

Effect of Multidomain Disease Presentations on Patients With Psoriatic Arthritis in the Corrona Psoriatic Arthritis/Spondyloarthritis Registry

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ABSTRACT. *Objective.* To compare disease characteristics, quality of life (QOL), and work productivity of patients with psoriatic arthritis (PsA) who had multidomain vs single-domain presentations.

Methods. Adults with PsA enrolled in the Corrona PsA/Spondyloarthritis Registry (March 2013–August 2018) were included. Six PsA disease domains were evaluated: enthesitis, dactylitis, peripheral arthritis (PA), nail psoriasis, axial disease, and skin disease. Patients were classified as having multidomain (≥ 2 domains) or single-domain disease presentations; biologic initiators were characterized separately. Linear regression models evaluated the association of multidomain presentations with disease characteristics, QOL, and work productivity vs single-domain presentations.

Results. Of 2617 patients with PsA, 1698 (64.9%) had multidomain presentations, 617 (23.6%) had single-domain presentations, and 302 (11.5%) had no active disease features. Of 354 biologic initiators, 289 (81.6%) had multidomain presentations, 45 (12.7%) had single-domain presentations, and 20 (5.6%) had no active disease features. Overall, the most common single-domain and multidomain presentations, respectively, were skin disease (12.7%) and PA + skin disease (11.7%). Multidomain presenters were more likely to have fibromyalgia, depression, anxiety, and prior biologic use than single-domain presenters. Multidomain presentations were associated with significantly worse patient and physician global assessments of disease activity, pain, and fatigue; Health Assessment Questionnaire–Disability Index and EuroQol 5-dimension scores; and work productivity at enrollment.

Conclusion. In this US real-world cohort, most patients had multidomain disease presentations, which was associated with worse disease activity, QOL, and work productivity measures. This study highlights the heterogeneity of PsA and the importance of assessing all PsA domains for optimizing disease management.

Key Indexing Terms: epidemiology, GRAPPA, inflammation, psoriatic arthritis, registries

Psoriatic arthritis (PsA) is a heterogeneous, systemic inflammatory rheumatic disease with articular and extraarticular manifestations, including axial skeleton disorders, nail and skin conditions, peripheral joint inflammation, enthesitis, and/

or dactylitis¹. These manifestations can emerge either alone or in combination, resulting in pain, impaired physical function, and poor quality of life (QOL)^{2,3,4}. PsA is frequently associated with psoriasis; 10–40% of patients with psoriasis may go on to

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develop PsA^{4,5,6}. The Group for Research and Assessment of Psoriasis and Psoriatic Arthritis (GRAPPA) and the European League Against Rheumatism have developed guidelines for the treatment and management of patients with PsA based on the different clinical manifestations of PsA^{7,8,9}. A PsA core set of domains for measurement in clinical trials and longitudinal observational studies was originally developed in 2006¹⁰ and updated in 2016 by GRAPPA with recommendations from the Outcome Measures in Rheumatology² to incorporate both physician and patient perspectives³. The development of an updated PsA core domain set emphasizes the need to measure a wide spectrum of disease manifestations to optimize management of patients with PsA.

PsA domain presentations are often heterogeneous, ranging from single to multiple disease domains¹¹. Because the frequency, type, and severity of the disease domains may affect treatment effectiveness and disease outcomes, careful consideration of the disease domain by the clinician may be critical for choosing the appropriate treatment¹². There are limited real-world studies examining disease domain presentation among patients with PsA; our group has previously characterized patients with PsA affected in a single domain^{13,14}. The objective of this study was to describe the epidemiology and patterns of disease domain presentations among patients with PsA and investigate the association of PsA symptoms, QOL, and work productivity among patients with PsA with single-domain vs multidomain disease presentation.

MATERIALS AND METHODS

Data source. The Corrona Psoriatic Arthritis/Spondyloarthritis (PsA/SpA) Registry is a large, independent, prospective, observational cohort of patients diagnosed with PsA or SpA by a rheumatologist. Patients were recruited from 44 private and academic practice sites across 27 states in the United States, with 52 participating rheumatologists. As of June 30, 2019, data on approximately 3939 patients with PsA/SpA had been collected. The Corrona PsA/SpA Registry includes information on 15,806 patient visits, with approximately 8423 patient-years of follow-up, with a mean time of patient follow-up of 2.9 years (median 2.4 yrs). The study protocol was approved by a central institutional review board (IRB; New England Independent Review Board, NEIRB No. 120160070) for private practice sites and the local governing IRBs of participating academic sites. All research was conducted in compliance with the Declaration of Helsinki of 1964 and all later amendments. All registry subjects were required to provide written informed consent and authorization prior to participating.

