

Psoriatic Arthritis Sonographic Enthesitis Instruments: A Systematic Review of the Literature

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ABSTRACT. Objective. As part of the Group for Research and Assessment of Psoriasis and Psoriatic Arthritis (GRAPPA) ultrasound working group, we performed a systematic review of the literature to assess the evidence and knowledge gaps in scoring instruments of enthesitis in psoriatic arthritis (PsA).

Methods. A systematic search of PubMed, EMBase, and Cochrane databases was performed. The search strategy was constructed to find original publications containing terms related to ultrasound, enthesitis, spondyloarthritis (SpA) or PsA. Data extraction focused on the properties of the sonographic enthesitis instruments used in each study following components of the Outcome Measures in Rheumatology (OMERACT) filter: feasibility, test-retest reliability, construct validity as related to clinical assessment of enthesitis, biomarkers of inflammation and imaging of enthesitis by other modalities, discriminative validity, and responsiveness to treatment.

Results. Fifty-one of 310 identified manuscripts were included. Only 1 scoring instrument of enthesitis was specifically developed and validated in patients with PsA. Only 18 (35%) of the studies involved patients with PsA, while the remaining studies focused on SpA. In PsA, construct validity was assessed using biomarkers and clinical examination in 1 (2%) and 11 (21.5%) of the studies, respectively, whereas no studies used imaging for the same purpose. Only 2 (4%) of the studies assessed discriminative validity in PsA. Responsiveness to treatment was assessed in 7 studies, none of which included patients with PsA.

Conclusion. Although sonographic enthesitis scoring instruments have been developed for SpA, only a few have been validated in PsA. None of them passed the OMERACT filter in patients with PsA. Additional research is required before endorsing a specific instrument for the assessment of enthesitis in patients with PsA. (J Rheumatol First Release July 15 2018; doi:10.3899/jrheum.171466)

Key Indexing Terms:

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ENTHESITIS

SCORING INSTRUMENTS

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Enthesitis, the inflammation of the insertion of tendon, ligament, and capsule into the bone, is a prominent feature of spondyloarthritis (SpA), including psoriatic arthritis (PsA). The evaluation of enthesitis is conventionally conducted by clinical examination, a method with significant limitations, including low sensitivity and specificity. Imaging modalities including ultrasound (US) and magnetic resonance imaging (MRI) have gained interest in enthesitis evaluation. US can identify abnormalities at the enthesitis in high fidelity and may assist with the diagnosis and management of patients with SpA¹.

In 2014, the Outcome Measures in Rheumatology (OMERACT) US special interest group reached a consensus regarding the sonographic elementary lesions defining SpA-related enthesitis. The following sonographic lesions at the enthesitis were included: hypoechogenicity (loss of fibrillar architecture), thickening (compared to the body of the tendon), calcifications, enthesophytes (step-up of bony prominence), bone erosions (step-down with cortical break), and Doppler signal². This was an important first step toward

ensuring a high degree of consistency across studies using US to assess enthesitis. However, while this exercise defined the concept of sonographic enthesitis at the level of any given enthesitis, it did not address the issue of evaluating the extent of enthesitis at the patient level. In other words, it provided standard definitions for evaluating the presence of enthesitis at a specific site, such as Achilles tendon, but it did not provide a tool that can help the physician in quantifying the burden of enthesal involvement in a patient with PsA.

Several sonographic enthesitis instruments have been developed, mostly in patients with axial SpA (axSpA), to quantify the extent of enthesitis at the global patient level. Glasgow Ultrasound Enthesitis Scoring System (GUESS) assesses 5 enthesal sites in the lower extremities. The original GUESS does not include power Doppler vascularization³. The score developed by D'Agostino includes the assessment of sonographic enthesitis at 10 sites in the upper and lower extremity sites as in GUESS⁴. Sonographic Enthesal Index (SEI) involves the assessment of the same 5 enthesal sites as in GUESS but includes a distinction between chronic enthesal lesions, such as erosions and calcifications, and acute enthesal lesions, such as increased thickening and hypoechogenicity⁵. The Madrid Sonographic Enthesitis Index (MASEI) is a weighted score that assesses 6 enthesal sites. MASEI assigns higher scores to erosions, larger enthesophytes, and Doppler signal compared with other elementary lesions. The Belgrade Ultrasound Enthesitis Score (BUSES) evaluates 6 sites⁶. Lastly, Ultrasound composite scores for the assessment of inflammatory and structural pathologies in PsA (PsASon) score is not exclusively an enthesal score, albeit a composite score that also includes joints. This score includes only 2 sites, the common extensor tendon at the lateral epicondyle and the insertion of the distal patellar tendon⁷.

The instruments described above have been increasingly used in studies evaluating enthesal abnormalities, though they may have some limitations. All but 1 were developed and validated in patients with predominantly axSpA, thus their validity in patients with PsA is unknown. Further, enthesal sites were chosen based on expert opinion and most of the included sites are in the lower extremities, which are more prone to mechanically related enthesopathies, especially in overweight patients⁸. Currently, there is limited information on the effect of confounding factors that are prevalent in patients with PsA, such as obesity and mechanical stress, on the performance of these scoring systems in psoriatic patients.

US could be used to quantify the extent of enthesitis for diagnostic purposes, patient management, and monitoring treatment response in clinical trials, observational studies, and clinical practice⁹. Implementing a treat-to-target approach in patients with PsA requires an accurate evaluation of disease activity in all core domains, including enthesitis. However, this purpose requires validated instruments (out-

come measures) for patients with PsA. Therefore, the Group for Research and Assessment of Psoriasis and Psoriatic Arthritis (GRAPPA) US working group performed this systematic literature review (SLR) to evaluate the current evidence and knowledge gaps in instruments for the assessment of enthesitis in PsA.

Our aims in this SLR were first to describe the measurement properties of the available sonographic enthesitis instruments particularly used in patients with PsA; secondly, to evaluate the validity of the available scoring systems according to the OMERACT filter measurements¹⁰. Lastly, we aimed to critically appraise the quality of the studies on different scoring systems in PsA. The results of this SLR will inform GRAPPA about the validity of existing scoring systems for assessment of sonographic enthesitis in PsA and determine whether a new scoring system for the assessment of enthesitis is warranted.

MATERIALS AND METHODS

Literature review: Data sources and search strategies. We searched Medline, EMBase, and Cochrane Central Register databases from their inception (1966, 1980, and 1982, respectively) to January 3, 2017, using a strategy designed by an experienced medical librarian (MA) to find primary references. The search strategy was constructed to find publications containing at least 1 term from each of 3 search blocks: (1) The terms *psoriasis*, *psoriatic arthritis*, *spondyloarthritis*, *spondyloarthropathy*, or *ankylosing spondylitis*; (2) *Enthesitis*, *enthesopathy*, *enthesitis*, or *entheses* and in addition to *tendon*, synonyms were included; (3) *Ultrasound*, *ultrasonography*, *sonography*, or *Doppler*. The search was limited to English publications in humans.

Studies selection. Titles and abstracts of articles were systematically screened by 2 reviewers (SBU and OE) regarding inclusion and exclusion criteria. Selected publications were retrieved in full, and 2 reviewers (SBU and OE) independently assessed them for eligibility. The final search was verified by a third author (LE). Additional papers were obtained by scanning the references of the selected articles. To be included in the systematic review, original studies needed to fulfill the following inclusion criteria: study design (case-control, cross-sectional, or cohort); population (studies that assessed patients with SpA, PsA, or psoriasis); outcome (studies that evaluated sonographic enthesitis at the patient level). Studies that evaluated only 1 enthesal site and those that used 3-D US were excluded.

