

Reduced Occurrence Rate of Acute Anterior Uveitis in Ankylosing Spondylitis Treated with Golimumab — The GO-EASY Study

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ABSTRACT. Objective. Acute anterior uveitis (AAU) is common in ankylosing spondylitis (AS). Golimumab (GOL), a tumor necrosis factor- α inhibitor (TNFi), has proven to be effective in the treatment of AS. To date, the effect of GOL on the incidence of AAU in AS is unknown. The objective was to study the AAU occurrence rate in patients with AS during GOL treatment and secondarily, the efficacy of GOL in daily clinical practice.

Methods. The study was a multicenter prospective study in a real-world setting in patients with AS who were treated with GOL for 12 months. The occurrence of AAU was assessed in the year before the initial TNFi treatment and during GOL treatment and calculated for the period at risk for a new AAU. Measures for disease activity [Ankylosing Spondylitis Disease Activity Score (ASDAS)] and treatment response [Assessment of Spondyloarthritis international Society (ASAS20 score)] were collected.

Results. In total, 93 patients (65% male, 55% TNFi-naive, 27% history of AAU) were included, with a median disease duration of 7 years and ASDAS score of 3.1. During GOL treatment, the AAU occurrence rate was reduced from 11.1 to 2.2 per 100 patient-years (rate-ratio 0.20, 95% CI 0.04–0.91). After 3 months of treatment, 41% of the patients experienced a clinically important improvement of the ASDAS score ($p < 0.001$) and 36% an ASDAS20 response ($p < 0.001$). At month 12, 49% had achieved an ASAS20 response ($p < 0.001$).

Conclusion. In AS, the AAU occurrence rate and disease activity decreased significantly during GOL treatment. Therefore, GOL can be considered a good choice in patients with AS who need a TNFi, especially in cases of recurrent AAU. (EudraCT number: 2012-002458-21) (First Release November 1 2018; J Rheumatol 2019;46:153–9; doi:10.3899/jrheum.180312)

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Ankylosing spondylitis (AS) is a chronic inflammatory disease characterized by inflammation of the sacroiliac joints and spinal column, causing severe pain and stiffness¹. Extraarticular comorbidity is common in AS². Acute anterior uveitis (AAU) is the most frequent occurring manifestation, eventually affecting about every third patient with AS, often more than once³.

AAU most frequently occurs unilaterally; however, both

eyes can be affected simultaneously³. AAU causes severe pain, redness, photophobia, and blurred vision and is associated with a significant decrease in quality of life⁴. The inflammation may subside without medical intervention, but attacks should always be investigated and treated by an ophthalmologist, with primarily local (and sometimes systemic) corticosteroids. Recurrent AAU may lead to complications in about 20% of the patients, including posterior synechiae, glaucoma, cataract, and although very rarely, macular edema. Eventually, 4% of patients with AS experience a permanent decrease in visual acuity^{3,5,6}. Because of its high recurrence rate, especially in HLA-B27–positive patients, AAU is one of the most significant burdens for patients with AS.

The pathophysiologic similarities between AS and AAU have been extensively studied. Both AS and AAU are associated with the HLA-B27 genotype but may also occur in HLA-B27–negative patients⁷. Also, other genes associated with both AS and AAU have been identified, and indicate an important role of tumor necrosis factor- α (TNF- α) in the chronic inflammatory process of these diseases^{8,9}.

Control of AS disease activity has improved considerably since the introduction of TNF- α inhibitors (TNFi)¹⁰. Moreover, some TNFi appear to reduce the occurrence of AAU in AS, in contrast with nonsteroidal antiinflammatory drugs (NSAID), that are the first treatment step in AS but do not prevent or treat AAU^{11,12}. The effect of monoclonal antibodies (adalimumab, infliximab) has been well established, with reported changes in AAU ranging from 51.8 to 21.4 attacks per 100 patient-years (PY), to 15.6 to 3.4 per 100 PY^{1,11,12,13}. Recently, the 4-year followup data of a phase III trial also showed promising results for certolizumab¹⁴. The effect of the TNF receptor fusion protein etanercept is still under debate because several studies reported an unchanged or even elevated risk of AAU^{1,11,15,16}. It is still a matter of debate whether patients who develop their first AAU during TNFi treatment, even when other disease activity measurements of AS are low, in fact react paradoxically to a TNFi or whether these attacks are part of the normal pattern and respond insufficiently to TNFi^{17,18,19,20}.

