting RTX, the consultant completed followup questionnaires that collected data on the DAS28.

Data analysis. BSRBR data up to December 2010 were used in the current analysis. All patients with RA who started RTX and were registered with the BSRBR for RTX treatment were eligible for inclusion. The analysis was limited to patients for whom the 6 months' consultant followup was returned, with a recorded DAS28 score.

Six months' treatment effectiveness was assessed by (1) the change in DAS28²⁵ (baseline DAS28 to 6-month DAS28); (2) nonresponse, moderate, and good response according to the EULAR response criteria²⁶; and (3) the proportion of patients achieving disease remission (DAS28 < 2.6), according to the EULAR criteria²⁷.

The mean change in DAS28 was compared between RF-negative and RF-positive patients and anti-TNF-naive patients versus anti-TNF failures using the t-test of 2 independent samples. The mean change in DAS28 was also compared between patients receiving RTX in combination with MTX, in combination with other nbDMARD, or with no nbDMARD, using one-way ANOVA. The EULAR response and remission rates were compared between the different subgroups of patients using Pearson chi-squared tests.

Multivariate regression models were used to identify factors associated with 6-months' response to RTX. Linear regression models were used to identify factors associated with change in DAS28. Logistic regression models were used to identify factors associated with achieving disease remission. Given that the biological history of the patient may influence the response to RTX, all regression models were limited to cases of anti-TNF failure (n = 540).

Covariates included (1) baseline demographics [age (decades), sex, presence of comorbidities (yes/no)]; (2) baseline disease characteristics [disease duration (decades), RF positivity (yes/no), DAS28]; (3) baseline physical function [HAQ score (0.1 unit)]; (4) concurrent therapy [steroids, nbDMARD (none/MTX/other)]; and (5) drug history [previous steroid (yes/no), number of the previous nbDMARD (3 or fewer/4 or more), number of the previous anti-TNF therapies (one/more than one), type of the most recently stopped anti-TNF therapy (receptor antagonist vs monoclonal antibody), and whether the reason for stopping the last anti-TNF therapy was due to inefficacy (yes/no)].

Forward stepwise selection method was used to select the variables that go into the multivariate models based on a significance level of 0.05.

Further regression modeling was used to compare the response between anti-TNF-naive patients versus anti-TNF failures. The model was adjusted for propensity scores²⁸ that were calculated using a logistic regression model that included any differences in baseline characteristics between the 2 subgroups of patients, any interaction between baseline variables, and any predictors of the outcome.

The results are presented as coefficient (95% CI) for the linear regression models or as OR (95% CI) for logistic models. Stata 10.1 software was used for all statistical analyses (Stata Corp., College Station, TX, USA).

RESULTS

Baseline characteristics. By December 2010, 646 patients registered with the BSRBR met the inclusion criteria for our current study. Of these, 83.6% (n = 540) had experienced anti-TNF failure and 16.4% (n = 106) were anti-TNF-naive patients. The baseline characteristics of the patients are presented in Table 1. The mean age was 58.7 (SD 11.6) years. Women made up 69.9% of the patients. RF-positive patients

Table 1. Baseline characteristics of patients receiving rituximab therapy. Values are mean \pm SD unless otherwise specified. Disease duration was available for 98% of the patients, RF status for 97%, EQ5D for 93%, HAQ for 90%, ESR for 85%, and C-reactive protein (CRP) for 54%.