Data extraction. Data were independently extracted by 2 authors (SBU and OE) according to a standardized form and summarized in tables. Discrepancies were resolved by consensus and involvement of a third author if needed (LE). For each study the following information was recorded: year of publication, study design, study population, sample size, the mean age, body mass index, disease duration, sex distribution, US machine, US settings, sonographic enthesal scoring system used, enthesal sites assessed, and sonographic elementary lesions assessed.

Appraisal of measurement properties of included studies. Feasibility was assessed as the time to complete the examination. Reliability (test-retest) was considered positive if common measures for interrater and intrarater reliability were measured and were found to be with moderate to high agreement [$\kappa > 0.4$ or intraclass correlation coefficient (ICC) > 0.6]¹¹. Construct validity was achieved when US evaluation of enthesitis significantly correlated with each the following 3 theoretical concepts of enthesitis: (1) clinical enthesitis as assessed on physical examination using an established clinical enthesitis score (e.g., Leeds Enthesitis Index); (2) laboratory biomarkers of inflammation, such as C-reactive protein (CRP) and erythrocyte sedimentation rate (ESR); (3) other imaging modality assessing

enthesitis, such as radiographs or MRI. Responsiveness was evaluated by the ability of the instrument to measure change in response to an intervention (e.g., study drug) when a change has occurred (based on an external construct). Discriminant validity was considered positive if a strict cutoff was found to significantly distinguishing disease (e.g., PsA or SpA) from healthy controls.

Quality assessment of identified studies. The risk of bias and applicability were assessed using QUADAS-2¹². This tool consists of 4 domains: patient selection, index test, reference standard, and flow and timing of the index test. Each domain assesses the risk of bias (e.g., patient selection, risk of bias related to the conduct or interpretation of the results of the external construct, and the index tests). In addition, the applicability regarding patients, external construct, and the index tests is assessed. In each domain, the risk of bias and the concerns regarding applicability are scored independently (low, high, or unclear). We illustrated the process as recommended in the Preferred Reporting Items for the Systematic Reviews and Meta-Analyses (PRISMA) statement¹³.

RESULTS

Literature search. Figure 1 is a flowchart of the article selection. The initial literature search retrieved 310 abstracts. After an initial screening of abstracts, 118 full text manuscripts were chosen for further review. After reviewing the full text manuscripts, 67 publications were excluded for the following reasons: 33 evaluated only a single enthesal site, 12 were the wrong study type (e.g., review, case report), 9 studies did not provide sufficient data regarding the scoring system used, 6 had irrelevant study populations, 2 did not

assess entheses, and for 5, full text was not available. A total of 51 studies were included in the manuscript^{2,3,4,5,6,7,14-59}.

Study characteristics. The characteristics of the studies are summarized in Table 1^{3,4,5,6,7,14-59}. The study designs were 38 cross-sectional and 13 prospective cohort studies. The study population was divided as follows: 18 (35%) assessed patients with PsA, 17 (33%) assessed patients with SpA, 10 (19.6%) examined patients with ankylosing spondylitis (AS), 5 (9.8%) examined patients with psoriasis, and 1 assessed juvenile idiopathic arthritis. Some studies used scoring methods that were not previously validated, although often these scoring methods used enthesal sites and elementary lesions similar to those in validated scores. Therefore, we aggregated these studies along with the studies that used the formal validated instruments. The following sonographic enthesal scores or their modifications were used: 14 (27.4%) GUESS score, 9 (17.6%) MASEI, 6 (11.7%) for the score used by D'Agostino, 4 (7.8%) BUSES, 3 (5.8%) SEI, and 1 (2%) PsASon-score. The enthesal sites and the elementary lesions evaluated in the studies are presented in Table 2. Positioning of the patient during enthesal scanning, as described in the study protocols, was almost uniform. All scores (MASEI, GUESS, SEI, BUSES, PsASon) assessed the quadriceps tendon, proximal and distal patellar tendon while the knee is flexed, and the Achilles and plantar fascia while

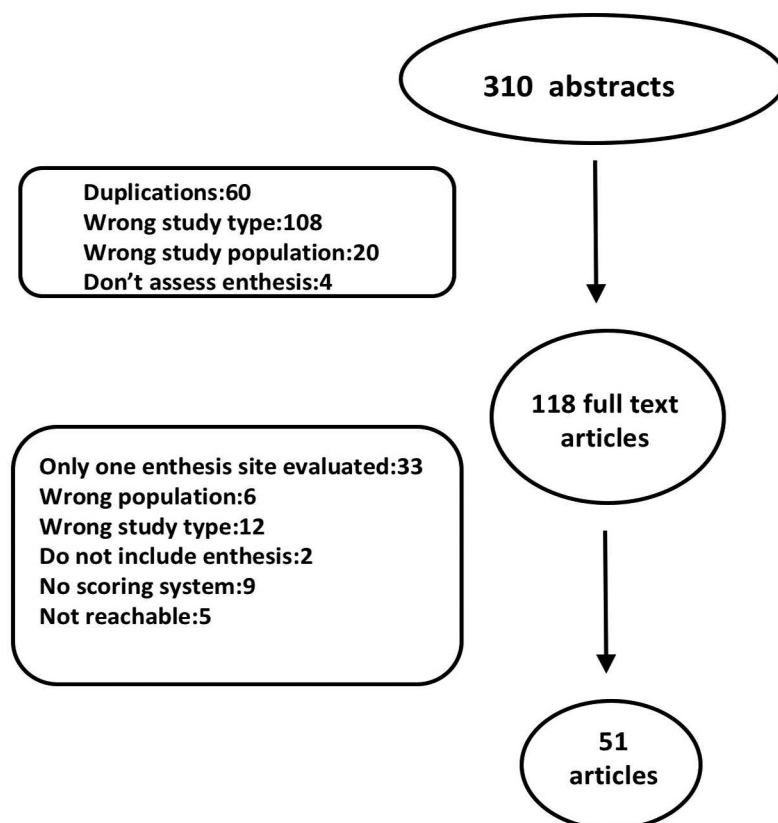


Figure 1. Flowchart of the article selection. “Not reachable” means full text was not available.

Table 1. Characteristics of the studies.