The TNFi golimumab (GOL) was approved for the treatment of AS in 2009, after it was proven to be both effective and safe in a large phase III controlled trial²¹. The first reports on the occurrence of AAU during GOL treatment seemed positive, but only a few studies have been performed and the included patient numbers are small^{22,23}. Further, data on the efficacy of GOL in routine daily practice are currently still lacking.

Our current study is a prospective, history-controlled, multicenter study in a real-world setting, comparing the annual incidence rate of AAU in patients with AS when treated with GOL to the year before the initiation of TNFi therapy. The secondary objective was to assess the effectiveness and safety of GOL on AS disease activity in routine daily practice.

MATERIALS AND METHODS

Patients. Patients with AS were enrolled consecutively between December 2012 and April 2014 at the Amsterdam Rheumatology and Immunology Center (locations VU University Medical Centre and Reade) and 9 large outpatient rheumatology clinics in the Netherlands. Patients were recruited if they were prescribed GOL in routine daily practice. Inclusion criteria were a previous diagnosis of AS according to the 1984 modified New York criteria for AS²⁴, prescription of GOL in accordance with the international consensus of the Assessment of Spondyloarthritis international Society (ASAS) for initiating TNFi in AS²⁵, age of 18 years or older, and the availability of historical medical data for at least 12 months prior to the start of the first TNFi. Exclusion criteria were the use of an investigational biological or chemical agent within 30 days or 2 half-lives (whichever was the longest) of screening, or prior use of GOL. All patients were treated with GOL 50 mg through subcutaneous injection once a month for 12 consecutive months. The first dose was administered at the baseline visit. Other baseline medication, except for other TNFi, was continued. Study visits were performed at 1, 3, 6, 9, and 12 months after treatment initiation, with a total followup period of 12 months. Full local ethical approval was obtained from the medical ethics committee of the Slotervaart hospital and Reade (approval number NL40935.048.12/P1232). The EudraCT number is 2012-002458-21. All participating patients gave written informed consent.

Outcome measures. The primary outcome measure was the occurrence of AAU attacks in the first 12 months of GOL treatment, in comparison to the 12 months before the first TNFi (being either the year before starting GOL, in TNFi-naïve patients, or the 12 months before the first treatment with a TNFi, in TNFi-experienced patients). The secondary outcome measures were (changes in) disease activity measures during GOL treatment.

Measures. At baseline, measures collected were the demographics, medical history, treatment history, current disease status, and history of extraarticular manifestations (EAM). A review of the medical records and a physical examination were done. Both at baseline and at 12 months, ophthalmology records were checked for the (historic) presence of AAU. In case of doubt, the treating ophthalmologist was contacted to confirm the diagnosis of AAU.

At 1, 3, 6, 9, and 12 months of treatment, the patients were assessed by a physician or research nurse, evaluating the disease status, concomitant medication, and the presence of EAM. Physical examination, including height, weight, and blood pressure, was performed at every visit according to standard hospital procedures. Laboratory measurements included C-reactive protein (CRP) and erythrocyte sedimentation rate (ESR).

The following AS-specific variables were collected at every visit: the tender and swollen joint count, Maastricht Ankylosing Spondylitis Enthesitis Score, Bath Ankylosing Spondylitis Metrology Index, Ankylosing Spondylitis Disease Activity Score–CRP (ASDAS–CRP), the Bath Ankylosing Spondylitis Disease Activity Index (BASDAI), Bath Ankylosing Spondylitis Functional Index (BASFI), patient disease activity score (numerical rating scale, patient–NRS), physician disease activity score (physician–NRS), Bath Ankylosing Spondylitis Global score, and the AS Quality of Life questionnaire (ASQoL)^{26–32}. Also, the occurrence of (serious) adverse events (SAE) was recorded.

Improvement in disease activity was defined as an improvement of the ASDAS score, with a clinically relevant improvement defined as a ≥ 1.1 units and a major improvement as a ≥ 2.0 units³³. Response to treatment was defined as an improvement in the ASAS20 score of $> 20\%$ and a reduction of > 10 units in at least 3 out of the 4 domains (patient–NRS, pain, BASFI, and the mean of BASDAI question 5 and 6)³⁴.