Study design and population. This was a cross-sectional observational study that included all adult patients with PsA enrolled in the Corrona PsA/SpA Registry between March 21, 2013, and August 1, 2018. Patients were required to meet the Classification Criteria for Psoriatic Arthritis at registry enrollment¹⁵. Data were collected at the enrollment visit and included patient demographics, clinical characteristics, disease activity, QOL, and Work Productivity and Activity Impairment (WPAI) measures.

Study assessments. Patients were categorized into 6 disease domains at their enrollment visit based on the following definitions (patients may have been categorized into > 1 domain):

- Enthesitis: patients with Spondyloarthritis Research Consortium of Canada enthesitis count > 0
- Dactylitis: patients with peripheral dactylitis count > 0
- Peripheral arthritis (PA): patients with tender joint counts and/or swollen joint counts > 0
- Nail psoriasis: patients with global nail psoriasis severity visual analog scale (VAS) > 0

- Axial disease: patients with a physician-reported presence of spinal involvement at time of registry enrollment, based on clinical judgment of features thought to be representative of active inflammatory spondylitis and/or radiographs or magnetic resonance imaging (MRI) showing sacroiliitis such as sacroiliitis grade > 2 bilaterally or grades 3–4 unilaterally by radiograph, active (acute) inflammation on MRI highly suggestive of SpA-associated sacroiliitis, definite radiographic sacroiliitis according to modified New York criteria, and other evidence of sacroiliitis on imaging
- Skin disease: patients with > 0% body surface area affected by psoriasis.

The most common active domain presentations were characterized and the number of patients presenting with single vs multiple disease domains were examined. For each disease domain, the frequency of patients who presented with ≥ 1 active disease domain was calculated. Additionally, those who initiated a biologic at enrollment were examined separately for comparison. Patients who did not meet the definition for any active disease domain were classified as having no active disease features.

Statistical analysis. Categorical variables were summarized using frequency counts and percentages. Continuous variables were summarized using the number of observations, mean, and SD. Within the total PsA cohort and the biologic initiator cohort, baseline demographics, clinical characteristics, and patient-reported outcome measures were compared between the multi-domain and single-domain cohorts using chi-square tests or Fisher exact tests for categorical variables and *t*-tests or Wilcoxon rank-sum tests for continuous variables. The most common mutually exclusive disease presentations among all patients with PsA and those who initiated biologics were summarized using frequency counts and percentages. Separate univariable and multivariable linear regression models evaluated the association of the presence of multidomain presentations with selected PsA disease characteristics, QOL, and work productivity measures relative to single-domain presentations among the total PsA population. Multivariable models were adjusted for age, sex, race, BMI, disease duration, current and prior biologic, conventional synthetic disease-modifying antirheumatic drug (csDMARD), and prednisone use. All statistical analyses were performed using Stata, version 15 (StataCorp)¹⁶.

RESULTS

Epidemiology of all patients at enrollment. A total of 2617 patients with PsA were enrolled in the Corrona PsA/SpA Registry at the time of this analysis, of whom 354 (13.5%) initiated a biologic at registry enrollment (Supplementary Table 1, available with the online version of this article). Of the 2617 patients in the overall population, 2315 (88.5%) had ≥ 1 active domain presentation at enrollment; 1814 (69.3%) presented with skin disease, 1523 (58.2%) with PA, 1042 (39.8%) with nail psoriasis, 539 (20.6%) with enthesitis, 319 (12.2%) with axial disease, and 235 (9.0%) with dactylitis. Of the 354 patients who initiated a biologic at enrollment, 334 (94.4%) had ≥ 1 active domain presentation at enrollment; 273 (77.1%) presented with PA, 267 (75.4%) with skin disease, 159 (44.9%) with nail psoriasis, 115 (32.5%) with enthesitis, 70 (19.8%) with dactylitis, and 64 (18.1%) with axial disease. The frequency of other active disease domains present at enrollment in combination with each active disease domain among all patients with PsA who had ≥ 1 active domain ($n = 2315$) and among biologic initiators who had ≥ 1 active domain ($n = 334$) is shown in Figure 1A and Figure 1B, respectively.

Regarding the frequency of active PsA domain presentations by number of domains affected among all patients with PsA, 1698 patients (64.9%) had ≥ 2 domain presentations, 617

(23.6%) had single-domain presentations, and 302 (11.5%) had no active presentations (Figure 2A). The most common disease presentations were skin disease only (12.7%), PA + skin disease (11.7%), and PA + nail psoriasis + skin disease (10.3%; Figure 2B). Overall, 6.8% of patients were reported to have PA only. Among all 354 biologic initiators, 289 (81.6%) had ≥ 2 domain presentations, 45 (12.7%) had single-domain presentations, and 20 (5.6%) had no active presentations (Figure 2C). The most common disease presentations were PA + nail psoriasis + skin disease (11.6%), PA + skin disease (11.3%), enthesitis +

PA + nail psoriasis + skin disease (8.8%), and enthesitis + PA + skin disease (5.9%; Figure 2D). A total of 5.9% of biologic initiators were reported to present with PA only.

