Isolated Inflammatory Arthritis of the Atlantooccipital Joint Confused with Migraine

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Magnetic resonance imaging (MRI) was performed in a 52-year-old woman with a several-year history of pharmacologically resistant, migraine-like, left hemicranial

pain, lasting 48–72 h, accompanied with left eye “tunnel vision”. The presence of synovial effusion (Figure 1A and 1B) and associated dilated vein without erosions of the joint

Figure 1. Magnetic resonance images of the left atlantooccipital joint: T2W transverse (A) and sagittal (B) images show the presence of moderate synovial effusion (arrows), while T1 fat-saturation axial sequence (C) after intravenous contrast administration shows the presence of the dilated vein associated with synovitis, without erosions of joint facets (short arrows).

facets and cartilage (Figure 1C) were revealed on precontrast and postcontrast MRI, consistent with inflammatory arthritis (IA). MRI of the brain and sacroiliac joints revealed no abnormalities.

No involvement of other joints was present. Rheumatoid factor (RF) was significantly positive, > 80 IU/ml (normal range 0–20 IU/ml), associated with markedly elevated erythrocyte sedimentation rate (ESR) and mildly elevated C-reactive protein levels.

After the antirheumatic treatment was administered (etoricoxib 90 mg/day), the ESR decreased from 80 to 20 mm/h, while RF decreased to 40 IU/ml. Marked release of migraine-like symptoms was evident. The involvement of the cervical spine in IA usually affects the atlantoaxial joints. Involvement of the atlantooccipital joint is much less frequent. Computed tomography with multiplanar reconstruction can document cervical spine bone damage and alignment abnormalities. However, MRI became the preferred modality for detection of spinal cord compression and evaluation of neural elements¹. It is the only imaging

tool that has the ability to assess simultaneously all relevant structures in inflammatory joint disease, including the synovium, cartilage, bone, ligaments, tendons, tendon sheaths, and the presence or absence of synovial fluid². More recently, dynamic MRI studies have been used with the patient in flexed and extended positions for cervical spine IA evaluation³.

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