Year	Authors, Ref No.	Study Design	Population and Size	Age, yrs	BMI	Sex Ratio (M:F)	Disease Duration, yrs	US Machine Model	Purpose of Study
MASEI									
2016	Lackner ²⁸	Prospective	PsA 83	51.8	NA	1.56	7.5	MyLab Twice	Outcome
2015	Hamdy ³⁶	Cross sectional	Psoriasis 50	44.8	NA	1.38	8.7	Picus 4D	Diagnostic
2014	Husic ³³	Prospective	PsA 70	51.1	27	2.33	7	MyLab Twice	Diagnostic
2014	Eder ⁴⁸	Cross sectional	PsA 50	53.2	30.9	1.77	14.2	MyLab 70XVG	Diagnostic
2011	de Miguel ⁵⁰	Cross sectional	SpA 113	33.3	NA	0.95	0.91	Logiq 9 machine	Diagnostic
2009	Munoz-Fernandez ²⁴	Cross sectional	SpA 21	47.6	NA	0.85	NA	GE Logiq 5 Pro	Diagnostic
2009	de Miguel ⁵¹	Cross sectional	SpA 25	44.8	NA	1.84	15	GE Logiq 5 Pro	Diagnostic
2016	Shenoy ¹⁷	Cross sectional	JIA 30	16	NA	Males only	4	Esaote MyLab40	Diagnostic
2015	Acquacalda ⁵⁹	Prospective	Psoriasis, PsA 34	43.45	NA	1.42	15.9	MyLab 70 XVG	Diagnostic
GUESS									
2013	Hamdi ³⁸	Prospective	AS 60	36	NA	4	8.8	Philips HD11TM	Diagnostic
2013	Aydin ⁵⁶	Cross sectional	Psoriasis 42, PsA 58	47.4	26.2	1.23	18.4	Logiq E9 machine	Diagnostic
2011	Ruta ¹⁸	Cross sectional	SpA 60	37	25	2.13	6.375	MyLab 60	Diagnostic
2011	Gutierrez ⁴⁰	Cross sectional	Psoriasis 45	NA	24.3	NA	NA	MyLab 70 XVG	Diagnostic
2008	Gisoni ⁴¹	Cross sectional	Psoriasis 30	56.3	28.5	1.22	NA	ATL HDI 3000	Diagnostic
2007	Genc ⁴²	Prospective	RA 20, AS 16	42	26	0.63	8.5	Siemens, Sonoline Adara	Response to treatment
2006	Borman ⁵³	Cross sectional	SpA 44	39.9	NA	1.59	9	A Hitachi US device	Diagnostic
2005	Genc ⁴³	Cross sectional	RA 24	42.9	26	0.68	8.46	Siemens Sonoline Adara	Diagnostic
2002	Balint ³	Cross sectional	SpA 35	48	NA	2.5	24.9	ATL HDI 3000	Diagnostic
2013	Bandinelli ⁵⁴	Cross sectional	PsA 92	51	NA	0.8	0.61	My Lab 70 XVG	Diagnostic
2016	Rovisco ²⁰	Cross sectional	IBD 76	NA	NA	NA	NA	MyLab 70XVG	Diagnostic
2016	Michelsen ²⁶	Cross sectional	PsA 141	52.4	28.3	1	9.5	Siemens Acuson S2000, GE logic E	Diagnostic
2012	Ash ⁵⁷	Cross sectional	Psoriasis 46	46.1	26.1	0.97	14.1	Logiq E9 ,Logiq 5	Diagnostic
2015	Ruta ¹⁹	Prospective	SpA 34	31	NA	2.44	1	MyLab 70 XV	Response to treatment
SEI									
2011	Hamdi ³⁷	Cross sectional	AS 60	36	NA	4	8.8	Philips HD11TM	Diagnostic
2007	Alcalde ⁵	Cross sectional	AS 44	43	NA	3.8	17	Toshiba Capasee	Diagnostic
2015	Hu ³⁴	Prospective	AS 41	27.7	NA	12.66	7.2	Aloka α5, Tokyo, Japan	Response to treatment
D'Agostino									
2016	Perrotta ²¹	Cross sectional	PsA 21	50.2	NA	2	1.2	MyLab 70 XVG	Diagnostic
2011	D'Agostino ⁵²	Prospective	Suspected SpA 118	40.1	NA	0.6	2.2	Esaote Technos MPX	Diagnostic
2003	D'Agostino ⁴	Cross sectional	SpA 164	38	NA	2.11	16	Esaote AU5 Epi	Diagnostic
2011	Spadaro ¹⁶	Cross sectional	AS 36	51.3	NA	3.5	15.8	MyLab 70 XVG	Diagnostic
2014	Mouterde ²⁵	Prospective	SpA 14	41.2	NA	3.67	14.2	MyLab 70	Response to treatment
2012	Marchesoni ²⁷	Cross sectional	PsA 30	52	25	0.51	9.8	Logiq5 machine	Diagnostic
BUSES									
2015	Milutinovic ⁶	Prospective	SpA 76	47.36	NA	1.27	10.67	Logiq 9	Diagnostic
2015	Janta ³¹	Cross sectional	PsA102	52.4	NA	1.08	13.2	Logiq E9	Response to treatment
2012	Freeston ⁴⁴	Cross sectional	PsA 42	45.7	28.15	0.79	1	Philips HDI 5000	Diagnostic
2010	Naredo ²³	Prospective	SpA 327	44.5	NA	2.37	10	Logiq 5 PRO	Response to treatment
PsASon									
2014	Ficjan ⁷	Prospective	PsA 83	51.8	27.2	2.8	7.5	MyLab Twice	Diagnostic
Other									
2016	Kristensen ²⁹	Cross sectional	PsA 20	49	NA	NA	18.1	Hitachi HA710	Diagnostic
2012	Feydy ⁴⁵	Cross sectional	SpA 51	50	NA	1.12	1.35	Toshiba Aplio	Diagnostic
2011	Naredo ²²	Cross sectional	Psoriasis 162	41.8	NA	0.77	13.4	Logiq 9	Diagnostic
2011	Ibrahim ³²	Cross sectional	PsA 71	51.3	NA	0.96	5.5	Bradford, Philips HDI 5000	Diagnostic
2011	Hu ³⁵	Cross sectional	AS 161	27.2	NA	5.7	4.6	Acuson Sequoia 512 Siemens	Diagnostic
2006	Kiris ³⁰	Cross sectional	AS 30	34.1	NA	NA	10	Toshiba, Aplio SSA 770A	Diagnostic
2003	Falsetti ⁴⁶	Cross sectional	OA, RA, PsA 548	60	NA	0.58	3	Toshiba Tosbee SAL 240	Diagnostic
2010	Delle Sedie ⁴⁹	Cross sectional	PsA 83	53.4	NA	2.2	9.1	Logiq 9	Diagnostic

Table 1. Continued

Year	Authors, Ref No.	Study Design	Population and Size	Age, yrs	BMI	Sex Ratio (M:F)	Disease Duration, yrs	US Machine Model	Purpose of Study
Other uncommon sites									
2015	El Miedany ⁴⁷	Prospective	Early PsA 126	35.9	35.1	1.3	2	NA	Diagnostic
2016	Ward ¹⁵	Cross sectional	SpA 20	43.4	27.4	0.81	NA	MyLab 70	Diagnostic
2013	Ali Ou Alla ⁵⁸	Cross sectional	AS 38	36	NA	1.37	9.6	Toshiba Xario	Diagnostic
2012	Gutierrez ³⁹	Cross sectional	SpA 46	50.6	24.9	2.83	4.7	MyLab 70 XVG	Diagnostic
2016	Zabotti ¹⁴	Cross sectional	PsA 26	50.4	NA	0.42	0.5	MyLabClassC	Diagnostic
2013	Aydin ⁵⁵	Cross sectional	SpA 21	41.1	NA	0.61	1.5	Philips 5000	Diagnostic

BMI: body mass index; PsA: psoriatic arthritis; US: ultrasound; SpA: spondyloarthritis; JIA: juvenile idiopathic arthritis; AS: ankylosing spondylitis; RA: rheumatoid arthritis; IBD: inflammatory bowel disease; OA: osteoarthritis; NA: not available; MASEI: Madrid Sonographic Enthesitis Index; GUESS: Glasgow Ultrasound Enthesitis Scoring System; SEI: Sonographic Enthesitis Index; BUSES: Belgrade Ultrasound Enthesitis Score; PsASon: Ultrasound composite scores for the assessment of inflammatory and structural pathologies in PsA.

the patient is prone and the foot is overlying the bed. MASEI appreciate the triceps tendon while the arm is flexed and the tendon is stretched. The score by D'Agostino did not specify a standardized positioning. No major differences in limb positioning were documented. The majority of the studies (88.2%) used instruments that included Doppler evaluation.