Characterization of single-domain and multidomain disease presentations: demographics and disease characteristics at enrollment. Among all patients with PsA manifesting single-domain vs multidomain presentations, the mean (SD) ages were 54.5 (12.9) vs 53.5 (13.2) years, and 51.5% vs 53.7% were women, respectively. Patients with multidomain presentations were more likely to have psoriasis, nail psoriasis, depression, fibromyalgia,

A

Concurrent Active Domains, n (%)	Active PsA Disease Domain					
	Enthesitis (n = 539)	Dactylitis (n = 235)	PA (n = 1523)	Nail Psoriasis (n = 1042)	Axial Disease (n = 319)	Skin Disease (n = 1814)
Enthesitis	539 (100)	66 (28.1)	465 (30.5)	285 (27.4)	110 (34.5)	423 (23.3)
Dactylitis	66 (12.2)	235 (100)	210 (13.8)	125 (12.0)	26 (8.2)	195 (10.7)
PA	465 (86.3)	210 (89.4)	1523 (100)	699 (67.1)	214 (67.1)	1150 (63.4)
Nail Psoriasis	285 (52.9)	125 (53.2)	699 (45.9)	1042 (100)	160 (50.2)	848 (46.7)
Axial Disease	110 (20.4)	26 (11.1)	214 (14.1)	160 (15.4)	319 (100)	233 (12.8)
Skin Disease	423 (78.5)	195 (83.0)	1150 (75.5)	848 (81.4)	233 (73.0)	1814 (100)

B

Concurrent Active Domains, n (%)	Active PsA Disease Domain					
	Enthesitis (n = 115)	Dactylitis (n = 70)	PA (n = 273)	Nail Psoriasis (n = 159)	Axial Disease (n = 64)	Skin Disease (n = 267)
Enthesitis	115 (100)	25 (35.7)	104 (38.1)	62 (39.0)	27 (42.2)	95 (35.6)
Dactylitis	25 (21.7)	70 (100)	64 (23.4)	33 (20.8)	10 (15.6)	57 (21.3)
PA	104 (90.4)	64 (91.4)	273 (100)	131 (82.4)	48 (75.0)	217 (81.3)
Nail Psoriasis	62 (53.9)	33 (47.1)	131 (48.0)	159 (100)	33 (51.6)	141 (52.8)
Axial Disease	27 (23.5)	10 (14.3)	48 (17.6)	33 (20.8)	64 (100)	50 (18.7)
Skin Disease	95 (82.6)	57 (81.4)	217 (79.5)	141 (88.7)	50 (78.1)	267 (100)

Figure 1. Frequency of other concurrently active disease domains in patients presenting with each active disease domain among (A) all patients with PsA and ≥ 1 affected domain (n = 2315) and (B) biologic initiators with ≥ 1 affected domain (n = 334) at registry enrollment. Heat map represents the frequency of any 2 domain combinations by the range of blue shades, with the darkest blue specifying the highest frequency and the lightest blue specifying the lowest frequency of combinations. PA: peripheral arthritis; PsA: psoriatic arthritis.

