

Supplementary Table 1A: Skin items in first survey. No items were agreed for inclusion by either patients or doctors.

Skin items – Please rate the ability of each item to identify flare. A recent change in:	Patients	Doctors	Patient/doctor concordance about inclusion/exclusion
Soreness of my skin	DK	DK	N
Feelings of embarrassment/self consciousness about my skin	D	DK	N
Feeling miserable about my skin	DK	DK	N
Itchiness of my skin	DK	DK	N
Painfulness of my skin	D	DK	N
Self treatment of skin (use of creams and oils)	DK	DK	N
Location of psoriasis	DK	DK	N
Needing help to wash	D	DK	N
Feelings of intimacy, wanting to be touched	D	D	Y
Pitting in nails	DK	DK	N
Softness of nails	D	D	Y
Sensitivity of hands or soles of feet	DK	DK	N
Cover or hide skin more when in public	D	DK	N

A: agree (more than 70% scored the item 6 or above)

D: disagree (more than 70% scored the item as 5 or below)

DK: don't know (no consensus found)

Y = yes; N = no

Supplementary Table 1B: New skin items agreed in second survey.

Skin items – Please rate the ability of each item to identify flare. A recent change in:	Patients	Doctors	Patient/doctor concordance about inclusion/exclusion
Area/amount of skin affected	DK	A	N
Number, thickness, appearance or location of lesions	DK	A	N
Scaling/flakiness of my skin	DK	A	N
Redness of my skin	DK	A	N
Bleeding/crusting of my skin	DK	A	N

A: agree (more than 70% scored the item 6 or above)

D: disagree (more than 70% scored the item as 5 or below)

DK: don't know (no consensus found)

Y = yes; N = no

Supplementary Table 2A: Joint items in first survey.

Joint items – Please rate the ability of each item to identify flare. A recent change in:	Patients	Doctors	Patient/doctor concordance about inclusion/exclusion
Joint pain	A	A	Y
Location of symptoms (i.e., sudden increase in pain or swelling in hands/feet)	A	A	Y
The feeling of heat in joints	DK	DK	N
Early morning stiffness	DK	A	N
The number of inflamed joints	DK	A	N
The number of throbbing joints	DK	A	N
The number of burning joints	DK	DK	N
The number of tender and/or sore joints	A	A	Y
Tendon and ligament pain	DK	A	N
The number of aching joints	A	A	Y
Back pain status	DK	DK	N
The level of general comfort/discomfort	A	DK	N
The number or presence of frozen joints	DK	DK	N
The presence or degree of limping	DK	DK	N
The presence or degree of nausea and/or sickness	D	D	Y
The presence or degree of weak grip	DK	DK	N
The presence or degree of pressure sensitive joints	DK	DK	N
The presence or degree of numb joints	DK	D	N
The feeling of tightness in the joints	DK	DK	N

A: agree (more than 70% scored the item 6 or above)

D: disagree (more than 70% scored the item as 5 or below)

DK: don't know (no consensus found)

Y = yes; N = no

Supplementary Table 2B: New and/or previous joint items agreed in the second survey.

Joint items – Please rate the ability of each item to identify flare. A recent change in:	Patients	Doctors	Patient/doctor concordance about inclusion/exclusion
The presence or degree of pressure sensitive joints	A	A	Y
Swollen joints	A	A	Y
Night pain	A	A	Y

A: agree (more than 70% scored the item 6 or above)

D: disagree (more than 70% scored the item as 5 or below)

DK: don't know (no consensus found)

Y = yes; N = no

Supplementary Table 3: Emotional items in first survey. No new items or change in status of existing items occurred with second survey.