Statistical analysis. Data are presented as mean (\pm SD), median (with first and third quartile), or percentages. The baseline and GOL efficacy data and analyses were performed only for the patients who used GOL for at least 3 months, did not miss more than 1 dose in the first 3 months, had followup data available for the first 3 months, and did not use another biological agent (including other TNFi) within 1 year after the first GOL dose. Patients who discontinued treatment after 3 months were not considered as having ended study participation prematurely and were included for followup by partici-

pating in the scheduled visits. Safety data are presented for all enrolled patients who took at least 1 dose of GOL.

For the analyses of changes in AAU, the period (in months) of active AAU was subtracted from the observational period (93 patients, 93 yrs), both for the historical and GOL year, because during active AAU the chances of developing AAU in the other eye are very small. Subsequently, the period of being at risk for AAU was calculated for both study periods. If the start and/or stop date of the AAU were unknown, an AAU duration of 90 days was assumed³⁵. Next, the number of AAU events per 100 PY was reported for the historical and GOL year. Finally, the rate-ratio (events per years at risk), with standard error (SE) and 95% CI was calculated, comparing the number of AAU per years at risk before the first TNFi and during GOL treatment.

The change in ASDAS during the study was analyzed using generalized estimating equation analysis. The change in other AS disease variables was evaluated using descriptive statistics for the comparisons between baseline and 12 months, using the McNemar's test, the paired sample t tests, or the Wilcoxon signed-rank test, as appropriate. All analyses were performed on data available at the timepoint considered.

RESULTS

In total, 104 patients with AS were screened for eligibility, of whom 101 patients were enrolled (Figure 1). Eight patients were excluded from further analyses, as depicted in Figure 1. Consequently, 93 patients (92%) were included, of whom demographic and baseline characteristics are presented in Table 1. The patients were predominantly male (65%), and 45% were TNFi-experienced and on average had used 1 (median 1; 1–2) TNFi before. For the TNFi-experienced

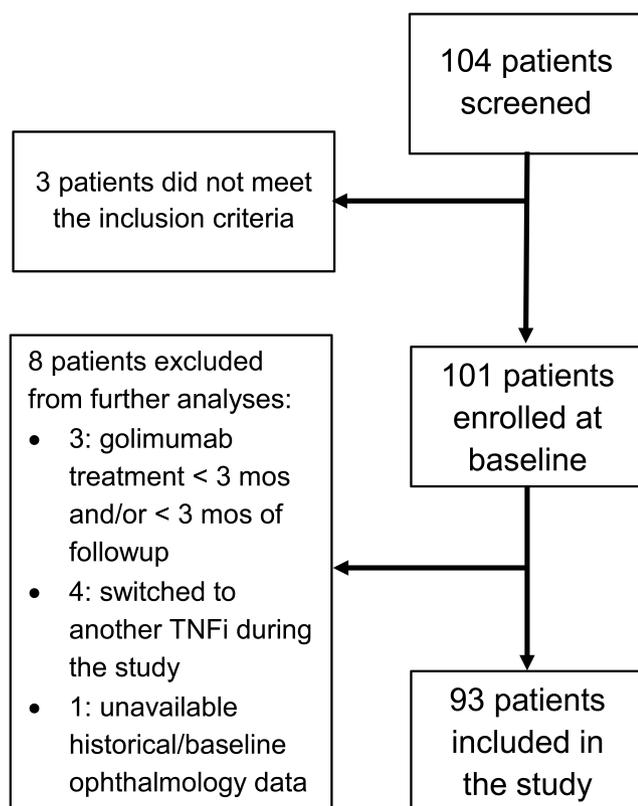


Figure 1. Flowchart depicting patient inclusion into the study. TNFi: tumor necrosis factor- α inhibitor.

Table 1. Patient characteristics at baseline (n = 93).

Characteristics	Values
Sex, male	61 (65)
Age, yrs	44 \pm 13
Ethnicity, white	90 (97)
Weight, kg	83 \pm 18
Body mass index, kg/m ²	26 \pm 4.8
Years since AS diagnosis	7 (1–18)*
HLA-B27 status, positive	69 (74)**
History of AAU	25 (27)
History of psoriasis	14 (15)
History of IBD	7 (8)
Previous use of a TNF inhibitor	42 (45)
NSAID, current use	71 (76)
Immunosuppressive drugs, current use [†]	12 (13)
DMARD	10 (11)
Systemic corticosteroids	4 (4)

Values are reported as n (% of total), mean (\pm SD), or median (Q1–Q3).