Characteristics	All RTX Patients, n = 646	Patients who Experienced Anti-TNF Failure, n = 540	Anti-TNF-naive patients, n = 106	p [†]
Demographics				
Age, yrs	58.7 \pm 11.6	58.1 \pm 11.6	61.6 \pm 11.7	0.01
Women, n (%)	497 (76.9)	427 (79.1)	70 (66.0)	0.01
Current smoker, n (%)	136 (21.1)	114 (21.1)	22 (20.8)	0.93
Comorbidities*, n (%)	460 (71.2)	376 (69.6)	84 (79.3)	0.05
Disease characteristics				
Disease duration, yrs	14.3 \pm 10.1	14.8 \pm 9.9	11.8 \pm 10.6	0.01
RF-positive, n (%)	424 (65.6)	346 (64.1)	78 (73.6)	0.15
Swollen joint count	8.9 \pm 5.8	8.9 \pm 5.9	8.9 \pm 5.3	1.00
Tender joint count	14.3 \pm 7.8	14.3 \pm 7.8	14.2 \pm 7.9	0.92
Global health VAS	70.0 \pm 20.2	70.1 \pm 20.5	69.6 \pm 18.6	0.83
CRP, mg/dl	34.2 \pm 38.0	33.7 \pm 38.8	36.6 \pm 33.2	0.64
ESR, mm/h	44.6 \pm 29.9	44.4 \pm 30.3	45.8 \pm 28.0	0.70
DAS28	6.2 \pm 1.1	6.2 \pm 1.2	6.2 \pm 1.0	0.91
Quality of life and physical function				
EQ5D VAS	45.9 \pm 22.6	45.8 \pm 22.6	46.8 \pm 22.3	0.66
EQ5D utility score	0.3 \pm 0.3	0.3 \pm 0.3	0.3 \pm 0.3	0.60
HAQ	2.0 \pm 0.6	2.0 \pm 0.6	1.9 \pm 0.6	0.21
Current and previous drug use				
No. previous nbDMARD	4.2 \pm 1.8	4.3 \pm 1.8	3.6 \pm 1.4	0.0001
Current nbDMARD, n (%)				
None	143 (22.1)	108 (20.0)	35 (33.0)	< 0.001
MTX	343 (53.1)	316 (58.5)	27 (25.5)	
Other	160 (24.8)	116 (21.5)	44 (41.5)	
Pervious steroids, n (%)	485 (75.1)	407 (75.4)	78 (73.6)	0.70
Current steroids, n (%)	300 (46.4)	250 (46.3)	50 (47.2)	0.87

* Comorbidities include angina, hypertension, stroke, epilepsy, myocardial infarction, asthma, chronic obstructive pulmonary disease, liver disease, renal disorder, peptic ulcers, diabetes, demyelination, hyperthyroidism, depression, or a history of tuberculosis or cancer. [†] P value tests for significant differences between the cases in which anti-TNF therapy failed and anti-TNF-naive patients (2 independent samples, t-test for continuous variables, and Pearson chi-square test for categorical variables). RF: rheumatoid factor; TNF: tumor necrosis factor; RTX: rituximab; MTX: methotrexate; nbDMARD: nonbiological disease-modifying antirheumatic drugs; EQ5D: European Quality of Life 5 Dimensions; ESR: erythrocyte sedimentation rate; HAQ: Health Assessment Questionnaire; DAS28: 28-joint Disease Activity Score; VAS: visual analog scale.

were 65.6%, and 71.2% had at least 1 comorbidity. As for RTX involvement, 22.1% of the patients were receiving RTX as a monotherapy, 53.1% received RTX in combination with MTX, and 24.8% in combination with other nbDMARD. The mean baseline DAS28 was 6.2 (SD 1.1) and the mean baseline HAQ score was 2.0 (SD 0.6).

For the anti-TNF failures, 57.4% had failed 1 anti-TNF drug while 33.7% had failed 2 of them (Table 2). The most recently stopped anti-TNF drug was etanercept in 43.0% of the patients, adalimumab in 38.0%, and infliximab in 14.4%. The reason for stopping the last anti-TNF drug was inefficacy in 43.2% of the patients.

Significant differences in baseline characteristics were found between cases of anti-TNF failure and anti-TNF-naive patients. Anti-TNF-naive patients were generally older and with shorter disease duration. They also tended to be men, to

have tried fewer nbDMARD, to have more comorbidities, and to be receiving RTX more commonly in combination with other nbDMARD rather than with MTX.

Treatment response. Six months after starting RTX, the mean change in DAS28 was -1.42 (95% CI -1.53 , -1.30) in the entire cohort. According to the EULAR criteria, 17.2% of the patients were good responders and 43.2% were moderate responders (Table 3). Disease remission was achieved by 8.1% of patients.