Emotional items – Please rate the ability of each item to identify flare. A recent change in:	Patients	Doctors	Patient/doctor concordance about inclusion/exclusion
Feelings of frustration and/or annoyance	DK	D	N
Feelings of depression and/or distress	DK	DK	N
Feelings of embarrassment	DK	DK	N
Feelings of fear and/or anxiety	DK	D	N
Cognition	D	D	Y
Feelings of tearfulness and/or crying or feeling down	DK	D	N
Level of worrying	DK	D	N
Feelings of anger	DK	D	N
Feeling that the situation is unbearable and/or wanting to remove oneself from the picture	D	DK	N
Feelings of grumpiness	DK	D	N
Feelings that you don't want to do anything and/or can't be bothered	DK	D	N
Feeling traumatised	D	D	Y
Feelings of uselessness	DK	D	N
Feelings of being fed up	DK	D	N
Feeling scared	D	D	Y
Feelings of irritability and/or moodiness	DK	D	N

A: agree (more than 70% scored the item 6 or above)

D: disagree (more than 70% scored the item as 5 or below)

DK: don't know (no consensus found)

Y = yes; N = no

Supplementary Table 4: Participation items in first survey. No new items or change in status of existing items occurred with second survey.

Participation items – Please rate the ability of each item to identify flare. A recent change in:	Patients	Doctors	Patient/doctor concordance about inclusion/exclusion
Motivation	DK	D	N
Level of independence	DK	DK	N
The ability to move easily	DK	DK	N
Engagement with hobbies	DK	DK	N
Functional abilities	DK	A	N
Ability to perform normal activities, e.g., activities of daily living	DK	A	N
Relationships	DK	D	N
Ability to concentrate	DK	D	N
Social and/or physical activities	DK	DK	N
Quality of life	DK	A	N
Ability to do job	DK	A	N
Wanting physical contact, e.g., being touched	D	D	Y
Feeling clumsy	DK	D	N

A: agree (more than 70% scored the item 6 or above)

D: disagree (more than 70% scored the item as 5 or below)

DK: don't know (no consensus found)

Y = yes; N = no

Supplementary Table 5A: Fatigue items in first survey.

Fatigue items – Please rate the ability of each item to identify flare. A recent change in:	Patients	Doctors	Patient/doctor concordance about inclusion/exclusion
Feeling tired	A	DK	N
Energy levels	A	DK	N
Weariness	A	DK	N
Sleep patterns or quality of sleep	A	DK	N
Feeling lethargic	A	DK	N
Feeling exhausted	A	DK	N
Feeling debilitated	DK	DK	N
Feeling slowed down	A	DK	N

A: agree (more than 70% scored the item 6 or above)

D: disagree (more than 70% scored the item as 5 or below)

DK: don't know (no consensus found)

Y = yes; N = no

Supplementary Table 5B: New and/or previous fatigue items agreed in the second survey.

Fatigue items – Please rate the ability of each item to identify flare. A recent change in:	Patients	Doctors	Patient/doctor concordance about inclusion/exclusion
Feeling debilitated	A	DK	N

A: agree (more than 70% scored the item 6 or above)

D: disagree (more than 70% scored the item as 5 or below)

DK: don't know (no consensus found)

Y = yes; N = no

Supplementary Table 6A: Unclassified items in first survey.

Unclassified items – Please rate the ability of each item to identify flare. A recent change in:	Patients	Doctors	Patient/doctor concordance about inclusion/exclusion
Appetite	DK	D	N
Weight	DK	D	N
Feeling flu like, e.g., viral response	DK	DK	N
Self medication/management	DK	DK	N
Blood results	D	DK	N
Unpredictable symptoms	D	D	Y
Self reported flare	DK	A	N
The timing of symptoms	D	DK	N
The duration of symptoms	DK	DK	N
The number or combination of symptoms	DK	DK	N

A: agree (more than 70% scored the item 6 or above)

D: disagree (more than 70% scored the item as 5 or below)

DK: don't know (no consensus found)

Y = yes; N = no

Supplementary Table 6B: New and/or previous unclassified items agreed in the second survey.

Unclassified items – Please rate the ability of each item to identify flare. A recent change in:	Patients	Doctors	Patient/doctor concordance about inclusion/exclusion
The duration of symptoms	DK	A	N
The number or combination of symptoms	A	A	Y

A: agree (more than 70% scored the item 6 or above)

D: disagree (more than 70% scored the item as 5 or below)

DK: don't know (no consensus found)

Y = yes; N = no