* Two patients had an unknown diagnosis date. ** The HLA-B27 status of 3 patients was missing. [†] Two patients used both a DMARD and systemic corticosteroids. DMARD: disease-modifying antirheumatic drug; NSAID: nonsteroidal antiinflammatory drug; AS: ankylosing spondylitis; AAU: acute anterior uveitis; IBD: inflammatory bowel disease; TNF: tumor necrosis factor.

patients, the median time since the year before the first TNFi was 5.2 (2.3–7.4) years.

AAU attacks. Overall, 27% of the patients had a history of AAU. In the year before the first TNFi, 7 patients experienced a total of 10 AAU attacks (Table 2). At baseline, 5 patients had AAU (4 unilaterally and 1 bilaterally). Of those patients, 4 were TNFi-experienced. During GOL treatment, 2 new AAU attacks were reported by 2 patients, both HLA-B27–positive and with a history of AAU (but not in the year before the first TNFi). One was a TNFi-naïve male who achieved the ASAS20 response criteria within a month, and the other was a TNFi-experienced female who maintained high disease activity.

Table 2. Acute anterior uveitis in the year before the first TNF inhibitor and during 1 year of golimumab treatment.

	Before the First TNFi	During Golimumab TX	95% CI
Observational years ¹	93	93	
Years at risk for a new AAU ²	89.8	90.4	
No. patients with AAU	7	2	*
No. AAU attacks	10	2	
AAU attacks/100 years at risk ³	11.1	2.2	
Rate-ratio of new AAU (95% CI)		0.2	(0.04–0.91)

Values are reported as numbers, numbers per 100 patient years, and ratio with 95% CI. * Nonsignificant reduction. ¹ The total no. patient-years observed during the study. ² The no. observational years minus the period that AAU was present. ³ The no. AAU attacks per 100 patient-years at risk for new AAU. AAU: acute anterior uveitis; TNFi: tumor necrosis factor inhibitor; TX: treatment.

Consequently, the period of risk for a new AAU attack was calculated, both before TNFi and during GOL treatments. For 3 patients, the duration of AAU was unknown, all in the year before the first TNFi.

In the time before the initial TNFi, the period of risk was 89.8 years, in which 10 AAU occurred, amounting to 11.1/100 PY. During GOL treatment the period of risk was 90.4 years, 2.2 AAU/100 PY. The rate-ratio for AAU after starting GOL was 0.20 (SE 0.77, 95% CI 0.04–0.91; Table 2).

AS disease activity variables. At baseline, the median ASDAS disease activity score was 3.1 (2.4–4.1) and the CRP and ESR were elevated (respectively, > 8 mg/l and > 20 mm/h) in respectively 30 and 33 percent of the patients. Additional disease variables at baseline and followup visits are presented in Table 3.

After 3 months of treatment, 41% of the patients experienced a clinically important improvement ($p < 0.001$) and 19% achieved a major improvement ($p < 0.001$), and there was no significant difference between HLA-B27-positive and -negative patients. An ASAS20 treatment response was found in 36% after 3 months ($p < 0.001$), and 49% after 12 months ($p < 0.001$). Also, a statistically significant improvement was seen after 12 months of followup for most other variables of disease activity. The number of patients using NSAID or disease-modifying antirheumatic drugs (DMARD) after 12 months did not decrease significantly (respectively, from 76% to 72% and from 11% to 10%).

Treatment compliance. Eventually, of the 93 patients, 17 (18%), of whom 83% were male, discontinued treatment because of lack of treatment effect (8), adverse events (5), no treatment compliance (2), or a decision to stop study participation (2). For these patients, the time between the first registered GOL dose and the last GOL dose and the last study

visit was, respectively, a median of 196 (84–251) and 228 (175–365) days. One patient was lost to followup, 280 days after the first GOL dose.

Adverse events. During the study, 80% of all initially enrolled patients (101) experienced at least 1 adverse event, mostly related to the usual side effects of TNFi, such as mild infections and injection site reactions. One new case of psoriasis was reported.