There were no significant differences in change in DAS28, EULAR response, and disease remission rates between RF-positive and RF-negative patients ($p = 0.09$, 0.20 , and 0.38 , respectively). The changes in DAS28, EULAR response, and disease remission rates were also similar in patients receiving RTX as a monotherapy, in combination with MTX, or in combination with other nbDMARD ($p = 0.86$, 0.82 , and 0.37 , respectively).

Predictors of treatment response at 6 months in anti-TNF failures. In multivariate analysis limited to patients who had experienced anti-TNF therapy failure, greater improvements in DAS28 were seen in patients with higher baseline DAS28 [coefficient 0.57 (95% CI -0.69, -0.46) per unit DAS28] and in patients positive for RF [-0.30 (95% CI -0.58, -0.03)]. However, higher HAQ scores [0.29 (95% CI 0.06, 0.52)] and female sex [0.45 (95% CI 0.12, 0.78)] were associated with

lesser improvement. Only older age (OR 0.72, 95% CI 0.53, 0.97) and baseline HAQ (OR 0.87, 95% CI 0.83, 0.92 per unit HAQ) were significantly associated with lower odds of disease remission. Of the 21 patients who failed all of the 3 anti-TNF therapies, none achieved disease remission.

Cases of anti-TNF failure versus anti-TNF-naive patients. The mean change in DAS28 was significantly better in anti-TNF-naive patients [-1.71 (95% CI -1.98, -1.44)] than in anti-TNF failures [-1.36 (95% CI -1.49, -1.23); $p = 0.03$; difference of 0.36 (95% CI 0.04, 0.67); Table 3]. Anti-TNF-naive patients also showed better EULAR response rates compared to patients who had experienced anti-TNF failure ($p = 0.06$). Disease remission was also more likely to be achieved in the anti-TNF-naive patients (14.2%) compared to cases of anti-TNF failure (6.9%; $p = 0.01$). However, after adjustment for propensity scores, no significant differences in the change in DAS28 (-0.20, 95% CI -0.54, 0.13) or proportion achieving disease remission (OR 1.35, 95% CI 0.60, 3.06) were found between anti-TNF-naive and cases of anti-TNF failure. The propensity score logistic model included age, disease duration, sex, comorbidities, number of previous nbDMARD, concurrent nbDMARD, RF status, baseline DAS28, baseline HAQ score, interaction between baseline HAQ and disease duration, and interaction between baseline HAQ and sex.

Table 2. Baseline biological drug history in cases of anti-TNF failure. All data are n (%).

History	Patients, n = 540
Ever had etanercept	238 (44.1)
Ever had infliximab	138 (25.6)
Ever had adalimumab	218 (40.4)
No. previous anti-TNF therapies	
1	310 (57.4)
2	182 (33.7)
3	21 (3.9)
Not recorded	27 (5.0)
Most recently stopped anti-TNF drug	
Etanercept	232 (43.0)
Infliximab	78 (14.4)
Adalimumab	205 (38.0)
Not recorded	25 (4.6)
Reason for stopping last biological therapy	
Inefficacy	233 (43.1)
Adverse events	117 (21.7)
Other	42 (7.8)
Not recorded	148 (27.4)

TNF: tumor necrosis factor.

DISCUSSION

In our observational study, we evaluated the clinical effectiveness of RTX in patients with RA 6 months after starting treatment, in routine clinical practice in the United Kingdom. In agreement with the results of the published clinical trials, we found that RTX is an effective treatment for patients with

Table 3. Response to rituximab 6 months after starting treatment.