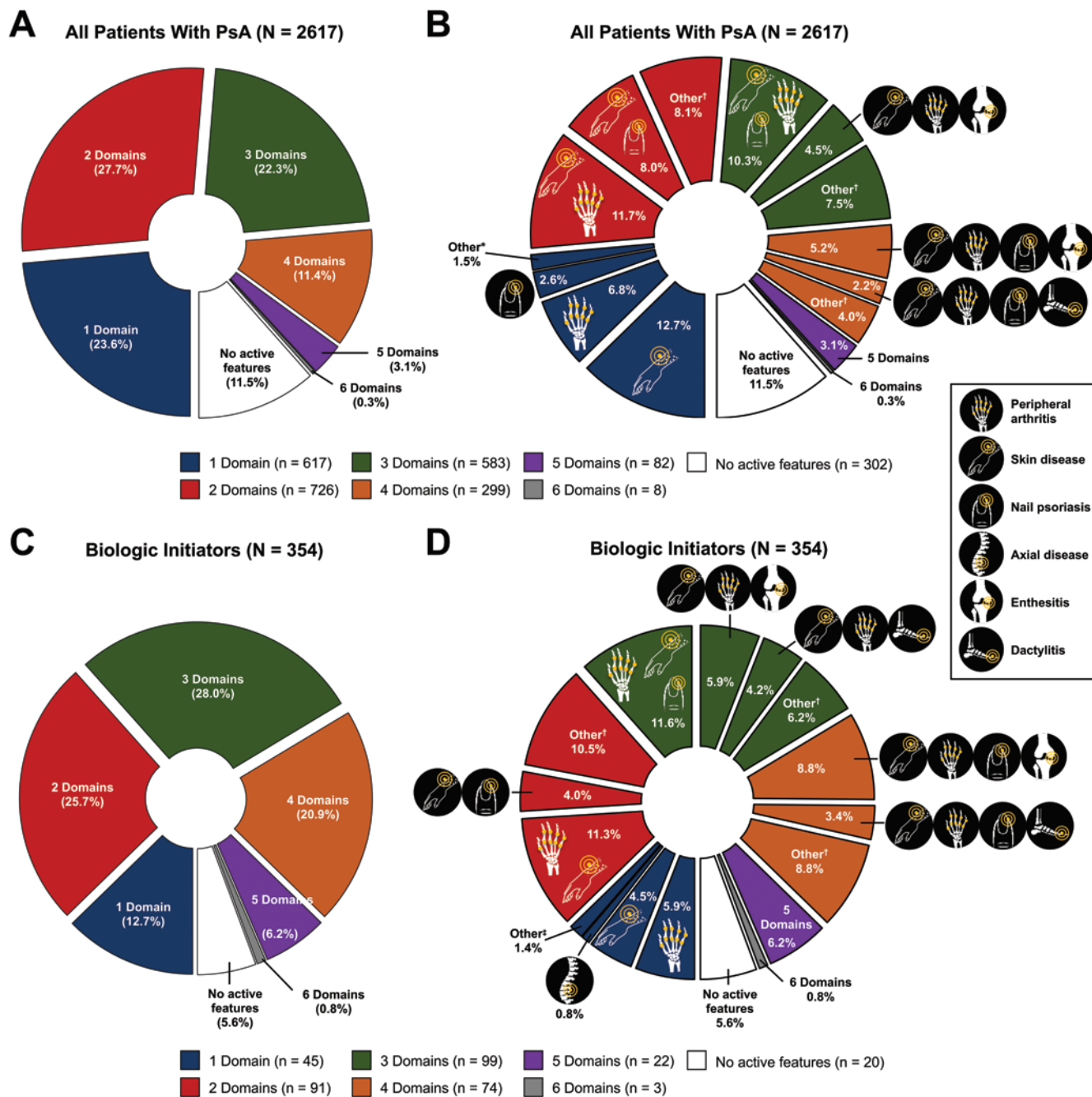


Figure 2. Frequency of most common active PsA domain presentations by number of domains affected among (A, B) all patients with PsA (n = 2617) and (C, D) biologic initiators (n = 354). * “Other” presentations include axial disease, enthesitis, and dactylitis. † “Other” presentations include all other combinations of ≥ 2 domains not shown in the figure. ‡ “Other” presentations include nail psoriasis, enthesitis, and dactylitis. PsA: psoriatic arthritis.

anxiety, and a history of biologic use than were patients with single-domain presentations (all $P < 0.05$; Table 1).

Among biologic initiators with single-domain vs multidomain presentations, the mean (SD) ages were 52.5 (12.7) vs 51.5 (13.2) years, and 47.7% and 52.2% were women, respectively. Biologic initiators with multidomain presentations were more likely to have nail psoriasis, depression, psoriasis, and current csDMARD use than were biologic initiators with single-domain presentations (all $P < 0.05$; Table 1).

Disease activity, QOL, and work productivity at enrollment. As expected, patients with multidomain presentations had worse overall disease activity compared with those with single-domain presentations in unadjusted comparisons both for patients with PsA overall and for biologic initiators (Table 2). Additionally, multidomain presenters were more likely to have worse physical function as measured by Health Assessment Questionnaire–Disability Index (HAQ-DI), QOL as measured by the EuroQol 5-dimensions questionnaire (EQ-5D) and EQ VAS scores, and

Table 1. Demographics, treatment profiles, and disease activity at enrollment for patients with multidomain vs single-domain PsA disease presentations.