Twelve SAE were reported in 7 patients, of whom 5 were hospitalized. The SAE included infections (4 patients), exacerbation of ulcerative colitis, large intestinal ulcer hemorrhage, hypovolemic shock after hemorrhage, prostate cancer, cellulitis, bursitis, acute coronary syndrome, and cardiac failure. No deaths occurred.

DISCUSSION

Our study was the first, to our knowledge, to prospectively assess the occurrence of AAU during GOL treatment in AS, demonstrating a significant decrease in the number of AAU attacks. In addition, our study shows a good efficacy of GOL in a large group of patients with AS in a real-world setting, including both TNFi-naive and -experienced patients.

To date, only a few small, mostly retrospective, studies have reported on AS-related AAU during GOL treatment^{22,23,36}. Also, those studies included patients with active AAU and mainly focused on the effect on ocular inflammatory variables. Complete remission of AAU was generally achieved rather rapidly in almost all patients, but the occurrence of AAU relapses was described in only a few small studies. Yazgan, *et al*²² and Calvo-Río, *et al*²³ reported a change in AAU occurrence rate from 11 to 0 attacks in 11 months (11 patients with AS), and 5 to 0.5 attacks per person per year during 2 years of followup (15 patients with AS, respectively).

Table 3. Disease characteristics at baseline (n = 93) and followup during golimumab treatment.

	Baseline		3 Mos		6 Mos		12 Mos	
BASMI	0.6	(0.2–1.0)	0.4	(0.2–0.8)	0.4	(0.2–0.8)	0.4	(0.2–0.8)
MASES	2	(0–4)					0	(0–2)*
≥ 1 swollen joint	16	(17)	17	(19)	15	(18)	8	(9)
CRP, mg/l	4	(2–11)	3	(1–5)	3	(1–4)	3	(1–4)*
ESR, mm/h	10	(5–24)	4	(2–10)	5	(2–9)	5	(2–9)*
BASDAI	5.4	(3.8–6.5)	3.9	(1.9–6.3)	3.6	(1.5–6.0)	3.3	(1.5–5.1)*
BASFI	4.5	(2.6–6.0)	3.0	(1.3–5.3)	3.6	(1.2–5.9)	3.2	(0.8–5.5)*
ASDAS	3.1	(2.4–4.1)	1.9	(1.2–3.0)	2.2	(1.2–2.9)	1.9	(1.1–2.6)*
BAS-G, NRS	6.5	(5.5–7.9)	5.0	(3.0–7.0)	4.5	(2.5–7.0)	4.3	(1.5–6.5)*
Pain, NRS	5.8	(3.5–7.1)	3.0	(1.0–6.0)	3.0	(1.0–6.0)	2.5	(0.5–5.0)*
Patient disease activity, NRS	7	(5–8)	4	(2–7)	4	(1–6)	3	(1–6)*
Physician disease activity, NRS	6	(4–7)	2	(1–4)	2	(1–3)	2	(1–3)*
ASQoL	9	(4–13)	6	(1–11)	6	(1–11)	4	(1–10)*
ASAS20 responders			29	(36)	34	(45)	39	(49)*

Values are reported as n (% of total), mean (\pm SD), or median (Q1–Q3). * Significant change ($p < 0.01$) compared to baseline. ASDAS: Ankylosing Spondylitis Disease Activity Score; ASQoL: AS Quality of Life questionnaire; CRP: C-reactive protein; BASDAI: Bath Ankylosing Spondylitis Disease Activity Index; BASFI: Bath AS Functional Index; BAS-G: Bath AS Global score; BASMI: Bath AS Metrology Index; ESR: erythrocyte sedimentation rate; MASES: Maastricht Ankylosing Spondylitis Enthesitis Score; NRS: numerical rating scale; ASAS: Assessment of Spondyloarthritis international Society (guidelines).

