Subcutaneous Sarcoidosis Mimicking Cellulitis

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Sarcoidosis is a systemic disorder of unknown etiology characterized by noncaseating granulomas¹. The lesion can have a reticular pattern similar to cellulitis.

A 54-year-old woman with a 5-month history of focal swelling in the right medial thigh visited our hospital. The patient was treated under the assumption of cellulitis at an outpatient clinic. However, the mass-like lesion remained unchanged. Erythrocyte sedimentation rate was slightly elevated (27 mm/h) and other laboratory analyses yielded normal results. Ultrasound (US) revealed a focal ill-defined subcutaneous (SC) lesion with a reticular pattern, similar to cellulitis (Figure 1). There was no change in the lesion upon followup US 2 weeks later. Magnetic resonance imaging (MRI) of the right thigh showed an ill-defined lesion with a nodule (arrowhead) as well as a reticular pattern (arrow; Figure 2). US-guided biopsy was performed. Histological analysis revealed several foci of noncaseous granulomas in the SC layer. The granulomas were composed of aggregations of epithelioid histiocytes and multinucleated giant cells. Surrounding lymphoplasmacytic infiltration was noted (Figure 3). No acid-fast bacilli were found and no *Mycobacterium tuberculosis* was detected by PCR. Foreign material and fungal organism were not identified. A histopathologic diagnosis of sarcoidosis was made. Chest

Figure 1. A longitudinal ultrasound scan of the right medial thigh showed an ill-defined lesion with a low echoic reticular pattern (arrows).

Figure 2. Coronal T1-weighted magnetic resonance imaging of the right thigh demonstrated an ill-defined lesion with a reticular pattern (arrow) and a nodular area (arrowhead).

computed tomography showed that lungs and mediastinum were normal. The patient was treated with oral methylprednisolone and cyclosporine, and the mass-like lesion disappeared.

The US and MRI findings of SC sarcoidosis include ill-defined lesions with reticular pattern, nodular or mass-like areas, or diffuse infiltrates in the SC layer^{2,3,4}. When an SC lesion showing the cellulitis-like imaging findings is not associated with erythema, warmth, and pain, SC sarcoidosis should be considered.

Figure 3. Microscopically, the section shows several foci of small noncaseous granulomas in the subcutaneous layer. The granulomas were composed of aggregations of epithelioid histiocytes and multinucleated giant cells (H&E stain, original magnification $\times 100$).

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