Characteristic ^a	All Patients With PsA, N = 2315			Biologic Initiators, N = 334		
	Single Domain ^b , n = 617	Multidomain, n = 1698	P*	Single Domain ^b , n = 45	Multidomain, n = 289	P*
Age, yrs, mean (SD) [n]	54.5 (12.9) [607]	53.5 (13.2) [1678]	0.20	52.5 (12.7) [45]	51.5 (13.2) [289]	0.65
Female, n/N (%)	314/610 (51.5)	907/1689 (53.7)	0.35	21/44 (47.7)	151/289 (52.2)	0.58
Race, n (%)	n = 596	n = 1655	0.04	n = 43	n = 285	0.34
White	572 (96.0)	1548 (93.5)		42 (97.7)	256 (89.8)	
Black	4 (0.7)	9 (0.5)		0 (0.0)	4 (1.4)	
Other	20 (3.4)	98 (5.9)		1 (2.3)	25 (8.8)	
BMI, mean (SD) [n], kg/m ²	31.3 (7.6) [600]	32.0 (7.4) [1658]	< 0.01	33.6 (11.9) [45]	31.4 (7.3) [287]	0.69
Symptom duration, yrs, mean (SD) [n]	11.0 (9.7) [594]	11.3 (10.7) [1651]	0.51	7.3 (9.0) [44]	9.1 (9.9) [286]	0.12
Disease duration, yrs, mean (SD) [n]	8.5 (8.1) [598]	7.7 (8.8) [1662]	< 0.01	6.1 (8.9) [44]	6.0 (7.5) [285]	0.59
History of psoriasis, n (%)	520 (84.3)	1537 (90.5)	< 0.01	33 (73.3)	247 (85.5)	0.04
History of nail psoriasis, n (%)	81 (13.1)	602 (35.5)	< 0.01	4 (8.9)	85 (29.4)	< 0.01
History of comorbidities, n (%)						
Hypertension	223 (36.1)	679 (40.0)	0.09	17 (37.8)	107 (37.0)	0.92
Hyperlipidemia	137 (22.2)	433 (25.5)	0.10	8 (17.8)	68 (23.5)	0.39
Metabolic syndrome	91 (14.7)	282 (16.6)	0.28	4 (8.9)	44 (15.2)	0.26
Diabetes mellitus	93 (15.1)	252 (14.8)	0.89	4 (8.9)	37 (12.8)	0.46
Cardiovascular disease	70 (11.3)	205 (16.5)	0.63	1 (2.2)	32 (11.1)	0.10
Depression	57 (9.2)	280 (16.5)	< 0.01	2 (4.4)	52 (18.0)	0.02
Any cancer (excluding NMSC)	36 (5.8)	138 (8.1)	0.06	3 (6.7)	21 (7.3)	1.00
Serious infections	34 (5.5)	99 (5.8)	0.77	3 (6.7)	16 (5.5)	0.73
Fibromyalgia	23 (3.7)	114 (6.7)	< 0.01	0	20 (6.9)	0.09
Anxiety	12 (1.9)	65 (3.8)	0.03	2 (4.4)	18 (6.2)	1.00
Uveitis	5 (0.8)	16 (0.9)	0.07	0	7 (2.4)	0.60
Crohn disease	4 (0.6)	19 (1.1)	0.31	1 (2.2)	5 (1.7)	0.58
Ulcerative colitis	4 (0.6)	16 (0.9)	0.50	0	1 (0.3)	1.00
History of biologic use, n (%)	151 (24.5)	561 (33.0)	< 0.01	22 (48.9)	154 (53.3)	0.58
History of csDMARD use, n (%)	151 (24.5)	478 (28.2)	0.08	12 (26.7)	112 (38.8)	0.12
History of prednisone use, n (%)	83 (13.5)	230 (13.5)	0.95	10 (22.2)	60 (20.8)	0.82
Current biologic use, n (%)	378 (61.3)	980 (57.7)	0.13	45 (100.0)	289 (100.0)	—
Current csDMARD use, n (%)	339 (54.9)	859 (50.6)	0.06	24 (53.3)	104 (36.0)	0.03
Current prednisone use, n (%)	42 (6.8)	122 (7.2)	0.75	9 (20.0)	30 (10.4)	0.06

^a All values were calculated based on available data. For continuous variables, [n] represents the number of patients with data available. ^b Single-domain disease presentations for PsA overall (N = 617) included skin disease (53.8%), peripheral arthritis (29.0%), nail psoriasis (10.9%), axial disease (3.4%), enthesitis (1.8%), and dactylitis (1.1%). Single-domain disease presentations for biologic initiators (N = 45) included peripheral arthritis (46.7%), skin disease (35.6%), axial disease (6.7%), nail psoriasis (4.4%), enthesitis (4.4%), and dactylitis (2.2%). * Wilcoxon rank-sum test or *t*-test for continuous variables and chi-square or Fisher exact test for categorical variables. csDMARD: conventional synthetic disease-modifying antirheumatic drug; NMSC: nonmelanoma skin cancer; PsA: psoriatic arthritis.

work and activity impairment as assessed by the WPAI questionnaire, respectively, than patients with single-domain presentations (Figure 3).

Unadjusted and adjusted associations of single-domain vs multidomain presentations with disease activity, QOL, and WPAI. In univariable linear models, there was an overall association between the presence of a multidomain presentation and significantly worse patient and physician global assessment of disease, patient-reported pain and fatigue, HAQ-DI and EQ-5D scores, and work productivity and activity at enrollment (all *P* < 0.05; data not shown). These associations remained significant after adjusting for age, sex, race, BMI, disease duration, current and prior biologic, csDMARD, and prednisone use (Figure 4). The

presence of a multidomain disease presentation was associated with an increased value for all evaluated variables compared with single-domain disease presentations.