In our setting, patients with AS were included regardless of a history of AAU, and thus the number of AAU attacks in the year before the initial TNFi appeared to be relatively low. In AS, some patients will experience only 1 AAU, while others have frequent recurrences¹¹. In studies with TNFi-naive AS populations, the average yearly AAU incidence varies substantially, with an overall AAU flare rate of 15.6/100 PY reported in a metaanalysis^{1,12,13}. In our study, an AAU incidence of 11.1/100 PY was found. This difference may be caused by a relatively lower prevalence of HLA-B27 positivity in our study, although the overall prevalence of AAU was comparable with other studies. Nevertheless, our current study did show a significant decrease in the AAU rate-ratio during GOL treatment. Also, and even more important, this occurred even though almost half of the patients were TNFi-experienced, while TNFi switchers have a lower chance of response on the next TNFi^{37,38}. Moreover, the patients who recently experienced an AAU, either at baseline or in the previous year (for TNFi-naive patients), did not develop a new AAU during GOL. These findings suggest a favorable effect of GOL on the occurrence risk of AAU in AS.

The secondary objective was to assess the efficacy of GOL on AS disease activity. Data from the GO-RAISE phase III controlled trial show higher response rates, reporting ASAS20 response in over 70% after 52 weeks^{21,39}. Another phase III randomized controlled trial in China reported an ASAS20 response in 50% at Week 14⁴⁰. However, those studies were not performed in a daily clinical practice setting and only included TNFi-naive patients with generally higher baseline disease activity (baseline BASDAI scores of 6.8 and 6.5, respectively)^{21,40}. These characteristics are associated with a higher chance of a good clinical response^{37,38,41}. Additionally, in our study, relatively more women were included (35% vs 28% and 17%); women are associated with a lower clinical response to TNFi⁴². The occurrence of treatment discontinuation and the frequency and type of adverse events, including SAE, were similar to other studies on TNFi^{21,39,40,43,44}.

To interpret the results of the current study correctly, a few aspects should be taken into consideration. First, the possible influence of a previous TNFi in TNFi-experienced patients was eliminated as much as possible by a design in which the patients were their own control. In the case of TNFi-experienced patients, the year of historical control of AAU was up to 5 years before the start of GOL, whereas in TNF-naive patients, the occurrence of AAU was collected more recently, in the year before start of GOL. In a previous study, it was demonstrated that the AAU occurrence rate seems higher in patients who recently experienced an AAU. Therefore, the decrease in AAU occurrence could be even higher than was shown in our study, because in our study several patients experienced an AAU attack within the year before the start of GOL¹³. Data were not collected on AAU occurrence

during treatment with the previous TNFi, so it is unclear whether this aspect of the study design induced bias for the TNFi-experienced patients.

Second, in AAU occurrence rate analysis, it was assumed that a patient with active AAU was at that moment not at risk for a new AAU attack, which could be debated. However, simultaneous AAU in the other eye does not happen often in AS, although this might be different in other regions⁴⁵. Calculating the AAU occurrence rate for the period that a patient was actually at risk for a new AAU, instead of for the total observational time, does give a more accurate approximation of the risk of new attacks.

Third, during the study, 12 patients were concomitantly treated with an immunosuppressive drug. We do not expect that the concomitant use of a DMARD has affected the results because the influence of DMARD on the AS disease activity has proven to be very small and the evidence of its effect on the AAU occurrence in AS is limited. Further, the number of patients using a DMARD during GOL treatment was even lower than in the control year (10 vs 13 patients). Systemic corticosteroids could have influenced only the AAU occurrence for 1 patient, because the other already used corticosteroids in the control year. The 2 patients who used both corticosteroids and a DMARD during the study had chronic uveitis and were therefore not taken into account as being at risk for a new AAU.

Because of the overall low incidence of AAU, it was not possible to compare the change in the occurrence of AAU in subgroups, such as TNFi-experienced versus -naive patients, patients with a high versus low disease activity, or patients who recently experienced AAU. For future research we recommend including a population with a higher prevalence of AAU and to collect data on AAU during previously used TNFi in TNFi-experienced patients. Additionally, a longer followup period would provide the opportunity to study the longterm effect of GOL on AAU. Lastly, although our study was not powered to assess the efficacy of GOL as a primary objective, GOL appeared to be beneficial for the majority of the study population. We do think this is a clinically relevant outcome that should be considered in future research because the real-world setting enhances the usability of the study results in daily practice.

From this first prospective followup study on the occurrence rate of AAU during GOL treatment in AS, it can be concluded that a significant decrease in the incidence of AAU was seen during GOL treatment in daily clinical practice. Also, GOL was well tolerated and led to an improvement in the AS disease activity in the majority of the patients.

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