Assessment of measurement properties of included studies following the algorithm of the OMERACT filter. Feasibility was reported in 8 (15.6%) studies^{4,6,7,17,26,28,33,48}. Five (9.8%) assessed patients with PsA^{7,26,28,33,48}, and the time range for assessing enthesal involvement with US was reported between 15 to 90 min.

The results of the evaluation of the various components of the OMERACT filter are presented in Table 3. Concerning the OMERACT filter, reliability was assessed in 28 (54%) studies^{3,4,5,6,7,18,19,22-26,28,30,33,35,39-41,44,45,47-49,51,54,56,57}. Ten (35.7%) of them included patients with PsA^{7,18,26,28,33,44,47,48,54,56}. Reliability metrics including κ and ICC were used and showed moderate to excellent correlation, although reliability assessed mostly reading of the US images and not the acquisition process.

The construct validity of the various sonographic instruments as related to clinical examination of enthesitis was reported in 26 (51%) studies^{3,4,5,7,16-19,21-23,25-28,30,32,33,36,37,44,53-56}. In 9 (34.6%) of them, positive statistically significant correlation was found^{17,18,28,30,36,37,53,55,56}. Only 11 (21.5%) studies compared sonographic enthesitis findings to clinical examination of enthesitis in patients with PsA²⁹ and only 3 (27%) had demonstrated a positive correlation^{28,29,56}. The construct validity of the various scoring systems as related to biomarkers of inflammation (CRP and/or ESR) was assessed in 10 (19.6%) studies^{3,5,7,19,20,22,23,34,43,53}, and in only 3 (30%) of them, statistically significant positive correlation was found^{19,20,34}. Only 1 (2%) study assessed it in PsA and did not find a significant association⁷. The construct validity of the various scoring systems as related to other imaging modalities was evaluated in only 6 (11.7%) studies^{36,37,38,52,53,55}. In 4 (66%) of those studies, positive significant correlation was found^{36,38,52,53}, and none of the

studies evaluated this topic in patients with PsA. Discriminative validity, as defined by the ability of certain cutoff values to distinguish between disease states (e.g., remission vs active disease) or disease status (PsA vs control) was assessed in 6 (11.7%) studies^{6,24,27,48,50,51}. Only 2 (4%) of them were done in patients with PsA^{27,48}. The responsiveness of the various sonographic scores to treatment, defined as a statistically significant change in the score in response to an intervention, was evaluated in 7 studies (13.7%)^{5,19,23,25,34,42,59}; however, none of them was conducted in patients with PsA. In 5 (71%) studies, responsiveness was found^{5,19,23,25,34}.

Quality assessment. The QUADAS-2 tool items are summarized in Table 4. In 21 studies, there was a low risk of bias and applicability concern^{3,4,6,7,14,16-20,22,28,31,33,34,41,48,50,51,52,56}. In 22 studies there was unclear risk of bias mostly due to lack of details related to the recruitment method and limited description of the flow and timing of patient recruitment^{21,23,24,27,30,32,35-40,42,44,45,47,49,53,55,57,58,59}, in 3 studies there was unclear risk of applicability concern due to comparison of the US results to an uncommon reference standard^{36,60,61}. High risk of bias due to unblinding of the sonographer to the clinical results was reported in 2 studies^{15,26}. High risk of bias in patient selection was present in 1 study that included a highly selective study population²⁹. In 6 studies, high risk in applicability concern was assumed because of a highly selective population or inclusion of a less relevant population for this review^{5,15,25,43,46,54}. Because of the descriptive character of this review, studies identified as having high risk of bias were not excluded.

DISCUSSION

Enthesitis is a key clinical and pathophysiologic feature in PsA and is included in the OMERACT PsA core domain set, which warrants the evaluation of enthesitis in every clinical trial and observational study. The inherent limitations in clinical evaluation of enthesitis led to a growing interest in the use of musculoskeletal US to improve the precision of enthesitis evaluation. This SLR represents a critical exami-

Table 2A. Characteristics of the enthesal instruments included in the systematic literature review.

Year	Authors	Enthesal Sites	Echogenicity	Thickness	Enthesophytes
MASEI					
Weight of each lesion			0 or 1	0 or 1	0–3
2016	Lackner ²⁸	PF, A, PTDI, PTPI, Q, TT	Yes	Yes	No
2015	Hamdy ³⁶	PF, A, PTDI, PTPI, Q, TT	Yes	Yes	Yes
2014	Husic ³³	PF, A, PTDI, PTPI, Q, TT, CET	Yes	Yes	Yes
2014	Eder ⁴⁸	PF, A, PTDI, PTPI, Q, TT	Yes	Yes	Yes
2011	de Miguel ⁵⁰	PF, A, PTDI, PTPI, Q, TT	Yes	Yes	Yes
2009	Munoz-Fernandez ²⁴	PF, A, PTDI, PTPI, Q, TT	Yes	Yes	Yes
2009	de Miguel ⁵¹	PF, A, PTDI, PTPI, Q, TT	Yes	Yes	No
2016	Shenoy ¹⁷	PF, A, PTDI, PTPI, Q, TT, gluteus medius	Yes	Yes	No
2015	Acquacalda ⁵⁹	PF, A, PTDI, PTPI, Q, TT	Yes	Yes	Yes
GUESS					
Weight of each lesion			NA	0 or 1	0 or 1
2013	Hamdi ³⁸	PF, A, PTDI, PTPI, Q	No	Yes	Yes
2013	Aydin ⁵⁶	PF, A, PTDI, PTPI, Q	Yes	Yes	Yes
2011	Ruta ¹⁸	PF, A, PTDI, PTPI, Q	Yes	Yes	Yes
2011	Gutierrez ⁴⁰	PF, A, PTDI, PTPI, Q	Yes	Yes	Yes
2008	Gisondi ⁴¹	PF, A, PTDI, PTPI, Q	Yes	Yes	Yes
2007	Genc ⁴²	PF, A, PTDI, PTPI, Q	Yes	Yes	Yes
2006	Borman ⁵³	PF, A, PTDI, PTPI, Q	Yes	Yes	Yes
2005	Genc ⁴³	PF, A, PTDI, PTPI, Q, biceps and supraspinatus at the shoulder	Yes	Yes	Yes
2002	Balint ³	PF, A, PTDI, PTPI, Q	No	Yes	Yes
2013	Bandinelli ⁵⁴	PF, A, PTDI, PTPI, Q	Yes	Yes	Yes
2016	Rovisco ²⁰	PF, A, PTDI, PTPI, Q	Yes	Yes	Yes
2016	Michelsen ²⁶	PF, A, PTDI, PTPI, Q	Yes	Yes	Yes
2012	Ash ⁵⁷	PF, A, PTDI, PTPI, Q	Yes	Yes	Yes
2015	Ruta ¹⁹	PF, A, PTDI, PTPI, Q	Yes	Yes	Yes
SEI					
Weight of each lesion			0 or 1	0 or 1	0 or 1
2011	Hamdi ³⁷	PF, A, PTDI, PTPI, Q	Yes	Yes	Yes
2007	Alcalde ⁵	PF, A, PTDI, PTPI, Q	Yes	Yes	Yes
2015	Hu ³⁴	PF, A, PTDI, PTPI, Q	Yes	Yes	Yes
D'Agostino					
Weight of each lesion			Present or absent	Present or absent	Present or absent
2016	Perrotta ²¹	A, PTDI, Q, CET, medial collateral ligament	Yes	Yes	Yes
2011	D'Agostino ⁵²	PF, A, PTPI, Q, gluteus medius, CET, CFT	Yes	Yes	Yes
2003	D'Agostino ⁴	PF, A, PTDI, PTPI, Q, greater trochanter, pubis, tibialis anterior, CET, CFT	Yes	Yes	Yes
2011	Spadaro ¹⁶	PF, A, PTDI, PTPI, Q, CET, gluteus tendons	Yes	Yes	Yes
2014	Mouterde ²⁵	PF, A, Q, gluteus medius, tibialis anterior, CET, CFT	Yes	Yes	Yes
2012	Marchesoni ²⁷	PF, A, PTDI, PTPI, Q, CET, CFT, great trochanter	No	Yes	Yes
BUSES					
Weight of each lesion			0 or 1	0 or 1	0 or 1
2015	Milutinovic ⁶	PF, A, PTDI, PTPI, Q, CET, gluteus PF, A, PTDI, PTPI, Q, CET	Yes	Yes	Yes
2015	Janta ³¹	PF, A, PTDI, PTPI, CET	Yes	Yes	No
2012	Freeston ⁴⁴	PF, A, PTDI, CET	Yes	Yes	Yes
2010	Naredo ²³	PF, A, PTDI, PTPI, Q, CET, CFT	Yes	Yes	Yes
PsASon					
Weight of each lesion			Present or absent	Present or absent	Present or absent
2014	Ficjan ⁷	PF, A, PTDI, PTPI, Q, CET	Yes	Yes	Yes
Other					
2016	Kristensen ²⁹	PF, A, PTPI, Q, supraspinatus, CFT, CET, adductors on medial femur epicondyle	Yes	Yes	Yes
2012	Feydy ⁴⁵	PF, A	Yes	Yes	Yes
2011	Naredo ²²	PF, A, PTDI, deep flexor tendons of the fingers	Yes	Yes	Yes
2011	Ibrahim ³²	A, CET, adductors on medial femur	Yes	Yes	Yes
2011	Hu ³⁵	PF, A, PTDI, medial collateral ligament, lateral collateral ligament	Yes	Yes	No
2006	Kiris ³⁰	A, CET, adductors on medial femur, 1st and 7th costochondral joints, ASIS, iliac crest, PSIS, fifth lumbar spinous	Yes	Yes	Yes
2003	Falsetti ⁴⁶	PF, A	Yes	Yes	Yes
2010	Delle Sedie ⁴⁹	PTDI, PTPI, Q	Yes	Yes	No