DISCUSSION

Using real-world data, our results illustrate the heterogeneity and complexity of PsA. Nearly two-thirds (64.9%) of the patients with PsA enrolled in the Corrona PsA/SpA Registry had multidomain disease presentations. Approximately one-tenth of patients (11.5%) had no active disease features at time of enrollment; these patients could have been well controlled with treatment and not have had any active disease manifestations at the time of enrollment. Further, a multidomain presentation was

Table 2. Disease activity at enrollment for patients with multidomain vs single-domain PsA disease presentations.

Characteristic ^a	All Patients With PsA, N = 2315		Biologic Initiators, N = 334	
	Single Domain ^b , n = 617	Multidomain, n = 1698	Single Domain ^b , n = 45	Multidomain, n = 289
Enthesitis, n (%)	11 (1.8)	528 (31.1)	2 (4.4)	113 (39.1)
SPARCC Enthesitis Index (1–16)	2.1 (1.5) [11]	3.8 (2.9) [528]	1.5 (0.7) [2]	3.6 (3.0) [113]
Dactylitis, n (%)	7 (1.1)	228 (13.4)	1 (2.2)	69 (23.9)
Dactylitis count (1–20)	1.3 (0.5) [7]	2.4 (2.1) [228]	2.0 (NA) [1]	2.5 (1.9) [69]
Tender joint count (1–68)	5.7 (6.9) [155]	8.7 (10.2) [1226]	6.8 (7.4) [20]	9.1 (9.5) [240]
Swollen joint count (1–66)	4.0 (4.0) [127]	4.8 (4.9) [966]	4.5 (4.5) [18]	6.2 (5.4) [199]
Nail psoriasis VAS (1–100)	13.3 (18.8) [67]	19.1 (22.5) [975]	26.0 (33.9) [2]	27.3 (26.2) [157]
DAPSA	11.6 (10.1) [337]	22.3 (17.5) [950]	16.8 (13.0) [31]	26.8 (19.2) [189]
DAPSA group, n (%)	n = 337	n = 950	n = 31	n = 189
Remission	79 (23.4)	53 (5.6)	3 (9.7)	6 (3.2)
Low	165 (49.0)	292 (30.7)	15 (48.4)	44 (23.3)
Moderate	69 (20.5)	359 (37.8)	9 (29.0)	69 (36.5)
High	24 (7.1)	246 (25.9)	4 (12.9)	70 (37.0)
PASDAS	2.8 (1.2) [325]	4.1 (1.4) [923]	3.7 (1.0) [32]	4.7 (1.4) [185]
PASDAS group, n (%)	n = 325	n = 923	n = 32	n = 185
Inactive	198 (60.9)	258 (28.0)	9 (28.1)	27 (14.6)
Moderate	80 (24.6)	215 (23.3)	12 (37.5)	33 (17.8)
Active	45 (13.8)	375 (40.6)	10 (31.3)	98 (53.0)
Very active	2 (0.6)	75 (8.1)	1 (3.1)	27 (14.6)
PGA (VAS 0–100)	10.9 (15.0) [612]	24.3 (21.4) [1686]	22.6 (19.4) [45]	36.4 (21.5) [287]
PGA of psoriasis (VAS 0–100)	12.9 (15.0) [594]	28.0 (22.6) [1661]	24.9 (20.6) [42]	41.6 (22.0) [284]

^a All values were calculated based on available data and are presented as mean (SD) [n] unless otherwise stated; [n] represents the number of patients with data available. ^b Single-domain disease presentations for PsA overall (N = 617) included skin disease (53.8%), peripheral arthritis (29.0%), nail psoriasis (10.9%), axial disease (3.4%), enthesitis (1.8%), and dactylitis (1.1%). Single-domain disease presentations for biologic initiators (N = 45) included peripheral arthritis (46.7%), skin disease (35.6%), axial disease (6.7%), nail psoriasis (4.4%), enthesitis (4.4%), and dactylitis (2.2%). DAPSA: Disease Activity in Psoriatic Arthritis; NA: not available; PASDAS: Psoriatic Arthritis Disease Activity Score; PGA: physician global assessment; PsA: psoriatic arthritis; SPARCC: Spondyloarthritis Research Consortium of Canada; VAS: visual analog scale.

associated with worse disease activity, QOL, and work productivity measures compared with single-domain disease presentations. We also characterized disease presentations among 354 patients who initiated a biologic at the time of enrollment. Biologic initiators may be more reflective of patients with active disease because they had a higher prevalence of multidomain disease presentations at enrollment (81.6%) than did the overall population of patients with PsA in this study. This analysis provides a unique view of the effect of single-domain vs multidomain PsA presentations from a broad geographic distribution across the USA, both at the time of registry enrollment and at initiation of a biologic therapy. These results highlight the wide spectrum of disease presentations among patients with PsA. Evaluation of the active disease domains is important for the development of an effective disease management plan.

