To fibromyalgia nihilists: stop pontificating and test your hypothesis.

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J Rheumatol 2004;31;632
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The Journal of Rheumatology is a monthly international serial edited by Earl D. Silverman featuring research articles on clinical subjects from scientists working in rheumatology and related fields.
I was surprised to find my name mentioned in Dr. Ehrlich’s editorial on fibromyalgia (FM), where he stated regarding its definition that, “If one consults Wallace’s book, written for the public, anything goes”\(^1\)\(^2\). As an individual who is as outraged by the spawning of a litigation industry, as well as medicalization and stigmatization of the syndrome, as Drs. Ehrlich, Hadler\(^3\), and Wolfe\(^4\) are, it is obvious that Dr. Ehrlich did not read my book, or misunderstood it. He does not realize that I am very much in agreement with many of the statements he made in his editorial.

The point is that a large number of individuals have chronic widespread pain, myofascial discomfort, and/or systemic symptoms that defy a well characterized etiology, definition, and classification system. Recordings of these complaints date back to biblical times and will not “go away.” Dr. Ehrlich has written numerous opinion pieces and reviews, but according to PubMed has not been an author or coauthor of a peer-reviewed, published clinical trial or survey since 1986.

My book employed an even-handed, conservative, evidence-based approach. It is fine to pontificate, but Dr. Ehrlich’s acknowledged skills and wisdom could be better put to use trying to help rheumatologists elucidate what this group of individuals really has, with a prospective, epidemiologic survey addressing all of his well known concerns. Show me the evidence and you will be cited!

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REFERENCES