Table 2A. Continued.

Year	Authors	Enthesal Sites	Echogenicity	Thickness	Enthesophytes
Other uncommon sites					
2015	El Miedany ⁴⁷	1st and 7th costosternal joints, ASIS, iliac crest, PSIS, 5th lumbar spinous process, rotator cuff	Yes	Yes	Yes
2016	Ward ¹⁵	Posterior tibialis, peroneus brevis	Yes	Yes	Yes
2013	Ali Ou Alla ⁵⁸	Rotator cuff tendons	Yes	Yes	Yes
2012	Gutierrez ³⁹	Gluteus minimus, anterior and posterior insertion of gluteus medius	No	Yes	Yes
2016	Zabotti ¹⁴	PIP joints central slip entheses	Yes	Yes	No
2013	Aydin ⁵⁵	Medial and lateral collateral ligaments, semimembranosus tendon	Yes	Yes	Yes

Table 2B. Further characteristics of the enthesal instruments included in the systematic literature review.

Year	Authors	Enthesal Sites	Calcifies Deposits	Tear	Erosions	Cortical Irregularities	Bursitis	PD
MASEI								
Weight of each lesion			NA	NA	0 or 3	NA	0 or 1	0 or 3
2016	Lackner ²⁸	PF, A, PTDI, PTPI, Q, TT	No	No	Yes	No	Yes	Yes
2015	Hamdy ³⁶	PF, A, PTDI, PTPI, Q, TT	Yes	No	Yes	No	Yes	Yes
2014	Husic ³³	PF, A, PTDI, PTPI, Q, TT, CET	Yes	No	Yes	Yes	Yes	Yes
2014	Eder ⁴⁸	PF, A, PTDI, PTPI, Q, TT	Yes	No	Yes	No	Yes	Yes
2011	de Miguel ⁵⁰	PF, A, PTDI, PTPI, Q, TT	No	No	Yes	No	Yes	Yes
2009	Munoz-Fernandez ²⁴	PF, A, PTDI, PTPI, Q, TT	Yes	No	Yes	No	Yes	Yes
2009	de Miguel ⁵¹	PF, A, PTDI, PTPI, Q, TT	Yes	No	Yes	No	Yes	Yes
2016	Shenoy ¹⁷	PF, A, PTDI, PTPI, Q, TT, gluteus medius	Yes	Yes	Yes	No	Yes	Yes
2015	Acquacalda ⁵⁹	PF, A, PTDI, PTPI, Q, TT	Yes	No	Yes	Yes	No	Yes
GUESS								
Weight of each lesion			NA	NA	0 or 1	NA	0 or 1	NA
2013	Hamdi ³⁸	PF, A, PTDI, PTPI, Q	Yes	No	Yes	No	No	No
2013	Aydin ⁵⁶	PF, A, PTDI, PTPI, Q	Yes	No	Yes	No	Yes	Yes
2011	Ruta ¹⁸	PF, A, PTDI, PTPI, Q	Yes	No	Yes	No	Yes	Yes
2011	Gutierrez ⁴⁰	PF, A, PTDI, PTPI, Q	No	No	Yes	No	Yes	Yes
2008	Gisoni ⁴¹	PF, A, PTDI, PTPI, Q	No	No	Yes	No	Yes	No
2007	Genc ⁴²	PF, A, PTDI, PTPI, Q	No	No	Yes	No	Yes	Yes
2006	Borman ⁵³	PF, A, PTDI, PTPI, Q	No	No	Yes	No	Yes	Yes
2005	Genc ⁴³	PF, A, PTDI, PTPI, Q, biceps and supraspinatus at the shoulder	No	No	Yes	No	Yes	No
2002	Balint ³	PF, A, PTDI, PTPI, Q	No	No	Yes	No	Yes	No
2013	Bandinelli ⁵⁴	PF, A, PTDI, PTPI, Q	No	No	Yes	No	Yes	Yes
2016	Rovisco ²⁰	PF, A, PTDI, PTPI, Q	No	No	Yes	Yes	No	Yes
2016	Michelsen ²⁶	PF, A, PTDI, PTPI, Q	Yes	No	Yes	No	No	Yes
2012	Ash ⁵⁷	PF, A, PTDI, PTPI, Q	No	No	Yes	Yes	Yes	Yes
2015	Ruta ¹⁹	PF, A, PTDI, PTPI, Q	Yes	No	Yes	No	Yes	Yes
SEI								
Weight of each lesion			NA	0 or 1	0 or 1	NA	0 or 1	NA
2011	Hamdi ³⁷	PF, A, PTDI, PTPI, Q	No	Yes	Yes	No	Yes	Yes
2007	Alcalde ⁵	PF, A, PTDI, PTPI, Q	No	Yes	Yes	No	Yes	No
2015	Hu ³⁴	PF, A, PTDI, PTPI, Q	No	Yes	Yes	No	Yes	Yes
D'Agostino								
Weight of each lesion			NA	NA	Present or absent	NA	Present or absent	Present or absent
2016	Perrotta ²¹	A, PTDI, Q, CET, medial collateral ligament	Yes	No	Yes	No	Yes	Yes
2011	D'Agostino ⁵²	PF, A, PTPI, Q, gluteus medius, CET, CFT	Yes	No	Yes	No	Yes	Yes
2003	D'Agostino ⁴	PF, A, PTDI, PTPI, Q, greater trochanter, pubis, tibialis anterior, CET, CFT	Yes	No	Yes	No	Yes	Yes
2011	Spadaro ¹⁶	PF, A, PTDI, PTPI, Q, CET, gluteus tendons	Yes	No	Yes	Yes	Yes	Yes
2014	Mouterde ²⁵	PF, A, Q, gluteus medius, tibialis anterior, CET, CFT	Yes	No	Yes	No	No	Yes
2012	Marchesoni ²⁷	PF, A, PTDI, PTPI, Q, CET, CFT, great trochanter	Yes	No	Yes	Yes	No	Yes

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Table 2B. Continued.