Outcome	Entire Cohort, n = 646	Cases of Anti-TNF Failure, n = 540	Anti-TNF-naive Patients, n = 106	p^\dagger	RF-positive, n = 424	RF-negative, n = 203	$p^{\dagger\dagger}$	RTX + MTX, n = 343	RTX Monotherapy, n = 143	RTX + Other nbDMARD, n = 160	$p^\#$
Mean change in DAS28 (95% CI)	-1.42 (-1.53, -1.30)	-1.36 (-1.49, -1.23)	-1.71 (-1.98, -1.44)	0.03*	-1.49 (-1.63, -1.34)	-1.27 (-1.46, -1.07)	0.09*	-1.43 (-1.59, -1.28)	-1.43 (-1.69, -1.18)	-1.36 (-1.60, -1.12)	0.86**
EULAR response, n (%)											
Good	111 (17.18)	87 (16.11)	24 (22.64)		77 (18.16)	28 (13.79)		62 (18.08)	20 (13.99)	29 (18.13)	
Moderate	279 (43.19)	229 (42.41)	50 (47.17)	0.06***	187 (44.10)	85 (41.87)	0.20***	148 (43.15)	65 (45.45)	66 (41.25)	0.82***
None	256 (39.63)	224 (41.48)	32 (30.19)		160 (37.74)	90 (44.33)		133 (38.77)	58 (40.56)	65 (40.63)	
Achieving disease remission, n (%)											
Yes	52 (8.05)	37 (6.85)	15 (14.15)		38 (8.96)	14 (6.90)		24 (7.00)	11 (7.69)	17 (10.63)	
No	594 (91.95)	503 (93.15)	91 (85.85)	0.01***	386 (91.04)	189 (93.10)	0.38***	319 (93.00)	132 (92.31)	143 (89.38)	0.37***

† Test of significance between cases of anti-TNF failure and anti-TNF-naive patients. †† Between RF-negative and RF-positive patients. $^\#$ Among patients with different concurrent nbDMARD. * Two independent samples, t-test. ** One-way ANOVA. *** Pearson chi-squared test. TNF: tumor necrosis factor; RF: rheumatoid factor; RTX: rituximab; MTX: methotrexate; nbDMARD: nonbiological disease-modifying antirheumatic drugs; EULAR: European League Against Rheumatism; DAS28: 28-joint Disease Activity Score.

RA. Six months after starting RTX, the mean DAS28 scores significantly decreased (signifying improvement) by 1.42 (95% CI 1.53, 1.30) units. The decrease in disease activity was seen both in cases of anti-TNF failure and in anti-TNF-naïve patients. Sixty percent of the patients were EULAR responders (moderate or good). However, only 17% of the patients were good EULAR responders and only 8.1% of the patients achieved disease remission.

The response to RTX among the cases of anti-TNF failure was comparable to the results of a small observational study ($n = 20$) that reported a 6-month EULAR response of 60%¹⁵ (our results: 58.5%). However, the response in the REFLEX trial was slightly higher (65%)³. The higher mean baseline disease activity of patients in the REFLEX trial (6.9 ± 1.0 vs 6.2 ± 1.2 in our cohort) may explain that trial's higher response rates. In general, comparing the response of the current analysis with the response reported in clinical trials might be inappropriate, because of the different populations included in those trials with different baseline characteristics, especially in those characteristics that have been found to predict response.

After adjustment for propensity scores, the response to RTX in the cases of anti-TNF failure versus anti-TNF-naïve patients was similar. The unadjusted differences in response in anti-TNF-naïve patients may occur because the cases of anti-TNF failure had longer disease duration and had failed a larger number of previous nbDMARD, suggesting more-resistant disease. To date, no RCT have compared the response in cases of anti-TNF failure versus anti-TNF-naïve patients. However, one small observational study compared the response of these 2 populations ($n = 20$) and observed no significant difference in response as measured by change in DAS28 (1.8 vs 1.4). However, those patients were receiving RTX as monotherapy¹⁹. Another recent study of 40 anti-TNF-naïve patients and 63 cases of anti-TNF failure showed similar responses in univariate analysis ($p = 0.118$)¹¹. Similar responses were also reported in a study of 14 TNF-naïve patients and 81 cases of anti-TNF failure ($p = 1$)¹².

Patients receiving MTX with RTX showed a similar response to those receiving RTX as monotherapy or with other nbDMARD. These findings agree with the RCT of Edwards, *et al*⁴. Similar findings were reported in a retrospective observational study of 57 patients¹⁷. A recent retrospective study of 95 patients also reported similar EULAR response in patients treated with RTX + MTX and those treated with RTX alone¹². Given that sustained benefits over 2 years of followup were shown only in RTX + MTX therapy rather than RTX monotherapy²⁹, further observational studies are needed to confirm whether patients receiving RTX monotherapy will experience sustainability of response after successive treatments.

