

Rare Retinal Manifestations in Takayasu Arteritis

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Two patients diagnosed with Takayasu arteritis (TA) using the American College of Rheumatology classification¹ had uncommon retinal findings. A 54-year-old woman with stable Type I TA for 10 years presented with reduced vision of the right eye for 4 days. Fundus examination showed retinal edema along the inferotemporal arcade (Figure 1) with a corresponding field defect consistent with a diagnosis of branch retinal artery occlusion. The embolic source was probably from the aneurysmally dilated ascending aorta or its branches in this patient with the relatively uncommon aneurysmal form of TA². The second patient, an 11-year-old girl presenting with 2 months of dyspnea and upper limb claudication and diagnosed as Type V TA was referred for ophthalmic evaluation, 4 days after revascularization of aortic-arch vessels. Fundus showed multiple white-centered hemorrhages bilaterally, sparing the macula, suggestive of Roth spots (Figure 2). Other etiologies of Roth spots³ such

as sepsis, severe anemia, and infective endocarditis were ruled out. Because ischemic insults to the capillary endothelium can cause retinal hemorrhages³, it is not surprising that this patient with carotid occlusion developed Roth spots. However, alternative explanations are plausible. It is recognized that following carotid endarterectomy, neurological complications can be due to either embolic occlusion of distal vessels or cerebral hyperperfusion, with reperfusion injury caused by restoration of flow⁴. Either of these mechanisms following revascularization could have also resulted in Roth spots. Because TA can manifest with retinopathy, iris neovascularization, ocular ischemic syndrome, and anterior ischemic optic neuropathy⁵, periodic ophthalmic assessment is recommended.

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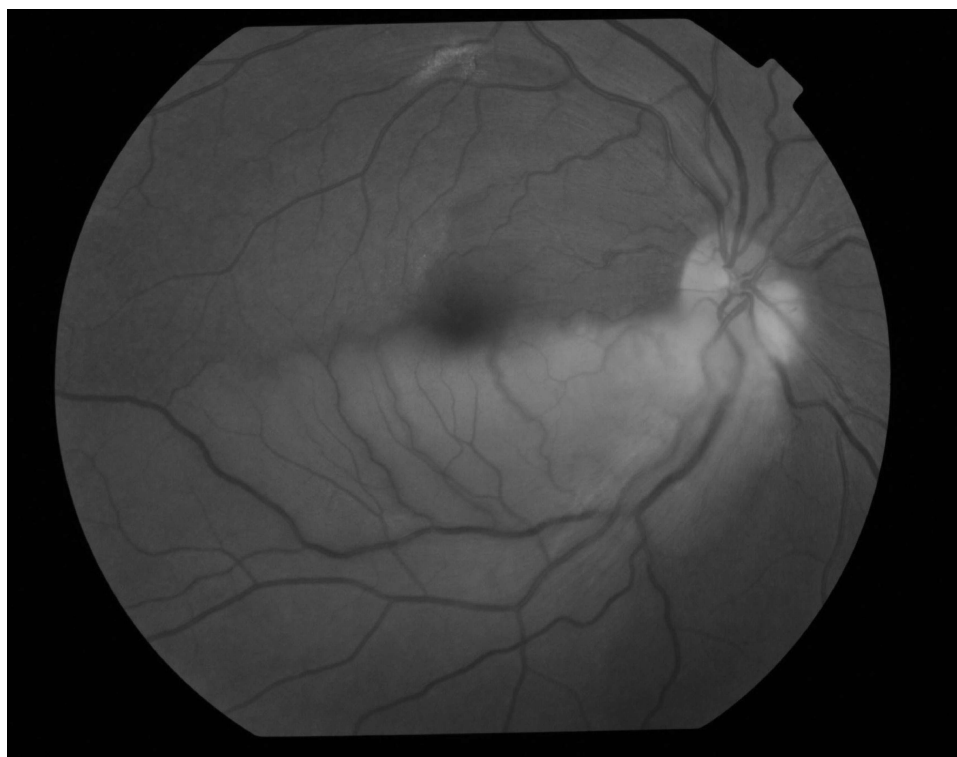


Figure 1. Branch retinal artery occlusion. Fundus photograph showing retinal edema along the infero-temporal arcade of the right eye.

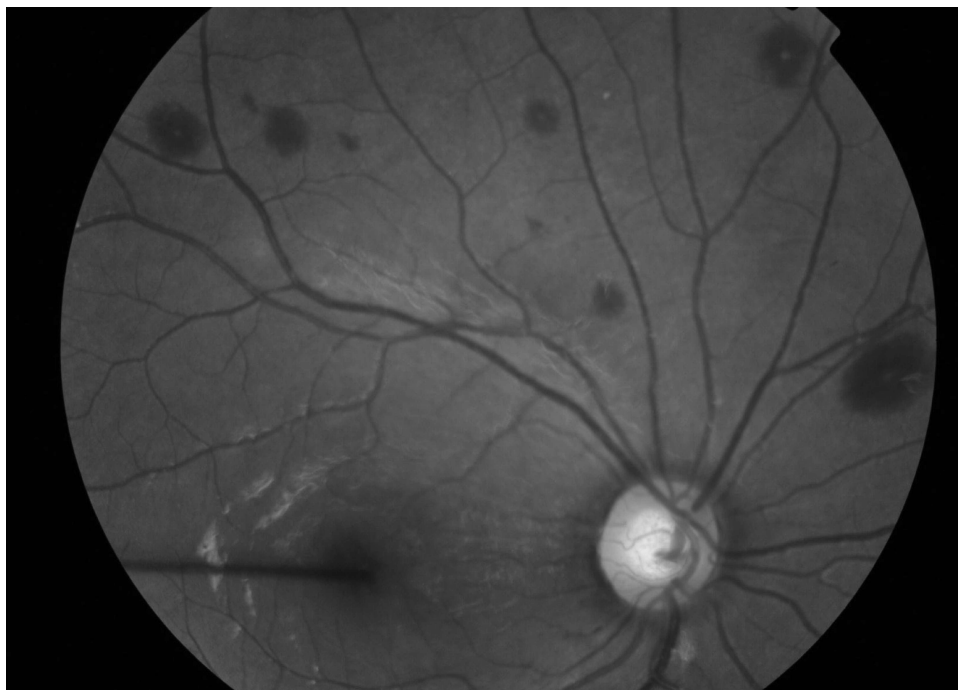


Figure 2. Roth spots. Fundus photograph of the right eye with multiple white-centered hemorrhages all over the fundus bilaterally, sparing the macula.

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