Year	Authors	Enthesal Sites	Calcifies Deposits	Tear	Erosions	Cortical Irregularities	Bursitis	PD
BUSES								
Weight of each lesion			NA	NA	0 or 4	NA	NA	0 or 4
2015	Milutinovic ⁶	PF, A, PTDI, PTPI, Q, CET, gluteus PF, A, PTDI, PTPI, Q, CET	Yes	No	Yes	Yes	No	Yes
2015	Janta ³¹	PF, A, PTDI, PTPI, CET	No	No	No	No	No	Yes
2012	Freeston ⁴⁴	PF, A, PTDI, CET	Yes	No	Yes	No	Yes	Yes
2010	Naredo ²³	PF, A, PTDI, PTPI, Q, CET, CFT	Yes	No	Yes	Yes	Yes	Yes
PsASon								
Weight of each lesion			NA	NA	Present or absent	NA	Present or absent	Present or absent
2014	Ficjan ⁷	PF, A, PTDI, PTPI, Q, CET	No	No	Yes	No	Yes	Yes
Other								
2016	Kristensen ²⁹	PF, A, PTPI, Q, supraspinatus, CFT, CET, adductors on medial femur epicondyle	Yes	No	Yes	Yes	No	Yes
2012	Feydy ⁴⁵	PF, A	Yes	No	Yes	No	Yes	Yes
2011	Naredo ²²	PF, A, PTDI, deep flexor tendons of the fingers	No	No	Yes	Yes	No	Yes
2011	Ibrahim ³²	A, CET, adductors on medial femur	No	No	Yes	No	Yes	Yes
2011	Hu ³⁵	PF, A, PTDI, medial collateral ligament, lateral collateral ligament	Yes	No	Yes	Yes	No	Yes
2006	Kiris ³⁰	A, CET, adductors on medial femur, 1st and 7th costochondral joints, ASIS, iliac crest, PSIS, fifth lumbar spinous	Yes	No	Yes	Yes	Yes	Yes
2003	Falsetti ⁴⁶	PF, A	No	No	Yes	Yes	Yes	No
2010	Delle Sedie ⁴⁹	PTDI, PTPI, Q	No	No	No	No	No	Yes
Other uncommon sites								
2015	El Miedany ⁴⁷	1st and 7th costosternal joints, ASIS, iliac crest, PSIS, 5th lumbar spinous process, rotator cuff	No	No	Yes	No	No	Yes
2016	Ward ¹⁵	Posterior tibialis, peroneus brevis	No	No	Yes	Yes	No	Yes
2013	Ali Ou Alla ⁵⁸	Rotator cuff tendons	Yes	Yes	Yes	No	Yes	Yes
2012	Gutierrez ³⁹	Gluteus minimus, anterior and posterior insertion of gluteus medius	Yes	No	Yes	No	Yes	Yes
2016	Zabotti ¹⁴	PIP joints central slip entheses	No	No	No	No	No	Yes
2013	Aydin ⁵⁶	Medial and lateral collateral ligaments, semimembranosus tendon	Yes	No	Yes	No	Yes	Yes

A: Achilles tendon; ASIS: anterior superior iliac spines; PSIS: posterior superior iliac spine; CET: common extensor tendon insertion on lateral epicondyle; CFT: common flexor tendon insertion on medial epicondyle; PF: plantar fascia; PTDI: patellar tendon distal insertion; PTPI: patellar tendon proximal insertion; Q: quadriceps; TT: triceps tendon; NA: not assessed; MASEI: Madrid Sonographic Enthesitis Index; GUESS: Glasgow Ultrasound Enthesitis Scoring System; SEI: Sonographic Enthesal Index; BUSES: Belgrade Ultrasound Enthesitis Score; PsASon: Ultrasound composite scores for the assessment of inflammatory and structural pathologies in psoriatic arthritis.

nation of the published data regarding the state of validation of the most commonly used sonographic enthesitis instruments in PsA and SpA. The study identified significant limitations related to the lack of standardization of existing instruments and major gaps in knowledge about their validity as outcome measures for assessment of enthesitis patients with PsA.

Several sonographic instruments have been developed to provide a global estimation of the extent of enthesitis at the patient level. The present SLR critically evaluated the properties and the validity of available sonographic enthesitis scoring systems. We highlight several important limitations and gaps in knowledge related to the validity of these outcome measures in patients with PsA. One of the important issues is that only about a third of the studies included in this SLR focused on patients with PsA, so we decided to extend

the study population to also include patients with SpA. All of the instruments except 1 were originally developed and validated in patients with axSpA and their use was subsequently applied to PsA. This is an important limitation, because the distribution of enthesitis in patients with PsA may be different from that in patients with axSpA. Additional important limitations are the lack of standardization regarding the number and location of enthesal sites included in each score, the variation in the elementary lesions, and their weight in the total score. These issues complicate the direct comparison of the performance of available instruments. Additionally, the development process of existing instruments was primarily based on experts' opinion rather than data-driven and the initial validation process was based on a small sample of patients (< 50 patients in the 2 most commonly used instruments).

Table 3. Appraisal of measurement properties of enthesitis indices according to the OMERACT filter.