The heterogeneity of PsA can complicate diagnosis, evaluation, and management of the disease¹². Prior real-world studies have focused on characterizing patients who presented with a single active domain or 2 affected domains instead of reporting multiple disease domain presentations in individual patients with PsA^{13,14,17}. Associations between individual single-domain presentations and greater overall disease burden and poorer QOL were previously reported^{13,14,17}. Additionally, several studies have indicated a close link between nail psoriasis, dactylitis, and enthesitis^{18,19}, and in other studies, presence of

PA predicted the development of erosive and deforming disease over time in prospective studies involving patients with PsA^{20,21}. Taken together, these studies indicate that each of these singular core domains may have meaning for long-term outcomes. While these are important studies, ours adds to the literature the comparison of multidomain vs single-domain presentations and demonstrates that a multidomain presentation is associated with worse disease activity, QOL, and work productivity measures.

The goals of therapy for all patients with PsA include the achievement of the lowest possible level of disease activity in all disease domains, optimization of patient functional status, improvement in QOL, prevention of structural damage to the greatest extent possible, and avoidance or minimization of complications, both from untreated active disease and from therapy⁷. Treatment may differ depending on the PsA domains affected^{7,8,9}. Current clinical trials focus on measures of PA as the primary outcome measure, although many have included measures of skin disease as key secondary outcome measures^{22–30}. Most available agents also effectively treat enthesitis and dactylitis in patients with PsA^{24,25,27,29,31–38}. Some therapies have also demonstrated efficacy in improving nail symptoms^{39,40,41,42,43,44}. To date, only secukinumab has been evaluated in a large phase IIIb study in patients with axial involvement in PsA⁴⁵, although in general, the tumor necrosis factor inhibitors and interleukin 17A inhibitors are effective in treating ankylosing spondylitis