RF-positive status was found to be a significant predictor of the decrease in disease activity (-0.30 , 95% CI -0.58 , -0.03) but this was not found to translate into either a moder-

ate or a good EULAR response. This may be explained by the low coefficient (0.30) of the decrease in DAS28, which is < 0.6 , and so was translated to non-EULAR response. RTX acts by depleting B cells, which are believed to be the source of RF; therefore RTX may not act in RF-negative patients, and this may be why the first RCT of RTX included only RF-positive patients⁴. However, subsequent trials showed that RTX can work in both RF-negative and RF-positive patients^{3,5}, and that was the case in our cohort of patients.

In one study, RF positivity was found to be a significant predictor of EULAR moderate/good response to RTX (OR 7.5, 95% CI 2.216, 25.380)²¹. RF-positive patients also showed superior EULAR response to RTX compared to RF-negative patients in a recent retrospective observational study¹². Our results agree with those studies; however, RF positivity was only associated with a decrease in DAS28, but not in achieving EULAR response. Presence of other auto-antibodies may affect the results of this analysis, and lack of data on anticitrullinated protein antibodies (ACPA) may limit the effectiveness of these findings, because some of the RF-negative patients may be ACPA-positive and hence responding. ACPA has been reported to be a significant predictor of EULAR good response²⁰.

Higher baseline DAS28 was found to be a significant predictor of a reduction in DAS28 in cases of anti-TNF failure. Female sex and higher baseline HAQ score were significant predictors of nonresponse to RTX as measured by the decrease in disease activity. Previous results from the BSRBR identified high baseline HAQ as a significant predictor of EULAR nonresponse in patients with RA treated with anti-TNF therapies³⁰, suggesting that patients with high HAQ score are more likely to have irreversible disease. Lower baseline HAQ was found to be significantly associated with achieving ACR response ≥ 50 in 110 patients with RA treated with RTX; however, in the same study lower baseline HAQ was not associated with EULAR response criteria²¹.

Older patients, those with higher baseline HAQ, and patients for whom 3 anti-TNF agents had failed were less likely to achieve disease remission. Our model did not identify any positive predictors of remission. In general, the percentage of patients achieving remission was low (8.1%). Achieving disease remission after only a single course of RTX is probably not expected.

One of the key strengths of our analysis is the broad inclusion criteria of the patients studied, irrespective of their anti-TNF history, RF status, comorbidities, and concurrent nbDMARD use. These results reflect the current use of RTX for the treatment of RA in clinical practice in the United Kingdom. Although RTX is licensed for patients who had failed at least 1 anti-TNF therapy, 16.4% of the patients were found to be anti-TNF-naïve. This may be because those patients may have had a contraindication to anti-TNF therapies such as prior malignancy, presence of connective tissue disease, previous demyelination, previous joint sepsis, previ-

ous tuberculosis, or recurrent skin sepsis. Indeed, this may be why we found that anti-TNF-naive patients had more comorbidities than anti-TNF-failure patients. Interestingly, only 53.1% of all patients with RTX included in our analysis were receiving RTX in combination with MTX, as in the recommended license.

In line with most observational studies, missing data for some variables is a possible limitation of our analysis. However, the missing data in the variables included in the multivariate models did not exceed 10%. Other possible limitations might be that the decision to start RTX was left to the treating physician, and only 1 reason was assigned at the time for stopping the previous anti-TNF drug; however, in clinical practice, for some patients, the discontinuation of a therapy may have been for more than 1 reason.

Six months after starting the therapy, a first course of RTX was an effective treatment in patients with RA treated in routine clinical practice. The response was similar in cases of anti-TNF failure and in patients who were anti-TNF-naive. High baseline DAS28 and RF-positive status were significantly associated with a decrease in DAS28, while women and patients with high baseline disability were less likely to respond to RTX.

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