Year	Author	Construct Validity				Responsiveness	Discriminative Validity	Feasibility
		Reliability	Biomarkers	Clinical	Imaging			
MASEI								
2016	Lackner ²⁸	Yes	NA	Yes	NA	NA	NA	Yes
2015	Hamdy ³⁶	NA	NA	Yes	Yes	NA	NA	NA
2014	Husic ³³	Yes	NA	No	NA	NA	NA	Yes
2014	Eder ⁴⁸	Yes	NA	NA	NA	NA	Yes	Yes
2011	de Miguel ⁵⁰	NA	NA	NA	NA	NA	Yes	NA
2009	Munoz-Fernandez ²⁴	Yes	NA	NA	NA	NA	Yes	NA
2009	de Miguel ⁵¹	Yes	NA	NA	NA	NA	Yes	NA
2016	Shenoy ¹⁷	NA	NA	Yes	NA	NA	NA	Yes
2015	Acquacalda ⁵⁹	NA	NA	NA	NA	No	NA	NA
Total no. studies (found positive)		5	0 (0)	4 (3)	1 (1)	1 (0)	4	4
Total no. studies in PsA (found positive)		3	0 (0)	2 (1)	0 (0)	1 (0)	1	3
GUESS								
2013	Hamdi ³⁸	NA	NA	NA	Yes	NA	NA	NA
2013	Aydin ⁵⁶	Yes	NA	Yes	NA	NA	NA	NA
2011	Ruta ¹⁸	Yes	NA	Yes	NA	NA	NA	NA
2011	Gutierrez ⁴⁰	Yes	NA	NA	NA	NA	NA	NA
2008	Gisoni ⁴¹	Yes	NA	NA	NA	NA	NA	NA
2007	Genc ⁴²	NA	NA	NA	NA	No	NA	NA
2006	Borman ⁵³	NA	No	No	Yes	NA	NA	NA
2005	Genc ⁴³	NA	No	NA	NA	NA	NA	NA
2002	Balint ³	Yes	No	No	NA	NA	NA	NA
2013	Bandinelli ⁵⁴	Yes	NA	No	NA	NA	NA	NA
2016	Rovisco ²⁰	NA	Yes	NA	NA	NA	NA	NA
2016	Michelsen ²⁶	Yes	NA	No	NA	NA	NA	Yes
2012	Ash ⁵⁷	Yes	NA	NA	NA	NA	NA	NA
2015	Ruta ¹⁹	Yes	Yes	No	NA	Yes	NA	NA
Total no. studies (found positive)		9	5 (2)	6(2)	2 (2)	2	0	1
Total no. studies in PsA (found positive)		3	0	3 (1)	0	0	0	1
SEI								
2011	Hamdi ³⁷	NA	NA	Yes	No	NA	NA	NA
2007	Alcalde ⁵	Yes	No	No	NA	Yes	NA	NA
2015	Hu ³⁴	NA	Yes	NA	NA.	Yes	NA	NA
Total no. studies (found positive)		1	2 (1)	2 (1)	1 (0)	2 (2)	0	0
Total no. studies in PsA (found positive)		0	0	0	0	0	0	0
D'Agostino								
2016	Perrotta ²¹	NA	NA	No	NA	NA	NA	NA
2011	D'Agostino ⁵²	NA	NA	NA	Yes	NA	NA	NA
2003	D'Agostino ⁴	Yes	NA	No	NA	NA	NA	Yes
2011	Spadaro ¹⁶	NA	NA	No	NA	NA	NA	NA
2014	Mouterde ²⁵	Yes	NA	No	NA	Yes	NA	NA
2012	Marchesoni ²⁷	NA	NA	No	NA	NA	Yes	NA
Total no. studies (found positive)		2	0	5 (0)	1 (0)	1 (1)	1 (1)	1
Total no. studies in PsA (found positive)		0	0	2 (0)	0	0	1 (1)	0
BUSES								
2015	Milutinovic ⁶	Yes	NA	NA	NA	NA	Yes	Yes
2015	Janta ³¹	NA	NA	NA	NA	NA	NA	NA
2012	Freeston ⁴⁴	Yes	NA	No	NA	NA	NA	NA
2010	Naredo ²³	Yes	No	No	NA	Yes	NA	NA
Total no. studies (found positive)		3	1 (0)	2 (0)	0	1 (1)	1	1
Total no. studies in PsA (found positive)		1	0	1 (0)	0	0	0	0
PsASon								
2014	Ficjan ⁷	Yes	No	No	NA	NA	NA	Yes
Other								
2016	Kristensen ²⁹	NA	NA	Yes	NA	NA	NA	NA
2012	Fedy ⁴⁵	Yes	NA	NA	NA	NA	NA	NA
2011	Naredo ²²	Yes	No	No	NA	NA	NA	NA
2011	Ibrahim ³²	NA	NA	No	NA	NA	NA	NA

Table 3. Continued

Year	Author	Construct Validity						Feasibility
		Reliability	Biomarkers	Clinical	Imaging	Responsiveness	Discriminative Validity	
2011	Hu ³⁵	Yes	NA	NA	NA	NA	NA	NA
2006	Kiris ³⁰	Yes	NA	Yes	NA	NA	NA	NA
2003	Falsetti ⁴⁶	NA	NA	NA	NA	NA	NA	NA
2010	Delle Sedie ⁴⁹	Yes	NA	NA	NA	NA	NA	NA
Total no. studies (found positive)		5	1 (0)	4 (2)	0	0	0	0
Total no. studies in PsA (found positive)		1	0	2 (1)	0	0	0	0
Other uncommon sites								
2015	El Miedany ⁴⁷	Yes	NA	NA	NA	NA	NA	NA
2016	Ward ¹⁵	NA	NA	NA	NA	NA	NA	NA
2013	Ali Ou Alla ⁵⁸	NA	NA	NA	NA	NA	NA	NA
2012	Gutierrez ³⁹	Yes	NA	NA	NA	NA	NA	NA
2016	Zabotti ¹⁴	NA	NA	NA	NA	NA	NA	Yes
2013	Aydin ⁵⁶	NA	NA	Yes	No	NA	NA	NA
Total no. studies (found positive)		2	0	1 (1)	1 (0)	0	0	1
Total no. studies in PsA (found positive)		1	0	0	0	0	0	1
Summary – All studies								
Total no. studies (found positive)		28	10 (3)	26 (9)	6 (2)	7 (5)	6	8
Total no. studies in PsA (found positive)		10	1 (0)	11 (3)	0	0	2 (1)	5

NA: not assessed; PsA: psoriatic arthritis; Yes: assessed with positive findings; No: assessed with negative findings; MASEI: The Madrid Sonographic Enthesitis Index; GUESS: Glasgow Ultrasound Enthesitis Scoring System; SEI: Sonographic Enthesial Index; BUSES: Belgrade Ultrasound Enthesitis Score; PsASon: Ultrasound composite scores for the assessment of inflammatory and structural pathologies in PsA.

One of the important issues noted in the SLR is the wide variation in the enthesal sites included in each instrument. In fact, apart from the studies that used the 6 established sonographic scores, we included in this SLR 14 studies that used ad hoc enthesitis scoring systems. These studies used various combinations of enthesal sites that were different from those included in previously validated methods. The selection process of enthesal sites included in each instrument was primarily based on expert opinion. To date, no study has investigated the optimal combination of enthesal sites to represent the construct of “enthesitis” in PsA.

The majority of the enthesal sites included in the sonographic scores are located in the lower extremities, an area that is heavily affected by biomechanical stress and thus could be confounded by aging, physical activity, and obesity. Two scores (GUESS and SEI) include only sites in the lower extremities (quadriceps, patella, Achilles, and plantar fascia) while others (MASEI and BUSES) include only a single upper extremity site (triceps and common extensors respectively). The score developed by D’Agostino is the only one that uses 2 upper extremity sites (common extensors and common flexors). Enthesal sites around the shoulders and unconventional enthesal sites, such as those around the fingers or functional enthesal sites (e.g., tibialis posterior around the medial malleolus), are not included in any score.

There is no consensus on which elementary lesions define acute/active enthesitis and which represent chronic/irreversible enthesal damage. However, previous studies have largely considered the presence of power Doppler signal at the enthesal site as an indicator of active enthesitis, while

irreversible lesions such as enthesophytes, erosions, and calcification represent damage from previously active enthesitis or enthesopathy due to noninflammatory reasons. Most of the instruments do not differentiate between acute and chronic lesions but instead summarize the scores of all lesions together to a general score. This limits the ability of the instruments to distinguish between active versus inactive disease states and to assess treatment response.

None of the instruments graded the degree of Doppler vascularization. With the availability of US machines with highly sensitive Doppler, semiquantitative grading of the degree of Doppler vascularization may be more appropriate. Because the scanning position (e.g., relaxed or stretched tendon) may affect the ability to detect Doppler signal, such standardization is important to reduce variability in results. The optimal positioning of the enthesal site for Doppler evaluation is when the tendon is in a relaxed position.

The issue of the borders of the enthesal site was defined by the OMERACT US group as up to 2 mm from the enthesal site². However, many of the studies, particularly the validation work for the commonly used enthesitis scores, were published prior to the publication of this definition. Regarding the thickening of the enthesal site, although the OMERACT definition does not consider specific cutoff points for each enthesal site, 3 of the commonly used scoring systems (GUESS, MASEI, and PsASon^{3,7,51}) used the same cutoff points to define thickened entheses. The remaining scoring systems did not define what was considered thickened entheses. The lack of clear and acceptable sonographic definition of the borders and dimen-

Table 4. Quality assessment of identified studies according to QUADAS 2.