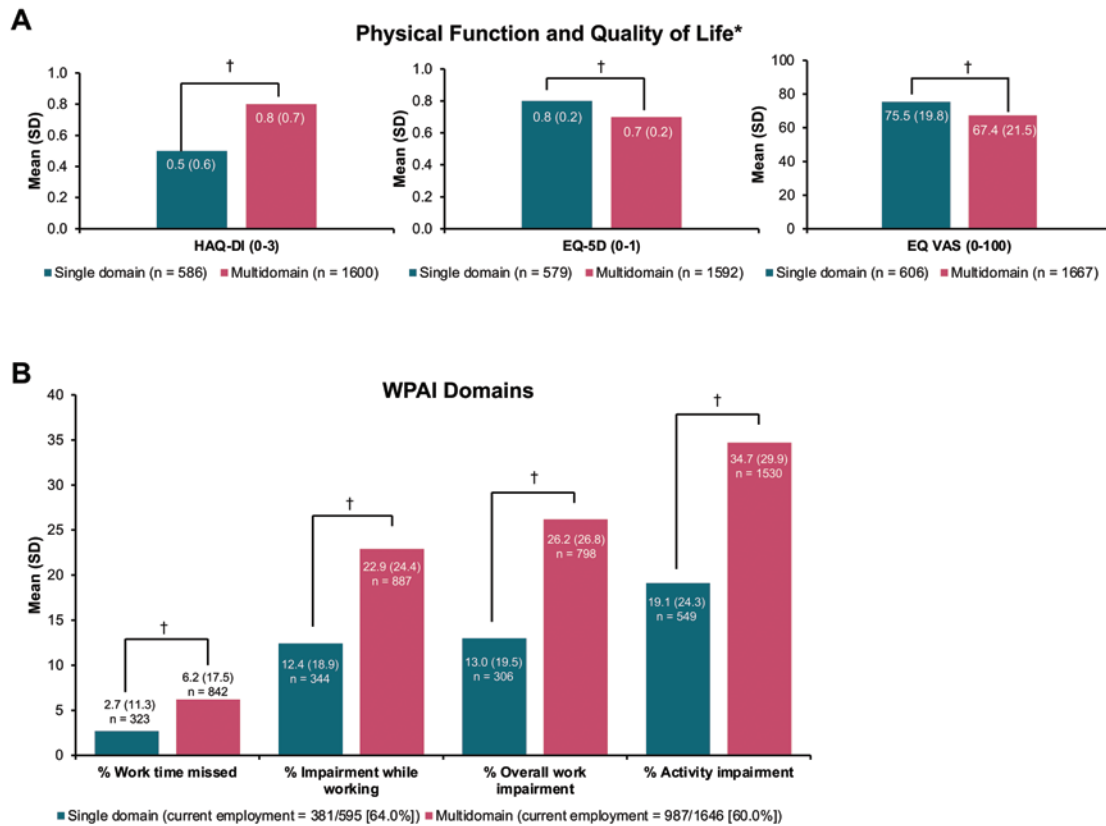


Figure 3. Overall (A) physical function and quality of life and (B) WPAI at enrollment for patients with multidomain vs single-domain PsA disease presentations. * For HAQ-DI, higher scores indicate worse physical function. For EQ-5D and EQ VAS, lower scores indicate worse health status. † $P < 0.05$. EQ-5D: EuroQol 5-dimensions questionnaire; EQ VAS: EuroQol visual analog scale; HAQ-DI: Health Assessment Questionnaire–Disability Index; PsA: psoriatic arthritis; WPAI: Work Productivity and Activity Impairment.

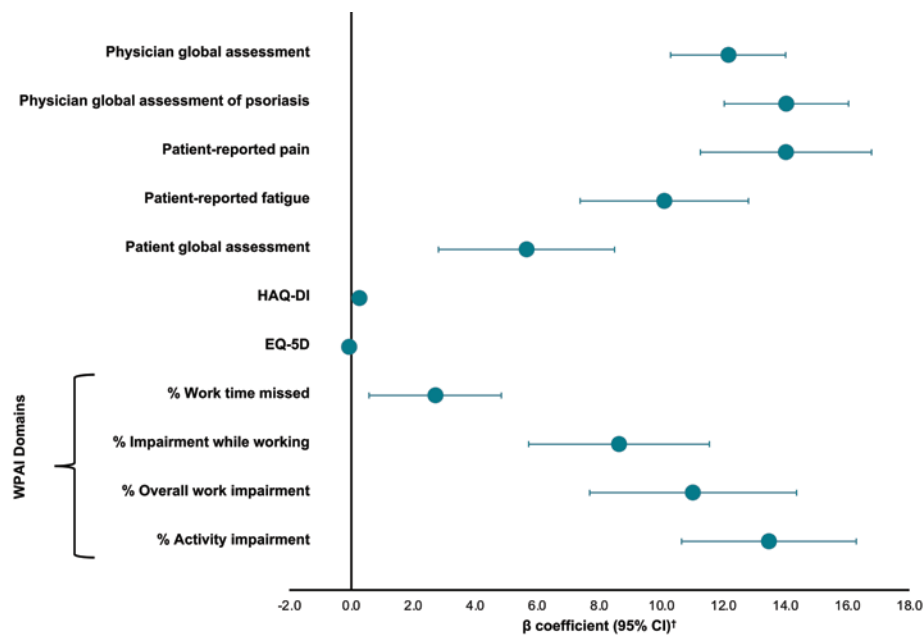


Figure 4. Multidomain vs single-domain effect on outcomes. Multivariable regression coefficients estimating the association of presence of multidomain presentations with selected PsA disease activity, quality of life, and work productivity and activity measures relative to single-domain presentations in patients with PsA. * $P < 0.05$. † Analyzed using multivariable regression coefficients adjusted for age, sex, race, BMI, disease duration, and current and prior biologic, csDMARD, and prednisone use. csDMARD: conventional synthetic disease-modifying antirheumatic drug; EQ-5D: EuroQol 5-dimensions questionnaire; HAQ-DI: Health Assessment Questionnaire–Disability Index; PsA: psoriatic arthritis; WPAI: Work Productivity and Activity Impairment.

and are assumed to work in axial PsA as well. The optimal therapy selection is based on the domains involved and the severity of each domain⁴⁶.

Some study limitations should be noted. Because the data source was a US registry in which clinician investigators enroll their patients, results may not be generalizable to all patients with PsA. Domains were physician-reported and may not reflect all PsA presentations experienced by patients. Because the Corrona registry examines patients in the course of routine clinical practice, data on domain presentation in patients who were receiving treatment may be underreported. Biologic initiators likely represent patients with an inadequate response to their previous treatment; because these patients were starting a new biologic at the time of enrollment, assessment of disease activity may not have been as confounded as in those patients who were already being treated at the time of enrollment, which may provide a more accurate reflection of the prevalence of disease domains. This was a descriptive analysis; therefore, certain factors such as treatment may not be accounted for, which may lead to the underrepresentation of the prevalence of domain presentations.

In summary, this study highlights the heterogeneity of PsA and demonstrates that the majority of patients with PsA in a US real-world setting presented with multiple active disease domains. These multidomain presentations are associated with increased clinical burden, including worse disease activity, QOL, and work productivity measures. Future studies can build on these results to identify clusters of domains that may affect response to individual therapies. As a first step, however, increased physician awareness of the heterogeneity of disease presentations among patients with PsA is important for optimizing disease management.

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ONLINE SUPPLEMENT

Supplementary material accompanies the online version of this article.

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