Year	Author	Patient Selection	Risk of Bias			Applicability Concerns		
			Index Test	Reference Standard	Flow and Timing	Patient Selection	Index Test	Reference Standard
MASEI								
2016	Lackner ²⁸	☺	☺	☺	☺	☺	☺	☺
2015	Hamdy ³⁶	☺	?	?	☺	?	☺	?
2014	Husic ³³	☺	☺	☺	☺	☺	☺	☺
2014	Eder ⁴⁸	☺	☺	☺	☺	☺	☺	☺
2011	de Miguel ⁵⁰	☺	☺	☺	☺	☺	☺	☺
2009	Munoz-Fernandez ²⁴	?	☺	☺	☺	☺	☺	☺
2009	de Miguel ⁵¹	☺	☺	☺	☺	☺	☺	☺
2016	Shenoy ¹⁷	☺	☺	☺	☺	☺	☺	☺
2015	Acquacalda ⁵⁹	?	☺	☺	☺	☺	☺	☺
GUESS								
2013	Hamdi ³⁸	☺	?	?	?	☺	?	☺
2013	Aydin ⁵⁶	☺	☺	☺	☺	☺	☺	☺
2011	Ruta ¹⁸	☺	☺	☺	☺	☺	☺	☺
2011	Gutierrez ⁴⁰	?	☺	☺	☺	☺	☺	☺
2008	Gisondi ⁴¹	☺	☺	☺	☺	☺	☺	☺
2007	Genc ⁴²	☺	☺	☺	?	☺	☺	☺
2006	Borman ⁵³	?	☺	☺	?	☺	☺	☺
2005	Genc ⁴³	☺	☺	☺	?	☺	☺	☺
2002	Balint ³	☺	☺	☺	☺	☺	☺	☺
2013	Bandinelli ⁵⁴	☺	☺	☺	?	☺	☺	☺
2016	Rovisco ²⁰	?	☺	☺	☺	☺	☺	☺
2016	Michelsen ²⁶	☺	☺	☺	☺	☺	☺	☺
2012	Ash ⁵⁷	?	☺	☺	☺	☺	☺	☺
2015	Ruta ¹⁹	☺	☺	☺	☺	☺	☺	☺
SEI								
2011	Hamdi ³⁷	☺	☺	☺	?	☺	☺	☺
2007	Alcalde ⁵	?	☺	☺	☺	☺	☺	☺
2015	Hu ³⁴	☺	☺	☺	☺	☺	☺	☺
D'Agostino								
2016	Perrotta ²¹	☺	☺	☺	?	☺	☺	☺
2011	D'Agostino ⁵²	☺	☺	☺	☺	☺	☺	☺
2003	D'Agostino ⁴	☺	☺	☺	☺	☺	☺	☺
2011	Spadaro ¹⁶	☺	☺	☺	☺	☺	☺	☺
2014	Mouterde ²⁵	?	☺	☺	☺	☺	☺	☺
2012	Marchesoni ²⁷	☺	☺	☺	?	☺	☺	☺
BUSES								
2015	Milutinovic ⁶	☺	☺	☺	☺	☺	☺	☺
2015	Janta ³¹	☺	☺	☺	☺	☺	☺	☺
2012	Freeston ⁴⁴	?	☺	☺	☺	☺	☺	☺
2010	Naredo ²³	?	☺	☺	☺	☺	☺	☺
PsASon								
2014	Ficjan ⁷	☺	☺	☺	☺	☺	☺	☺
Other								
2016	Kristensen ²⁹	☺	☺	☺	☺	☺	☺	☺
2012	Feydy ⁴⁵	?	☺	☺	☺	☺	☺	☺
2011	Naredo ²²	☺	☺	☺	☺	☺	☺	☺
2011	Ibrahim ³²	?	☺	☺	☺	☺	☺	☺
2011	Hu ³⁵	?	☺	☺	?	☺	☺	☺
2006	Kiris ³⁰	?	☺	☺	☺	☺	☺	☺
2003	Falsetti ⁴⁶	☺	?	☺	?	☺	☺	☺
2010	Delle Sedie ⁴⁹	☺	☺	☺	?	☺	☺	☺
Other uncommon sites								
2015	El Miedany ⁴⁷	?	☺	☺	☺	☺	☺	☺
2016	Ward ¹⁵	?	☺	?	☺	☺	☺	☺
2013	Ali Ou Alla ⁵⁸	?	?	☺	☺	☺	☺	☺
2012	Gutierrez ³⁹	?	☺	☺	☺	☺	☺	☺
2016	Zabotti ¹⁴	☺	☺	☺	☺	☺	☺	☺
2013	Aydin ⁵⁶	☺	☺	☺	?	☺	☺	☺

☺: Low risk of bias; ?: Unclear risk of bias; ☹: High risk of bias; MASEI: Madrid Sonographic Enthesitis Index; GUESS: Glasgow Ultrasound Enthesitis Scoring System; SEI: Sonographic Enthesial Index; BUSES: Belgrade Ultrasound Enthesitis Score; PsASon: Ultrasound composite scores for the assessment of inflammatory and structural pathologies in psoriatic arthritis.

sions of the normal entheses adds to the variability between scoring systems.

Considering the validity of the existing instruments in PsA according to the OMERACT filter, significant gaps in knowledge are highlighted. First, only a minority of studies assesses solely patients with PsA and not the general SpA population. Construct validity (correlation between sonographic enthesitis and theoretical concepts of enthesitis) was evaluated primarily in relation to clinical assessment of enthesitis. As expected, there was a relatively poor correlation between sonographic and clinical enthesitis representing the higher sensitivity of US as well as the mixed active and inactive sonographic lesions included in the scoring systems. Limited information exists about the construct validity of existing instruments against laboratory markers of inflammation and other imaging modalities, especially in patients with PsA.

The responsiveness of existing sonographic scores to treatment is an area with sparse data especially in PsA, where there were no studies assessing it. Out of 7 studies (in patients with ankylosing spondylitis or SpA), 5 showed good correlation between treatment and global improvement of the sonographic score. It is possible that similar responsiveness exists in PsA as well; however, as was mentioned, no study to date evaluated this aspect. Concerning the discrimination ability of the sonographic scores, there is also scant data regarding the ability of a score to discriminate between sick and healthy populations, with only 2 studies assessing this issue in PsA. In 1 study, US was found to be a useful tool in differentiation between PsA and fibromyalgia²⁷, and the second study found US a valuable tool in discriminating between PsA, psoriasis, and healthy controls⁴⁸. A common situation that often arises in the clinical aspect is whether the patient with small joints involvement of the hands has rheumatoid arthritis, PsA, or osteoarthritis; unfortunately, the current evidence does not support any sonographic enthesal score to assist in this dilemma.

It is worth noting that it is not expected that each study will assess all measurements of the OMERACT filter. For instance, in a study assessing responsiveness to treatment, construct validity would probably not be evaluated. However, one would expect from a comprehensive instrument's score being used for assessing certain variables, such as responsiveness to treatment, to have a proper validation process supporting its use.

Sonographic enthesal instruments that assess the extent of enthesitis at the global patient level have progressed in recent years. Some of these instruments have been validated in patients with SpA; however, the validity of these tools in PsA is largely unknown. There is a need for a well-validated instrument for assessment of sonographic enthesitis in PsA that includes the unique features of PsA and will assist in diagnosis, disease burden quantification, clinical decisions, and prognosis.

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